

OLD SCOTCH COLLEGIANS  
ATHLETIC CLUB NEWS SHEET

In this edition:-

- Complete coverage of Saturday's competition
- Team selections for this week's competition
- Further insight into the 800m handicap
- Full colour pin-up of Ross Hooley
- and much, much, much more.

But to begin with:

The editor is proud to reproduce a sample of the many favourable reviews received by last week's edition of the OSCAC news sheet; the first in the blue series.

"Powerful and beautifully written"  
New York Times

"It's magic - the best club news sheet I have read in the last ten years"  
Sydney Morning Sun

"Absolutely first class - improbable as some of these tales seem, I know he's telling it like it was"  
Melbourne Age

"Why is their news sheet blue?"  
Old Melbournians News sheet

"Exhilarating stuff"  
Herald & Weekly Times

ATHLETE OF THE WEEK

Athlete of the week for the first week of interclub was our Grant Kenny - Iron-man look-a-like - EWEN WILSON, for his 1st placing 3:56 in the A-grade 1500m.

Yours sincerely, Track & Field Sub-committee.

A-GRADE REPORT

A lovely sunny afternoon greeted the first week of interclub for 1984-5. The new venue, "R-alphabet soup Reserve", Doncaster, was a hive of activity. Little weeny athletes were excitedly running round the track, something that Box Hill lacked. Speaking of Box Hill, they've all seemed to have grown lumps under their Athletics singlets, and seem to be rather better-looking than last year.

The first A-grade event was the 3000m walk. Old Scotch didn't fare very well in this race, as our star walker, N.O. Competitor, came down with a severe case of Key Fever (probably due to the long grass).

At 1.00 pm, big Roger Glass blasted his way through the Hammer Throw, winning in fine style with a throw of 52.20m. Roger finished the day with a 13.28 shot and a 40.84 discus, both 1st places.

Super-man Smith must have taken his oxo-gum before he ran, with great performances in the 100m, High Jump, Pole, Jav., Hurdles, Relay and a casual stroll 400m.

Adam Cossar helped out the team well, while Steve Hauser PBed by selecting 3 teams! Good on you Steve, hope to see you in those pink & yellow pants again.

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Stewart Handasyde,  
2B Kalang Road,  
CAMBERWELL 3124

The distance men, again the backbone of the team, performed well for this early in the season. Ewen Wilson won the 1500m in a good time of 3.56.

The relay team of Meyer, Cossar, Deborah Harry and Superman ran fairly well in the time of 39.8. (I made that time up, because we haven't run as yet.)

Apart from the gut-wrenching 1/2's, that's about it from my grassy desk.

Al Meyer

LATE NEWS: Dateline Rickett's Point Reserve

Old Scotch is now a real A-grade power (we don't have to move to Sydney)!! We won 112 points.

OM 70 "  
Don 96 "

A-GRADE RESULTS

Hammer	R. Glass	1st	52.20
100	M. Smith	4th	11.5
	A. Meyer	6th	11.7
	A. Cossar		11.9
High	M. Smith	1st	1.85
1500m	E. Wilson	1st	3.56
	A. Cochrane		4.09
	R. Catherall		4.14
Shot	R. Glass	1st	13.28
Pole	M. Smith	1st	3.60
Jav.	M. Smith	2nd	44 & a bit
110H	A. Meyer	1st	16.4
	M. Smith	3rd	17.1
Disc	R. Glass	1st	40.84
Steeple	J. Cormack	2nd	9.10
Triple	A. Mills	3rd	12.07
4 x 100	Meyer Cossar		
	Hooley Smith	3rd	
400	M. Smith	3rd	51.4
	A. Cossar		53.9
	R. Catherall		53.4

Final Points:	O.S.	1st	116
	Old Melb.	3rd	70
	Doncaster	2nd	96

B-GRADE RESULTS

1500m	R. Hooley	?	
	B. Trower	?	
High	A. Mills	2nd	1.70
Relay	Catherall Evans		
	McMillan Mills	3rd	
400m	R. Hooley	3rd	55.4
	G. Evans	4th	56.4

D-GRADE REPORT

The gentleman's team DNS this week, but look out next week - we'll be there as soon as the grass is cut, Man.

U-18 TEAM REPORT

After setting off on Wednesday morning, the mighty U-18 team, slightly weary but enthusiastic to compete, arrived at the ALL NEW - 100% PURE - NO ARTIFICIAL FLAVOURS OR COLOURING ADDED DONCASTER VENUE. We managed 100% turn-out, with both members of the team competing. Joint Captainship was shared out between Adam Cossar and Angus Macmillan.

Adam competed in the 100m, and ran a devastating 11.9 in a race that was billed as the biggest race since Carl Lewis's 2000m steeple. (No relation)

Next was Angus Macmillan, who has returned from O.S. (That's over-seas, by the way, Not Old Scotch.) He ran a BLINDER, in the 1500, finishing a close 5th. No time was recorded as the officials stopwatches shut off after 72 hours.

U-18 RESULTS

100m	A. Cossar		11.9
1500m	A. Macmillan	5th	4.50

U-16 TEAM REPORT

Newcomer Julian Shiravetsky proved to be a versatile performer with these results:

Shot	9.39
Triple	10.38
Pole	2.50

U-14 TEAM REPORT

Brendan Burrowes slashed four seconds off his PB in the 1500m to run 5.13, then basked in the glory and the sunshine for the rest of the afternoon.

THE 800m HANDICAP - FURTHER INSIGHT

When the club captain and pre-race favourite recovered from his narrow loss in the 800m handicap (some 9 days later) we asked him for his story:

Handicap looks good - 25m - Dillon's not so bad. Who's here and who's not? Where's Wilson? Is Hauser going to run in pink and yellow pants? Is Stewardson here? No. Things are looking good. What about O'Halloran, how fit is this joker really? What! - they gave Polkinghorne 10m! Where's Dillon, I'll kill him.

Line up for start. Thommo sounds bit shaky on introduction. He obviously doesn't know who's here or not. Cracks a funny about the crowd drowning out the gun. Start next to Hooley, the man with the two-tone head. Give him plenty of room, he's likely to do just about anything. Look for starter - where the hec? What's he doing so far. Bang! Go!

Run wide to give Hooley plenty of room. They made him take off his spikes to make him safe. First lap is OK, all systems are GO. No red lights up on the dash yet. Move up through field. Where's Glass? - couldn't even see him at the start. Less than a lap to go and he's just come into view. Thank heavens he runs wide; don't want to have to go round him. Still a few in front, round by the green grandstand. 300 to go. Leader slowing down, only 2 to pass now. White shorts appear from corner of my eye beside me - Polkinghorne. Damn it! \*## Dillon! White shorts disappear again. Must be slipstreaming perhaps.

Leaders really packing right up now. Smitho lands himself the lead - not even up to the basketball court yet. What happens now? I can't see anyone; how fast do you run these things? I don't run these, what do I do now?

Still well before the chapel. Nothing ahead but acres of land and a white post God knows how far away. Take a good look both sides - can't see anything or anyone - but a couple of red lights are up now and I probably couldn't even see the chapel if I looked for it. Squeals from the seats of "Go Polks". Eardrums are shattered but at least I know where one of them is. Still slipstreaming.

Eighty metres to go and nothing in front of me but a very lonely white post 3 acres away. More red lights up and still no clue as to the impending avalanche of red singlets from behind.

One acre to cover. Another couple of squeaky "Go Polks"! from the seats and the first sound of footsteps. Footsteps! The entire Roman army not five yards behind me! Don't look back now - there's not a hell of a lot you can do about it now anyway. Only 10 yards to go and both legs are just about non-functional. Red lights everywhere now, and another glimpse of white shorts. Those bloody white shorts! Smitho had it all wrapped up with one metre to go and there he is. Lunge.

What chance have I got? Pre-race favourite vs unbacked ring-in, in photo-finish with the bookie calling the race. Not much. Just wander away and find a nice lonely place to lie. Slowly, let some of the red lights go away. I'll be alright tomorrow ....

\* TIT BIT \*

Steve Hauser's presently involved in a major scientific experiment that will effect his life-style drastically - he's trying to develop a mirror that doesn't steam up when you kiss it.

\* ADVERTISEMENT \*

- Party-holders take note - A new Fantastic band has just been formed, and is available for your parties REAL CHEAP called "Bluesberry Jam". We play '20's jazz, and can be contacted through Angus Macmillan (818 2859). Get 'em while they're hot.

Round #

Date: 20/10/84

A-GRADE            PROG: 2            TEAM SELECTION  
Please phone Al on 233-3993 if you can't run

<u>Event</u>	<u>Competitor(s)</u>	<u>Ranking</u>
12.45 pm H. Throw	R. Glass	
12.45 pm 400m hurdles	G. Evans D. Ham	
12.45pm 3000m Walk	A. Jamieson I. Handasyde	
1.45 pm Pole Vault	M. Smith	
2.10 pm 200 metres	A. Meyer M. Smith A. Cossar	2 1 3
2.30 pm L. Jump	A. Meyer	
2.30 pm Discus	R. Glass	
2.40 pm 800 metres	R. Catherall T. O'Halloran S. Hamilton	
3.00 pm H. Jump	M. Smith	
3.00 pm Javelin	M. Smith	
3.50 pm 110m Hurdles	A. Meyer M. Smith	

<u>Event</u>	<u>Competitor(s)</u>	<u>Ranking</u>
3.55 pm 5000 metres	J. Cormack E Wilson	
4.00 pm Shot Put	R. Glass	
4.45 pm 4 x 200 Relay	200 + A. Nolan	

B-GRADE      PROG. 2      TEAM SELECTION

12.45 pm H. Throw		
12.45 pm 400m Hurdles	R. Hodgas A. Meyer	
12.45 pm 3000m Walk	D. Carra J. Holmes	
1.45 pm Pole Vault		
2.10 pm 200 metres	A. Nolan R. Dillon	
2.30 pm L. Jump	A. Cossar	
2.30 pm Discus		
2.40 pm 800 metres	R. Hooley R. Stewardson A. Aitken	
3.00 pm H. Jump	A Mills	
3.00 pm Javelin		
3.50 pm 110m Hurdles		
4.00pm Shot Put		
4.15pm 5000 metres	Mark Smith P. Lucas S Handasyde	
4.45 pm 4 x 200 Relay		

D-GRADE      PROG. 2      TEAM SELECTION

12.45pm 400m Hurdles	A. Nolan	
1.00 pm L. Jump	P. Thompson	
1.00 pm Javelin	P. Thompson	

D-GRADE (cont'd)

<u>Event</u>	<u>Competitor(s)</u>	<u>Ranking</u>
1.10 pm 1500m Walk		
1.30 pm H. Throw		
2.10 pm 200 Metres	A. McLeish A. Mills P. Thompson	
2.15 pm Shot Put	P. Thompson	
2.40 pm 800 metres	S. Hauser	
3.25 pm 3000 metres	D. Carra K. Altermatt (please confirm) C. Findlay G. Wise (please confirm)	
4.45 pm 4 x 200 Relay		

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## Contents this week:-

- Full report from Saturday's competition
- This week's team selections
- Athlete of the Week Award
- Trivial pursuit question of the week
- Full colour pin-up of Ross Hooley
- and much, much much more.

Again we are proud to present further reviews from some of the country's leading press:

"The best thing I've read since Noddy"  
O'Halloran, Australian Runner

"The best thing O'Halloran's read is Noddy"  
Smith, OSCAC News Sheet

"Sensational; these guys really do have the right stuff"  
Tom Wolfe

"Once again we can look forward to a weekly breath of fresh air"  
R. O'Catherall

## The editor reports:-

Dateline: Chicago Marathon

Wet. DeCastella and Lopes. Yanks can't get the picture right. Big pack at the start, without a lot of familiar faces. Go Deeks ....

RAFFLE      RAFFLE      RAFFLE

Thommo says we have to push the raffle. Yes, OS is running a raffle. Prizes galore. See Thommo for your allotment of tickets before he sees you. Tickets to be in by mid-November so get a hurry on. Raffle is drawn on December 15th. Buy a couple of tickets yourself and win a National Colour Tele for Christmas.

10 km mark. Pack of ten runners forms. All zig-zagging to keep out of puddles. Lopes looks pretty cool. Picture still very average. Go Deeks ....

LOST AND FOUND      LOST AND FOUND

LOST: A little plastic bag full of little attachments for running shoes (spikes). Presumably lost by some forgetful OS athlete, as yet unknown.

FOUND: A little plastic bag full of little attachments for running shoes (spikes). See Mike Smith if you wish to make claim to ownership.

12 km mark. Bruce McAvaney takes 5 minutes to give Lopes a huge rap. Meanwhile Lopes falls 40 m off the pace. Pack thins out. Go Deeks ....

ATHLETE OF THE WEEK      ATHLETE OF THE WEEK

Who is athlete of the week? Where is the track and field sub-committee? Perhaps they couldn't find a suitable candidate. Perhaps we'll find out by the next issue. Perhaps.

22 km. Lopes back on the boil. Deeks leads. Pace is hot. Getting late. Go Deeks .... yawn

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STATE LEAGUE STATE LEAGUE

Yes, State League starts this week. Everybody comes to Doncaster for the State League this time. Be prepared for "media coverage". Don't wear Statewide numbers; Mita copiers are the go. State League only affects those who are picked in the venue team. See end of news sheet for details of venue team. If this paragraph confuses you then just ignore it.

1 hr 35 min. mark. Matchsticks out now. Down to pack of only 6. Lopes still looks cool. I don't want to see another Sorbothane ad. ever again. Yawn

T.P.O.O.T.W.

Q. What do you do on "Playschool" before you read the story?

A. To be supplied next week.

1 hr 55 min. Steve Jones breaks away. Who is Steve Jones? Deek and Lopes stay cool and chase. 45 sec. break zzzzzz ....

A-GRADE REPORT

Hi, folks, interclub round - Caulfield Cup Day. Old Scotch A-grade vs Munawadir vs The Catholics from Barkers Road.

What a day - O.S. won yet again. This makes O.S. the only undefeated A-grade team at the Doncaster venue. How about that! We've astounded our critics and beaten the pants off our opposition both weeks.

Roger "I'll have another" Glass of beer thanks, yet again won the hammer, discus and shot. Good on you Roger.

Evans & Meyer battled the 1/2 sticks, with the old man of athletics showing the youngster up quite well.

Superman Smith equalled the O.S. record in the pole, and performed well in the Long Jump (INV) 200m, High Jump Jav. and Relay.

Adam Cossar had a busy day - 200m, LJ, Relay - he did qualify for the relay.

Ewen Wilson once again showed the way with the distance squad, performing well in the 5 k.

Next week, we'll build our lead on top place of A-grade.

Al Meyer

A-GRADE RESULTS ROUND 2

<u>Event</u>	<u>Competitor(s)</u>	<u>Place</u>	<u>Time</u> <u>Distance</u>
Hammer 400 H	R. Glass	1st	50.76
	G. Evans	2nd	61.4
	A. Meyer	3rd	64.9
Pole <del>200m</del>	M. Smith		3.90 PB
	Smitho		23.5
	Big Al		24.4
	Adam		24.7
Long	Big Al		5.17
	Smitho (I/W)		6.27
Discus 800m	Roger	1st	40.16
	O'Halloran		2.03
	O'Hooley		2.06
	O'Cathera		2.02
High	Smitho	1st	1.95
	Smitho	2nd	45.74
Jav. 110 H	Big Al	1st	18.0
	Rohan	3rd	20.0
	E. Wilson	1st	?
Shot	Roger	1st	13.32
4 x 200	Big Al Andrew Nolan		
	Adam Smitho		?

A-GRADE RESULTS (cont'd)

Final Points:      OS                  Nun                  OX  
                                  93                          56                          58

B-GRADE REPORT

Friends, Accountants, Dentists, and other boringly insignificant plebs. Only joking (but at least its an attention-grabber). This is an impassioned plea by the T & F Vice Pres./B-Grade Captain/U-15 Team Manager. How long is it since you experienced the roar of the crowd at a combined sports day? Do you think you will ever experience the grandeur of the ULTIMATE sporting event ever again?

Well we on the committee of your club, "THE CLUB", are striving for a resurgence in attitude, enthusiasm and hype. I/we want your support, our junior recruitment program has been outstanding this year with our school recruitment officers Morrall & Boag being almost entirely responsible for over 20 new junior athletes. We are good, we have the capabilities to be great.

B-grade only needed one more athlete and we would have come second. Mark Smith after his marathon last Sunday ran another 5 km in fine style today. Cossar apparently DNQ'd in the long, but came out qualifying due to administrative bungling.

B-GRADE RESULTS ROUND 2

<u>Event</u>	<u>Competitor(s)</u>	<u>Place</u>	<u>Time</u> <u>Distance</u>
12.45 pm Hammer Throw			
12.45 pm 400m Hurdles	Hodges	2nd	2.05
12.45 pm 3000m Walk			
1.45 pm Pole Vault			
2.10 pm 200m	Hodges Nolan	5th	DNQ 27.8 DNQ 26.5
2.30 pm L.Jump	A. Cossar	3rd	5.25
2.30 pm Discus			
2.40 pm 800m	S. Handasyde	3rd	2.05
3.00 pm H. Jump			
3.00 pm Javelin			
3.50 pm 110m Hurdles			
4:00 pm Shot Put			
4.15 pm 5000m	Mark Smith		18.03
4.45 pm 4 x 200 Relay			

UNDER-16 RESULTS

ROUND 2

<u>Event</u>	<u>Competitor(s)</u>	<u>Place</u>	<u>Time Distance</u>
1.10 pm 1500m Walk			
1.15 pm 300m Hurdle	Julian Shiravetsky		49.6
1.45 pm L. Jump			
2.30 pm H. Jump	Julian Shiravetsky		1.50
2.40 pm 200m			
3.05 pm 800m			
3.25 pm 3000m			
4.00 pm Discus	Julian Shiravetsky		35.9
4.00 pm Hurdles			
4.45 pm 4 x 200 Relay			

VENUE TEAM, O.S. MEMBERS, FOR 27/10/1984

1.00 pm	Hammer	R. Glass
1.00 pm	High Jump	Smitho
1.30 pm	1500m	E. Wilson
1.45 pm	Shot	Roger
1.45 pm	Vault	Smitho
2.30 pm	110m Hurdles	Meyer
4.45 pm	400m	Smitho
3.20 pm	Steeple	Cornack

Old Scotch Team selections for 27/10/84 Prog. One

Well, the track & field sub-committee have blitzed the news sheet editor again. You can expect a call from your team captain any minute now, to tell you what you're going to run. If he fails to call then just turn up on Saturday anyway and file a no-confidence motion at the next committee meeting.

B GRADE RESULTS

round 2

800m	Mad Max	2.20
	Rohan Hodges	2.42

UNDER \*'18

results

round 2

Disc	P. Harman	26.98
800m	P. Harman	2.13
H.J	P. Harman	1.60

OLD SCOTCH COLLEGIANS  
ATHLETIC CLUB NEWS SHEET

## Contents this week:

- Full report from Saturday's competition
- Athlete of the week award
- That was the week that was
- Trivial pursuit question of the week
- From the Secretary ...
- A rough guide to competition in the next few weeks
- Full colour pin-up of Ross Hooley
- and much, much, much more

CALENDAR CALENDAR CALENDAR

There is no interclub this week. However, there is a round of State League programmed for this week. Yarra Valley (i.e. the Doncaster venue) State League team were to compete against Country, but since Country have withdrawn from competition, Yarra Valley has a bye. There are two PB meetings in place of interclub, one at Aberfeldie and one at Knox. There is no interclub because of the Vic. All Schools champs. Normal interclub will resume on Sat. 10th November. If nothing above interests you then give Gregor Evans a ring on 818 5755 and organize to have a pleasant training run at Scotch. For PB meeting details give Mike Smith or Ross Hooley a ring (MS 277 1886, RH 29 7135.)

ATHLETE OF THE WEEK

Joint award this week!

Mike O'Smith (or was that Smitho) - new Club record of 4.00m in the Pole Vault, beating Hill's record by 10cm.

Big Roger Glass also takes off this week's prize. In the Hammer Throw, for Yarra Valley, Roger threw 52.66m, PB for 6 years (at least that's what he says).

Congratulations Roger.

Yours sincerely  
T & F Sub-Committee

PARTY PARTY PARTY PARTY

What word, starting with P, means the study of fossils?

The answer to that question could win you a free trip to the Russell Cinema, plus a full colour pin-up of Ross Hooley. Win all this and more at our big, big, big Bigger Than Texas, Get Down Get Back Up Again, Whizz Bang Gala Christmas break-up Barbecue pool party Raffle Drawing Trivia Night.

The Date: December 15th, after the last pre-Christmas round of Interclub.

The Venue: Stephen Hauser's place.

- Keep the night free, and organize yourself and your mates, girlfriends, wives, mothers, sisters and all other forms of attachment into teams of five for the first-ever Club Trivial Pursuit Championship. There will be five fun topics, and each member of the winning team will in fact win a complimentary pass to the Russell Cinema. If you can't pre-arrange a team, we will find you one on the night. However, huge entry fee discounts will be given to pre-booked teams. More details next week!

AND FURTHER MORE:

MS "Are the women running first?"

PT "Yep, that's the way it is Mike, the guys are always after the girls ...  
.... unless you're very lucky."

66.

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PT "Why do the women do things differently Gregor?"

GE "Because they're women Thommo."

"Ross! 43 Smith St. Collingwood!"

... attributed to strange girl in crowd.

A Message To All .... From The Secretary

Talk of the full colour pin-up of Ross Hooley, let alone the demands for the true story of the two-tone hair affair, has forced me to remain silent no longer. Surely such irresponsible promises can not be taken seriously.

Time will tell as to the strength of the editor's promises. But for the moment, something of a more pressing nature ....

I, like other members of the Club Committee are somewhat disturbed as to the lack of athletes rolling up on recent Saturday afternoons at Doncaster. May I reveal to you a number of facts:

1. The Club has over 90 financial members. FACT
2. 67 of these members are registered and capable of competing on Saturday afternoons. FACT
3. Last Saturday we had only 12 athletes competing for Old Scotch. FACT

This decline in the number of competing athletes from that of previous years is a matter of concern amongst senior members of the Club.

This year the Committee have been intent on trying to inject enthusiasm into Old Scotch, considerable effort has been spent in promoting the Club as a progressive and dynamic force in athletics. (This news sheet is just one part of this effort). Special attention has been given to developing a strong rapport with the school.

The success of the Old Scotch team during the winter has reflected this new enthusiasm and push. Unfortunately this resurgence has not carried on to the track.

The first two rounds of interclub, like last Saturday, were noted for a shortage of senior athletes. Fortunately the Club has weathered this lean time, but how long can it last?

We do need more athletes to compete on Saturday's, be they fit, fast, fat or funny. If YOU are available to compete, please, please, please make the effort.

I believe we are on the verge of a resurgence of Old Scotch as a powerful force in Club Athletics. But we need commitment from more members of the Club.

Are you prepared to contribute this season?

I look forward to seeing you in the coming months.

LETTER TO THE EDITOR

Dear Sir,

I write in reference to an article appearing in your fine publication, in the week of 22/10/84. The particular article to which I refer is the "A-Grade Report" which contained the following extract "... with the old man of athletics showing the youngster up quite well". The particular phrasing of this extract is, I believe, most unfortunate, and causes me great concern. To burden a fine athlete with the label "old man", while he continues to display all the vigour and vitality of a zestful youth can only be harmful to the athlete concerned and to the sport in general. I also believe the comment to be quite discriminatory, in view of the relative ages of some of Mr. Evan's fellow competitors, namely Messrs. Dillon, Glass, Hodges & co. I hope never to see such irresponsible copy printed in your otherwise high quality, news sheet again.

Threateningly yours,

Anonymous

The Editor's Response:

Dear Kathy,

Many thanks for your letter, the first to be received in the current season. I totally support your contention and am sad to put such copy to press. I do, however, support my reporting staff to the utmost, and I feel that I am unable to censor reports no matter how callous the truth might seem. I look forward to your future correspondence as more reports are released in the coming weeks.

Sincerely,  
Ed.

NEWS SHEET EXTRA

Congratulations to Big Al Meyer. 21st Birthday on Tuesday, final exams in a week.

RAFFLE RAFFLE RAFFLE

Have you been searching for a good line to use on the honey at the office? Wondering how to attract the attention of the spunk at the tramstop? Trying to think of a way to start talking to your mother-in-law as she's just won Tatts!otto?

Well, now you can FRONT THE BIRD with confidence. All you need is a book of all-new, living colour, 100% money-back-guaranteed, VFL-approved, never-say-die, we won't take no for an answer, Raffle Tickets.

Yes, that's right, Old Scotch Aths. are now in the business of giving you, the consumer, something for nothing (or not very much). Fantastic prizes like a 48 cm colour Television and a Sony Cassette Recorder are yours for the asking. These prizes did not fall off the back of a truck (they sort of got "lifted" off). However, we must raise bail money for the "purchaser", so it is essential that we sell 1500 tickets. Guy Dennett has already sold 70, Stephen Worrell has shifted 40, as has Henry Kiss. So don't miss out. Make new friends quickly; alienate old friends early so they might forgive you by Christmas time. If you already have your tickets, then FTB (Front The Bird) and sell, sell, sell. If you haven't received your tickets yet, then terrorize Pete Thompson before he tries to sell one to your girlfriend. The financial future of the Club is in your mouth! Every Club member must sell 20 tickets by the end of November. See Thommo, Guy Bennett or Anne Edwards for details.

INTERCLUB, ROUND 3, 27/10/84  
THAT WAS THE WEEK THAT WAS

The day started quietly enough with the 100m the lead-off event. Noticeably absent was the A-grade OS team who fielded no starters, leaving the starter's assistant a little confused, the opposition delighted and the club captain somewhat disappointed. Not so for B-grade with a full strength team of Ward, Ward & Hodges lending their support. The D-grade team, Peter Thompson, ran scared from the blocks with his pride at stake. Fortunately Thommo was able to beat her home, but was pipped by a slow starting veteran, on the line.

Into the 1500m and thank heavens for Cochrane, Catherall & O'Halloran. Things wouldn't look good without that performance. Brian Trower and Mad Max completed the B-grade combination. Ewen Wilson arrived unheralded and left almost unnoticed, having run a pretty damn quick 3.54 in the 1500 for State League.

In the field events, Rog. Glass and Thommo blazed away, with Roger throwing his best hammer for 6 years. He was then heard to leave the ground mumbling something about sad reflections on his attitude to training over 6 years.

The business end of the day set in with the approach of the relays. Dead last in A-grade. The B-grade team chose to stick with experience and wit rather than raw speed and youthful foolishness. Catherall, O'Halloran, Evans and Hodges all performed creditably in their warm-up for the 400m.

Julian Shiravetsky continued to confuse selectors by running the steeple, jav. and shot, in U-16. What on earth do they choose him for now?

At last the 400m. Old Melb. decided to come down off their hill for this one and there they sat, about 20 in all with silly grins on their faces, with 3 of them wandering off into each heat as it was called up. Old Scotch, using the old quality not quantity tactic, sent lone warrior Rob Catherall to battle the A-grade foe. A fine display of G & P brought him home in 52.4, not bad after 4.05 in the 1500.

Evans, O'Halloran and Hooley went up for B-grade with the "old man of athletics" determined to set a time for Dillon, the other contender for the title, to beat. Dillon was set 55.0.

In a fine display of numbers Thompson, Dillon and Hodges filled the D-grade 400 team and looked like champions for 300m. Dillon faded to 55.8, Hodges just missed the minute and Thommo made hard work of very long straight.

Glad to see a few old faces, Darren Ward and Dave Ham.

#### Results: Open State League Round 1.

Hammer	R. Glass	52.66	(6 year PB)
1500'	E. Wilson	3.54	
Shot	Roger	12.90	
High	M. Smith	1.85	
110 Hurdle	A. Meyer	17.0	
	Smitho	16.5	
Pole:	Smitho	4.00	(PB; club record)
100	Smitho	11.5	
400	Smitho	50.8	

#### A-Grade Report

What a magic day! Absolutely fantastic! Isn't it great! What a way to start State League. Hey - Ho - official opening, Superman has new red shorts, Meyer has exams, Cossar isn't here.

Due to State League, this weeks A-Grade team has died remarkably. No sprinters, hurdlers DNQ'd.

Thank goodness for 1500 runners.

#### A-Grade Results, Round 3, 27/10/84

1500m	Andy O'Cochrane	4.04	2nd
	Rob O'Catherall	4.05	3rd
	Terry O'Halloran	4.12	6th
Shot	Smitho	10.47	2nd
Javelin	Smitho	44 and a bit	
110 Hurdles	Rohan Hodges	18.6	3rd
	Dave Ham	18.6	2nd
4 x 100	Thompson, Ward, Hooley, Ham		3rd
400m	Rob O'Catherall	52.4	

Final Scores:	OM	1st	91
	OX	2nd	63
	OS	3rd	54

#### B-Grade Results, Round 3, 27/10/84

100m	Rob Ward	DNF	
	Darren Ward	12.3	2nd
	Rohan Hodges	12.4	4th
1500m	Brian Trower	4.14	2nd
	Angus MacMillan	4.37	
High	Darren Ward	1.75	1st
4 x 100m	Catherall O'Halloran Evans Hodges		2nd
Triple	Dave Ham	11.30	1st
400	Evans	55.0	
	O'Halloran	55.7	
	Hooley	54.0	

D-Grade Results, Round 3, 27/10/84

100m	Thommo	12.8	1st
Triple	Thommo	10.23	1st
Disc	Thommo	23.64	DNQ
400m	Thommo	62.5	
	Ric Dillon	55.8	2nd
	Rohan	61.4	

U-16 Results, Round 3, 27/10/84

Javelin	Julian Shiravetsky	33.33
Shot	Julian	9.96
2k Steeple	Julian	8.30

T.P.Q.O.T.W.

Last week's answer:

We read the clock on "Playschool" prior to reading the story.

This week's question:

What was Chuck Yeager reported to have done in order to break the sound barrier in the X1 in 1947?

OLD SCOTCH COLLEGIANS  
ATHLETICS CLUB NEWSHEET

OLD SCOTCH IN THE RED AT LAST

It was most heartening seeing so many men in red last Saturday afternoon at Doncaster. At long last our "population growth policy" is paying dividends. Minister for Population & Urban Growth Sen. Greg Evanso promised that the planning policy had been most productive. He was expecting the flow-on effect within the next twelve years with at least several additions to the Club numbers.

P.S. There is no truth in the rumour that Old Scotch is opening a creche at Doncaster.

TEAM RESULTS:

A Grade	O.S.	Nunawading	O.M.
	63	61	36
B Grade	O.S.	Doncaster	K.C.
	36	80	43
D Grade	O.S.	Diamond Valley	
	12	18	
U/18	O.S.	St. Kevins	Doncaster 2
	57	13	0
U/16	O.S.	Diamond Valley	
	56	53	
U/15	O.S.	Doncaster 1	O.X.
	28	89	32
U/14	O.S.	Doncaster	Diamond Valley
	59	92	28

WELCOME WELCOME WELCOME

A further instalment of new athletes. Welcome Welcome Welcome to school athletes Michael Stewardson (brother of Raoul); Hamish McLeish (brother of Al and Ewen) and Anthony "Buz" Bosisto (brother of ?). Also to Richard Polkinghorne ex-school athlete and combined sports superstar ... (brother of Robert Michael and David) ... watch him burn on the track (literally).

To you all a big welcome to the Club with the hope that your time with us will be long lasting and enjoyable.

CONGRATULATIONS to Darren Butler for his selection in the Victorian team for the Pacific State Championships being held in late November at Olympic Park, Melbourne. Go Darren !!!

ROUND THE TOWN WITH TERRY

Officials desperately needed to help at the "Round the Town" fun run, Sunday November 18. Come and support your clubmate Terry O'Halloran (chief organizer) and at the same time help earn some money for the Club. All officials will receive a keyring as well. Yippee!!! Time 8.00 am Batman Avenue (city side of Swan St. bridge). Please phone Ross H. if you can help out - ph. 29 7135.

COMPETITION COMPETITION

Speaking of competitions the colouring-in Full Colour Pin-Up of Ross H. will now close next Saturday 17/11/84 due to only 1 entry being received by the original closing date (10/11/84). Judges decision will be final. Hurry Hurry Hurry. All entries to be handed to Ross Hooley for judging.

VICTORIAN SCHOOLBOY CHAMPS

Some performances to hand re: Victorian Schoolboys All Schools competition held at Box Hill:

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Peter Banks U/13  
 High Jump 3rd 1.50m = school record  
 Long Jump 5th 4.86m  
 80m Hurdles 5th 14.1 sec. (PB)

Tony Briggs U/19  
 400m 1st 49.4 sec.  
 110m Hurdles 1st 14.9

Darren Butler U/19  
 High Jump 2nd 1.95m

Were there any other Old Scotchies competing?? Please phone results through to Michael Smitho (277 1886).

RECENT RECORDS SET AT DONCASTER ..... still to be confirmed

Tam Lord	300m Hurdles	U/14	47.7 sec.
Andrew Boag	3000m	U/16	9.50
Peter Banks	Discus	U/13	26.82m
Michael Smith	Pole	Open	4.00m

TRANSPORT TRANSPORT

Cars leaving from Scotch College corner Callantina and Glenferrie Rd, Hawthorn at 12.15 pm. Come one, come all. Otherwise phone your team captain or one of the fellows listed below. YES, it's true they're waiting for your call now. Bankcard and Diners Club cards welcome.

Greg Evans	818 5755	Hawthorn
Ric Dillon	25 3323	Ashburton
Guy Bennett	528 5063	Caulfield
Peter Thompson	813 2925	Camberwell
Ross Hooley	29 7135	Camberwell
Mike Smith	277 1886	Mt. Waverley

A & B GRADE

For the first 3 weeks Seniors were dominant in numbers over the Juniors. Now after the A.P.S. Sports Juniors in abundance, we have. Come on guys, babysitting isn't an easy job. I know many have exams, but you all have to have a break; how about making it next Saturday arvo. We need some others to support Cossar, Smith, R. Polkinghorne, J. Cormack, A. MacMillan, R. Hooley, S. Handasyde, Rohan Hodges, Gregor (stalwart) Evans, Mark Purvis, Jon Holmes and Brian Trower.

Where are the rest of youse guys? Rob Catherall (the most popular president since Reagan) and the rest of the committee are getting slightly peeved. Stars present and future most welcome. In our eyes you're all stars and we love you very much, but we don't see you all very often. So please, you know who you are, turn up, run and have fun!

U/18 TEAM REPORT

Date 10/11/84 Doncaster ( WE WON )

For the first meet of School Boys, we had a really big turnout (2 runners). P. Harman started the day well by throwing the discus 26.08m to take 1st place. Then the team all turned out for the Marathon (800m) event. Phil ran 2.22 to take 1st, Steve Worrall ran 2nd, 2.24. Then to end the day after a very warm start Phil came 1st once again in the High Jump. Steve Worrall ran a hard-fought 3000 which he won in a time of 10.28.

We are hoping for a much bigger turnout next week (Tim Collyer, Henry Kiss, we know you have H.S.C., we would like to see you).

U/16 TEAM REPORT

The Under 16 Team had a good all round effort covering all events with some help from the Under 15's and Julian Shuravetsky awaiting a transfer from Box Hill. PB's were done by:

1500m	8.03
3000m	16.50
5000m	11.50
8000m	19.11

Ken Burrowes	1500m Walk	8.04
A. Boag	3000m	9.50
H. Bradfield	High Jump	1.50
(U/15)	3000m	10.36

U/14 TEAM REPORT

(2nd Place)

Today we had a tremendous turn-out of athletes (7 runners). Our presence was really felt. Two records were broken by Tam Lord in the 300 H, breaking the old record by 4 sec, and Peter Banks in the discus breaking the old record by 6m 77cm. He calmly said "I've got a record". We had other good performances from Brendan Burrowes in the 1500m walk, breaking his P.B. (it was his first time) and Bosisto getting a PB in the Long Jump, breaking it by a massive 1 cm. Our other performers did an excellent job in helping our side to a second place victory. (What an improvement) From this I feel there is a lot more talent and good performances to come. Who knows? - we may come first!

P.S. Richard DeVisser did a sterling run in the 800m, breaking his PB by 10 sec.

STATE LEAGUE RESULTS FROM COBURG

Mike Smith	HJ	1.85	
	Shot	10.96	(PB)
	Long	6.51	(PB)
	110 H	16.1	(PB)
	Pole	3.80	
	Jav.	45.74	
Ewan Wilson	5 K	14.41	(3rd)

A-GRADE RESULTS

400m Hurdles	G. Evans	1st	61.3
200m	A. Cossar		24.1
800m	R. Polkinghorne	1st	1:59:7
	R. Catherall	2nd	2.01
	T. O'Halloran	4th	2.02
H. Jump	D. Butler	1st	1.90m
110 Hurdles	R. Hodges	1st	18.6
5000m	J. Cormack		15.28
	Brian Trower		15.29
4 x 200 Relay	Cossar Catherall		
	Hooley Polkinghorne	2nd	

B-GRADE RESULTS

400m Hurdles	R. Hodges	1st	65.2
200m	R. Hodges	3rd	27.8
800m	R. Hooley	2nd	2.03
	S. Handasyde	4th	2.06
	A. McMillan		2.08
5000m	M. Purvis	4th	
	Mark Smith	DNQ	18.56

D-GRADE RESULTS

800m	R. Hodges		2.37
	J. Holmes		2.22

U/13 RESULTS

Pole	J. Shuravetsky		2.65
Long Jump	S. Worrall	3rd	4.46m
Discus	P. Harman	1st	26.08
800m	P. Harman	1st	2.22
	S. Worrall	2nd	2.24
H. Jump	P. Harman	1st	1.55
3000m	S. Worrall	1st	10.28

U/16 RESULTS

1500 Walk	K. Burrowes		8.04
300 Hurdle	J. Shuravetsky		49.4
Long Jump	T. Jones		4.94
High "	H. Bradfield(U/15)	3rd	1.50 (PB)
200m	K. Burrowes	4th	27.9
800m	T. Jones		2.21
3000m	A. Boag	2nd	9.50 (PB) Record
	H. Bradfield(U/15)		10.35 (PB)
Discus	J. Shuravetsky		33.60
4 x 200 Relay	A. Boag E. Hodges(U/15)	4th	1.53.4
	K. Burrowes H. Bradfield		

U/15 RESULTS

300m Hurdles	H. Bradfield	3rd	49.5 (PB)
200	C. MacKenzie	3rd	26.6 (PB)
800	E. Hodges	4th	2.24
L. Jump	C. MacKenzie		
Hurdles	H. Bradfield		

U/14 RESULTS

1500 Walk	B. Burrowes	12	8.50
High Jump	P. Banks		1.45
300 Hurdles	T. Lord	1st	47.7 Record
	A. Bosisto	2nd	53.3
	P. Banks	3rd	55.8
	R. DeVisser	4th	58.3
200	T. Lord	3rd	28.1
	P. Banks		29.8
	R. DeVisser	6th	30.8
800	B. Burrowes	9th	2.37
	R. DeVisser	12th	2.46
Discus	R. DeVisser		14.18
	P. Banks		26.82 Record
Long Jump	A. Bosisto	2nd	4.54

OLD SCOTCH ATHLETICS  
CLUB NEWSHEET

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Contents this week:

- 1) Comprehensive team reports
- 2) Catherall's ravings
- 3) Hooley's colour pin-up competition  
- last chance
- 4) Christmas breakup details  
and much much much more

NEW MEMBERS

A big welcome to new members Hayden Pound and Andrew Moore.

Hayden has made a big impression out at Doncaster by being named as an official announcer for the venue and a fine job he is doing too.

THANK YOU -

to all the O.S. athletes/friends/pseudo intellectuals/ and other assorted persona who helped out at the Wang "Round the Town" fun run on Sunday. These people are now happily t-shirted (straight jackets are also on their way!!) and the club earned approx. \$60 for their efforts. Thanks once again.

ROSS O'HOOLEY COMPETITION

Ross found himself inundated with entries as Saturday's athletic thrill-seekers occupied themselves with getting the two-tone hair effect just right. The absence of a moustache on the original gave people plenty of scope for some original artwork. In addition, the hairy legs of Ross provided a real challenge for some who were striving to achieve the right blend of "King Kong" and "Boy George". The winner is yet to be announced, but rumour has it that a young lady who submitted no less than 4 entries and showed great artistic licence may get the nod!!!

ATHLETE OF THE WEEK

Under 13 athlete Peter Banks who broke 2 Old Scotch records within the space of 30 seconds.

GALA TRIVIA NIGHT BBQ, RAFFLE DRAW, etc. etc. DECEMBER 15

Venue still negotiable - may be Eastern suburbs.

Your big chance to win the inaugural Club Trivia Championship. Complimentary night out at the Cinema for the winners. Trivia Pursuit is THE game to play. This game is so trendy its got blonde tips. The Club's major social event for the year and is not to be missed.

Remember, Saturday December 15th

D-GRADE REPORT

What a marvellous day! A day of sensations. The Gentleman's team scored more points this week than they have all season. Highlights included Jon Holmes 1500m Walk PB after 18 years of walking, Richard Piesse's first 100m run since 1960 (when it was 100 yds) in a marvellous 13.0 sec. Andrew Nolan's hurdling feats (getting over the back fence) and Thommo's sunbaking/beached whale impression. If we continue to get a turn-up like this, it will only be a short while before we have a victory!

GOSSIP

1. Where was Anne Edwards on Thursday night last? She said, "I didn't get home". Apparently the mail was still in the box at breakfast time Friday (no pun intended).
2. Still with the Edwards family - can we be expecting an announcement in the near future re a certain recent female triathlete and a male member?
3. Which Club Captain was trying to persuade a French female spectator to "bring your gear next week and try an event"? Apparently the C.C. was explaining the difference between a sprint and a long distance. Some discussion about the importance of vaulting, poles and length in field events. Check your haystacks.

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(Editor's Note: The editor would like to draw Mr. Thompson's attention to the fact that the young lady in question is in fact Spanish and not French. Otherwise the editor would like to compliment Mr. Thompson on his accurate reporting and his extraordinary sense of hearing.)

4. Where did Terry O'Halloran find all those pubescent officials who helped out at the "Round the Town" on Sunday. And does his wife Joan know?

RAFFLE    RAFFLE    RAFFLE

Just three short weeks before close of sales of this club's first-ever big big big never-say-die, we-don't-take-no-for-an-answer Raffle. If you have sold your tickets then rush the money (and the butts) to Peter Thompson, Anne Edwards, or Ross Hooley at Interclub on a Saturday, or ring Thommo 813 2925 or Anne Edwards 25 5067 (don't ring on a Thursday night, she doesn't come home!)

PRESIDENTIAL PUNCHLINES

(with apologies to Scot Palmer)

\* Old Scotch MUST provide a minimum of 6 officials each competition day. If we do not, points will be taken from each grade we compete in. A roster will be drawn up shortly - please accept your responsibility to provide an official on the date(s) designated. Bring along Mum, Dad, girlfriend or whatever.

It is not, I repeat, not difficult work. It will, however, occupy about 3½ hours from 12.45pm.

You can expect to be politely prevailed upon by your team capt. and perhaps even your president to make sure that the official IS provided.

\*\* You will have gathered that the paucity of senior reprobates (sorry, athletes) concerns us somewhat. The number of regularly competing seniors has dropped alarmingly. Do the rest of us have a collective body odour problem?

Please, if you're thinking of doing a Melba, then do it at Doncaster. And soon. Our 'A' grade team needs sprinters - our 'B' and 'D' grades need track and field competitors of all shapes and sizes.

\*\*\* Ross Hooley reappears on the training track! What's happened inside that tipped head of his?

We are still actively chasing club sponsors to assist with things such as

- Annual Trophies Night
- Sports equipment
- Newsletter - (production costs)
- Club windcheaters
- Athlete Assistance (travel & accom. costs)

If any member is in a position to assist with a referral to potential sponsors, please contact me on:

Bus.: 418 9866      Priv.: 82 1064

P.B. Meeting 6.30pm Dec. 4th. On the supadupa new surface at Olympic Park. As Doncaster venue must provide officials, come along and time in the twilight, if you do not intend competing!

LETTER TO THE EDITOR

Dear Sir,

I am writing to complain about the excessive support this club is giving to Terry O'Halloran's son, Nicholas' Australia Post training.

Not only does Nicholas display discriminatory tendancies (more on that later) but he obviously subscribes to the Australia Post policy "Rain, Hail, Sleet or snow - you can post your mail but who cares where or when it goes?!?!?"

Reports to date, indicate that Nicholas is 'filing' the Old Scotch newsletter on the roof on the O'Halloran mansion. But not all newsletters. Oh no!! Only Hawthorn or Toorak ones, if you please! Which prompts me to ask, why don't Ashburton and Essendon newsletters get equal treatment? Initially, only sex discrimination and A.I.D.S. ran rampant around Australia, now it extends to location discrimination.

Where will it all end up?? Not, hopefully, on the O'Halloran hacienda roof since this is threatening to collapse under the weight of O.S. newsletters awaiting postage to destinations not yet reached. When will Terry O'H. retrieve these said newsletters and post them by legitimate means??? Find out in my next hysterical report on the antics of Nicholas 'Kleptomaniac' O'Halloran.

Signed

Newsletterless Hawthornite

P.S. Is Nicholas available to clean roofs on the weekend?

OLD SCOTCH ATHLETIC INCORPORATED

OPEN REPORT

The response to my plea last week has been uninspiring, though somehow our D-Grade team was very well attended. It's pleasing to see the end of the spring Racing Carnival has brought Ric Dillon out of the closet (so to speak).

From my desk today the only significant athletic offering appears to be Richard Piesse's 4:34.00 for the 1500m apparently his best for 42 years. I'm still looking forward to seeing many more. (Al and Euan McLeish, we're looking forward to seeing you too'.)

I charge every average athlete with trying to get an old runner/friend to join. Competition is not strong here and we could easily win a few premierships if only those mature/experienced athletes among us would/could get their wheelchairs and walking frames into gear and out to Doncaster. Even if it's your turn to mind the kids, don't despair and put your athletic career on hold. Drag them along too!!! There are baby-sitters galore, eager to lead little children astray. Wives are welcome to come along too. They can bask in the sun and provide a little light relief for those of us who have tired of listening to reports on the numerous calf muscle/sheep ankle injury stories that abound.

As you can see, the attractions at Doncaster are wonderful and many!!! Come witness them now!!!!.

STATE LEAGUE:

110 Hurdles	Smith	3rd	16.4
Pole Vault	"		3.70
High Jump	"		1.90

A-GRADE PROG. 1 RESULTS

100m	M. Smith	2nd	11.7
	A. Cossar		11.9
1500m	R. Catherall	4th	4.13
	R. Polkinghorne		4.24
	R. Hooley		4.25
Shot Put	M. Smith	2nd	10.16
Javelin	M. Smith	1st	46 and a bit
110 Hurdles	D. Ham	1st	18.0
4 x 100m Relay	D. Ham A. Cossar		
	A. Nolan M. Smith	2nd	
400m	R. Catherall	2nd	52.9
	R. Polkinghorne	1st	52.8

B-GRADE PROG. 1 RESULTS

100m	P. Thompson	3rd	12.9
1500m	B. Trower	4th	4.11
	S. Handasyde	- slower than Brian, expects to finish before Christmas	
4 x 100m Relay	R. Piesse P. Thompson	2nd	
	R. Hooley R. Catherall		
T. Jump	D. Ham	DNQ	
400m	R. Dillon		56.3
	R. Hooley		53.6

U/16 PROG. 1 RESULTS

Pole Vault	Julian Shuravetsky		2.95
100m	"		13.1
1500m	A. Boag	2nd	4.46
	K. Burrowes	3rd	5.05
T. Jump	Julian Shuravetsky		10.28

U/15 PROG. 1 RESULTS

1500m	E. Hodges	12th	5.00 (PB)
400m	E. Hodges	5th	64.4

U/14 PROG. 1 RESULTS

Shot Put	P. Banks	2nd	10.96 (record)
T. Jump	A. Bosisto	3rd	9.58
	P. Banks	1st	10.44 (record)
100m	A. Bosisto		13.8
	H. McLeish		14.1 (PB)
	R. DeVisser		15.2 (PB)
	P. Banks		14.3
	R. Berriman		14.4
Hurdles	P. Banks	2nd	16.8
Javelin	R. Berriman		00.0
	H. McLeish		27.30
	R. DeVisser		00.0
400m	R. Berriman		
	H. McLeish		55.9
	P. Banks		
	A. Bosisto		
	R. DeVisser		

D-GRADE PROG. 1 RESULTS

100m	R. Piesse		13.0
1500m Walk	J. Holmes		7.48 (PB)
1500m	R. Piesse		4.34 (Best for 42 years)
T. Jump	P. Thompson	2nd	10.48
110m Hurdles	A. Nolan	3rd	20.5
Discus	P. Thompson	2nd	27.18
400m	A. Nolan (A.W.O.L.)		
	R. Piesse		57.9
	P. Thompson	(Did not compete. Endeavoured to perfect his beached whale impersonation!!!)	

U/18 PROG. 1. REPORT

Under the inspiring leadership of young Steve, Old Scotch's magnificent U/18 team are heading (4.06pm) for another mammoth win.

Doncaster 2 and St. Kevins have been reeling on the ropes since the start of the day under the Red onslaught.

In the 100m, Henry Kiss won in 11.4. Running straight on to the High, Henry won again with a soaring leap of 1.65. 1500m saw Steve (P.B.) in 4.46, Tim Collyer (P.W.) in an unverified time. Angus McMillan riding his new zippy Honda led the team in, in 4.29. Steve, looking for the big win, scissored all the Hurdles (hitting only one) in 25.9 (P.B. and 1st).

Looking in our Crystal Ball we see a big win in the 4 x 100 - team of Steve Worrall, Eddy Hodges, Ken Burrowes and Richard DeVisser. 400m will see Iron Man Steve on the track again, leading his great little team to victory.

P.S. Due to unforeseen circumstances, the 4 x 100 team got done. It was close though. As our dedicated band of spectators sit here at 4.54pm under the late afternoon shadows, we watch Steve await his fate in the 400m. The day has been hot and still, deserving of some hot performances. The crowd is definitely getting restless awaiting this 400m. 5.17pm and Steve is now on the track. 5.18 - on their marks - 4 athletes 100m down Steve trails the field. 200m Steve is lagging. 300m - can we win the day? 400m and Steve has come through it okay!!

Everyone has gone. Is no-one going to celebrate? Is no-one waiting for the final tally? Ahh! Ross is still here - inspiring himself. Who has won Ross? He doesn't know. Who does?

We get the 400m result - Steve last in a PB of a time we don't and can't believe - sorry Steve. 5.40pm - final results (at last). The mighty Red Devils 57 massive points. Old Xavs Zero and Doncaster 2, 29. What a win. What a team. Two in a row team. Now for a hat-trick.

U/13 STATE LEAGUE

High Jump	D. Butler	1st	2.00m
-----------	-----------	-----	-------

U/18 PROG. 1 RESULTS

100m	H. Kiss	1st	11.4
High Jump	H. Kiss	1st	1.68
1500m	S. Worrall		4.46 (PB)
	T. Collyer		4.52
	A. McMillan		4.29
110m Hurdles	S. Worrall	1st	25.9
4 x 100m Relay	K. Burrowes R. DeVisser		
	E. Hodges S. Worrall		55.4
400m	S. Worrall	1st	65.6

U/16 TEAM REPORT

Exam fever seemed to strike at Doncaster on Saturday with only two Scotchies (Andrew Boag and Ken Burrowes) and Julian Shuravetsky turning out.

Under immense hardships of heat and exam pressure, these 3 truly dedicated athletes performed well and made known their presence.

OLD SCOTCH COLLEGIANS  
ATHLETIC CLUB NEWSHEET

Contents this week:

1. Hooley's rovin'gs
  2. Full team reports
  3. Some ideas for training
  4. Exclusive sealed section by Peter Thompson
- and much, much, much more.

OLYMPIC PARK OLYMPIC PARK

This week the whole Doncaster Venue goes to Olympic Park. Yes, everything as it normally is on a Saturday, but don't go to Doncaster, go to OP. Programme ONE this week with normal starting time.

TRAINING TRAINING TRAINING

We are trying to organise a training session for all athletes on Thursday nights at 4:30pm at Scotch. The aim of this training session is not only to improve performances, but to give us all a chance to really get to know every athlete in the club. If you are interested in this plan, or have any other comments, please call Al Meyer on 233 3993.

OFFICIALS OFFICIALS OFFICIALS

1/12

Hauser  
Berriman  
Cossar  
McLeish  
Em. Dillon

8/12

Catherall  
Bosisto  
Worrall  
Banks  
Em. Piesse

15/12

Hooley  
Boag  
Ham  
E. Hodges  
Em. Holmes

19/1/85

Nolan  
Thompson  
DeVisser  
Burrowes  
Em. R. Hodges

24/1/85

Trower  
S. Handasyde  
MacMillan  
Collyer  
Em. Sartain

As you read in "Pressy's Punchlines" last week, the Venue Management has decided to impose penalties on any club which does not supply its requisite number of officials each Saturday. It is not an idle threat, as teams have already lost points (i.e. two thirds of points won that day). Therefore, THE COMMITTEE in its infinite wisdom and taking into account the G.D.P., the C.P.I. and the length of Ric Dillon's Dachshund, have duly arrived at and taken pictures of the abovementioned/following ROSTER.

Old Scotch is required to provide seven (7) officials each week, and Guy Bennett and his merry men usually account for at least three of same. Hence, four names per week, plus one emergency who may be called upon late in the week. If your name appears on said Roster, you are required to provide one official for that day. It is not necessary for the competing athlete to act as the official - it could be your mum, brother, Parole Officer (remember that girl on the tram you sold a raffle ticket to?) or any other relative. Minimum standards of numeracy and literacy must be met. If, however, you are friendless, it is still possible to compete on the day you act as an official, as one of your teammates will happily relieve you while you perform your event. However, we strongly encourage you to bring someone along to do the job and become involved in the "scene".

If you are unable to attend on your allotted day, you must (1) arrange a replacement, (2) notify Peter Thompson 013 2925 (3) have a good excuse.

On arrival at the track at 12.30pm (or close) the official must register with Nancy next to the St. John's office. If an entry fee is paid by the official, he/she/it should inform a member of the Club Executive (i.e. Anne Edwards) and said official will be reimbursed.

Thank you.

(Written, spoken and authorized by R. Catherall, R. Hooley, P. Thompson for the Naturally Disagreeable Party)

STOP PRESS: Any person officiating will get free entry to the ground by telling the gateperson their name and Club.

SNIPPETS SNIPPETS SNIPPETS

- \* Congratulations to Doctor John Cormack and Doctor James Sartain for .... Making Doctor. (M.D. ... get it???) (and what a great name for a TV series - "Making Doctors").  
Doctor John and Dr. James are well-versed in athletic injuries. For example, on Saturday, Dr. James pulled his calf muscle and tended to himself most successfully. Personally, I believe in preventative medicine - if you don't run, you can't get hurt!!
- \* Happy Birthday to Andrew Kiss - 13 and loving it!!! Let's just hope that someone gets him a new wardrobe of clothes. On Saturday, Henry wore shlongs - not quite shorts, not quite tracksuit pants. They had a distinct 'Chariots of Fire' look about them, and it was certainly a temptation to burn them!! (P.S. A competition has now been launched to guess how long shlongs are??!!)
- \* Athlete of the Week: Richard Piesse  
A magnificent all-round effort - 200m, 800m, 3000m and 3rd leg of a 4 x 200m relay. Richard attributes his success to Goanna Oil Liniment - Iguana Brand. It's made to a 1910 Australian Bush Recipe.
- \* Andrew Kiss - Venue PB for raffle ticket selling. This man has perfected the "Front the Bird" technique and is the envy of every shy young O.S. athlete this side of the Maroondah Highway. His little black book is now tantamount to two volumes of the Yellow Pages and he has more friends in other clubs than Attila the Hun!!!
- \* T. O'Halloran quote on observing a gathering of O.S. athletes discussing the relays: "Is this an AIDS meeting? Everyone's talking about passing it on!???"
- \* Darren "Dazzle" Butler selected for the Australian All Schools team.  
CONGRATULATIONS.
- \* FOR SALE: Wang "Round the Town" t-shirts \$2.00 each from Terry O'Halloran. All sizes available .... at least, Terry is trying to convince me that one size fits all!!

A.P.S. UNITED A.A.C.  
SUNDAY MORNING TRAINING

Commencing at 10.30am, under the auspices of the A.P.S. United A.A.C., Sunday morning training sessions will be held at the Xavier oval.

Coaches in sprint/hurdles and middle distance events will be in attendance at these sessions. Field games coaching is also available, subject to sufficient demand. It is hoped that Junior members, in particular, of the clubs affiliated to A.P.S. United will take advantage of the coaching opportunities offered.

All members of the affiliated clubs are encouraged to attend.

A-GRADE REPORT

The day started very well for the A-grade team today. Steve Hauser, first week back for the '84/'85 season, ran a very fast 59.3 for the 400 H. Gregor Evans locked very smooth for his 61.0 in the same event. Stu Handasyde was so impressed he took his pants off!

We still haven't got a walker, so we don't score in this event - is there anybody out there who can walk!?

The 200m was reasonably successful. Polks ran a very fast 23.2 to finish second, and Adam Cossar qualified for the first time this season! Congratulations Adam. (West Indies 4 for 176)

800m, O'Catherall, O'Halloran, O'Polkinghorne. (West Indies 5 for 184, Richardson 76, Dujon 14) O'Catherall ran very well, and Polks performed well after his 200m. Unfortunately, Polks hit a wall at the 600m mark, but pulled out a terrifying Rob deCastella finish, passing a Doncaster athlete in the final 50m.

Superman Smith performed to his usual best in the high, shot and jav. Things were looking poor, points-wise that is, until Smith's results built our score that little bit extra to snatch the lead.

It all depended on THE relay (isn't this exciting). Cossar, Meyer, Hauser (2 events in one day) and Polks came second, thus scoring another victory for the big reds.

O.S. is therefore on top of A-GRADE!

#### A-GRADE RESULTS

400m Hurdles	S. Hauser	1st	59.3
	G. Evans	3rd	61.0
200m	A. Meyer		24.3
	R. Polks		23.2
	A. Cossar		24.0
800m	R. Catherall		1.59
	R. Polks		2.01
	T. O'Halloran		
H. Jump	M. Smith		1.90
Javelin	M. Smith		45 & a bit (of what?)
110m Hurdles	D. Ham	1st	17.4
5000m	J. Cormack		14.31
	B. Trower		15.00
Shot Put	M. Smith	2nd	10.90
4 x 200 Relay	1 Cossar 4 Polks		
	2 Meyer 3 Hauser	2nd	

#### B-GRADE RESULTS

400m Hurdles	D. Ham	1st	63.6
200m	P. Thompson	DNQ	26.1
	D. Ham	1st	25.1
800m	S. Handasyde	3rd	2.06
	R. Hooley	2nd	2.04
	R. Dillon		2.13
4 x 200 Relay	4 Hooley 2 Macmillan		
	3 Catherall 1 Collyer		

#### D-GRADE BILLABONG FAMILY TEAM REPORT

What a sensation. What a day. What a performance.  
Jon Holmes PB'ed in the walk AGAIN.

The Gentlemen's 200m 1. Evans 25.1  
2. Dillon 25.4  
3. Piesse 26.0

all three times were L.M.P.B's (i.e. Living Memory Personal Bests). Thommo quietly did the L.J. quite shortly.

In the 800, blast from the past retired former "Goodabeen Champyen" J.B. Sartain (M.B.B.S.) made his first appearance since school with a solid 2.15, following in Athlete of the Week (if he was any tougher he'd rust) YAKKA PIESSE (2.11) and Adam Cossar looking good 2.14.

The 3000m - Yakka Piesse was there again in low 10's, followed by Jon Holmes. With Thommo quickly qualifying in the Shot (9.32m) the stage was set for a big Finish in the Gentleman's 4 x 2 relay. Thompson, superb change to O'Halloran who ran possibly the best 2nd leg of a 4 x 200m D-Grade relay less than 48 hours after a partial eclipse seen this year put us in a good posy, then another frightening performance from Yakka to be finished off by Smith, saw victory in the relay for the first time in living memory. However, due to an absence of hurdlers, we were pipped by 5 points. But our time is near - next week at O.P.

#### D-GRADE RESULTS

1500m Walk	J. Holmes		7.45 PB
200m	R. Piesse		26.0
	R. Dillon		25.4 ) The big
	G. Evans		25.1 ) quinella
Shot Put	P. Thompson		9.32
800m	R. Piesse	2nd	2.11
	J. Sartain		2.15
	A. Cossar		2.14

### D-GRADE RESULTS (Cont'd)

3000m	J. Holmes	10.45 PB
	R. Piesse	10.15
	J. Sartain	
4 x 200m Relay	4 Smith 2 O'Halloran	
	3 Piesse 1 Thompson	

### U/16 REPORT

Once again we had a big turn out - D. Butler, H. Kiss, T. Collyer, A. MacMillan and S. Morrall.

The day started well with H. Kiss in his long-johns, then this man came 1st in the 200m in a time of 23.6, 2nd D. Butler 24.1, 3rd T. Collyer 25.0.

By this time it was 3.05 and we pulled out the big guns in the 800m. A. MacMillan came 1st in a time of 2.04, 2nd T. Collyer 2.19. Then the unwell S. Morrall came out and ran a well-judged 3000m in a good time of 9.50. H. Kiss did his last event, High Jump, in which came 2nd.

It was now 4.45 and we put our youngster in the 4 x 200m. Runners were : 1st E. Hodges, 2nd H. McLeish, 3rd T. Lord, 4th S. Morrall. We came 3rd, well run boys!!!

### U/18 RESULTS

Long Jump	H. Kiss	1st	6.08
200m	H. Kiss	1st	23.6
	D. Butler	4th	24.1
	T. Collyer	7th	25.0
800m	T. Collyer		2.19
	A. MacMillan		2.04
3000m	S. Morrall	1st	9.50
High Jump	H. Kiss	2nd	1.70
4 x 200m Relay	E. Hodges H. McLeish		
	T. Lord S. Morrall		1.54

### U/16 RESULTS

300m Hurdles	J. Shuravetsky	49.4
Long Jump	J. Shuravetsky	5.04
800m	J. Shuravetsky	2.35
3000m	A. Boag	9.48 PB (record)
Discus	J. Shuravetsky	34.34

### U/15 RESULTS

800m	E. Hodges	4th	2.19 PB
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### U/14 RESULTS

High Jump	P. Banks	1st	1.55 PB (= record)
	R. Berriman		1.49 equal best
300m Hurdles	A. Bosisto	2nd	53.7
	R. DeVisser	3rd	57.3 PB
	T. Lord	1st	49.9
200m	T. Lord	4th	27.5
	P. Banks	6th	29.4
	R. DeVisser	6th	31.5
	R. Berriman		29.6
Discus	R. Berriman		21.72
	R. DeVisser		DNQ
	P. Banks		21.37
Long Jump	P. Banks	1st	5.00 (record)
Javelin	R. Berriman		18.72
	H. McLeish		25.00

OLD SCOTCH COLLEGIANS  
ATHLETIC CLUB NEWSHEET

**Contents this week:**

1. Full team report
2. International news extra
3. Feature report from our correspondent in Canberra
4. Peter Thompson's sealed section
5. Complete list of articles promised but not published

**NEXT WEEK (8th Dec.)**

Everybody back at Doncaster for Programme Two.

**LAST WEEK (1st Dec.)**

Results were:

A	58 O.S.	66 Nuna	119 Donc.
B	52 O.S.	112 St. K.	
D	52 O.S.	37 O.M.	
U/18	61 O.S.	63 O.X.	30 K.C.
U/16	10 O.S.	52 O.X.	25 Don. 2
U/15	23 O.S.	71 Don. 2	15 Don. 3
U/14	38 O.S.	87 Don. 1	13 Nun. 2

**IN TWO WEEKS (15th Dec.)**

Big Chrissy Break-up at Adam Cossars. Raffle drawn, huge night, an absolute must. Details and full twin-page spread next week. Keep it free!

**ELECTION REFLECTIONS**

Here we are in the "Athletics Capital" Tally Room overlooking a scene of great activity. Weather conditions are perfect with brilliant, warm sunshine bathing the grassy green floor of the Tally Room, and politicians have the benefit of competing for the first time under the newly-laid redistribution, with some surprising results.

The opening division of the Election Stakes, run over 100m, saw the first upset under the \$600,000 gerrymander, with Henry Kiss worrying P. Van Miltenberg for some time (I think it was his smell) and receiving such a large early swing that counting ended with him defeating sitting Member M. Smith at the post (although a recount has been mentioned).

In other divisions, newcomer Hooley made a bold showing and saw himself well ahead in 12.1 secs, with old campaigners Yakka and Thommo sharing his preferences, in 12.8 (PB) and 12.7 respectively.

The Referendum Handicap, for stayers, saw some strong performances, with all candidates gaining a Yes vote.

In the Campaign Shopping Mall Walk, Jon Holmes again improved his standing in the opinion polls, for the 3rd consecutive week, with a 10.43 PB.

In Senate polling, D. Edwards gained a quota for the Throwing Party (welcome to the front benches, Dave) and Thommo managed a quota for the Jumping Party. Meanwhile in the Poll Vault, the ruling Party failed to gain a quota.

Lobbying was hectic for Ministerial Positions preceding the Press Conference Relay, but the portfolios were quickly awarded. As soon as the proceedings opened, however, someone made an absurd election promise regarding relay batons, and the issue immediately became a political hot potato and was rapidly passed from member to member (a bit like AIDS really). Ultimately, however, no-one wished to take final responsibility and the baton was quickly buried, leaving Prime Minister Smith empty-handed.

Finally, the day ended with a stirring effort in the Quorum Quarter, with O'Halloran 55.1, O'Thompson 59.0, and O'MacMillan ?, ensuring the D Party were finally returned to the Government Benches, their days in Opposition over.

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ZATPEK ZATPEK

Juniors are needed to help out at the Emil Zatopek Classic. The Zatopek is Australia's top 10,000 metre race, the meet also includes the Women's 3,000m Australian Championship and the 1 mile and 100 yards Victorian Championships.

Good chance to see all these events free. If available please contact David Edwards Ph. 419 0204 (N.B. new phone number), or at interclub on 8th December.

CAMPAIGN TITBITS

To aid the election funds, Anne Edwards has started a new line of training food - Fur Balls (they'll moult in your mouth).

\* \* \* \* \*

Flash Sports Score: Kennedy's 3, Ghandi's 2.

\* \* \* \* \*

Now, a word from the Liberal Party - Fountain Pen.

Now, a word from the Labor Party - Biro.

Now, a word from the National Party - Branding Iron.

\* \* \* \* \*

Raffle Tickets - must be returned to Anne Edwards at interclub this week (Dec. 8) or ring Thommo 813 2925 before then.

U/18 REPORT

It was a fine day for alot of records to be recorded. And it was true. To start the day -

S. Worrall ran 100m 13.7 (PB)  
D. Butler 12.4  
then D. Butler jumped.

By this time it was 2.10 and we had a big turn-out for the 1500m.

S. Worrall 4.36 (PB, PB) (10 sec.)  
A. MacMillan 4.14

AND

J. Barber 4.56

Henry Kiss came 1st in Shot Put, throwing 9.10. He then jumped 11.48 in T. Jump, and we pulled out a 4 x 100m Relay team -

S. Worrall R. Berriman  
P. DeVisser J. Barber

then S. Worrall ran 400m in 61.6 (PB) (PB).

The final points were: O.S. 61, O.X. 63, K. 30.

S. Worrall 3 (PB) - 100 13.7, 1500 4.36, 400 61.6.

Henry Kiss turned out in RED SHORTS - yes, its incredible, but he put himself out (well done H. Kiss).

Dave Butler - Australian All Schools Championship (well done D. Butler)

P. Harman ( where are you!! we need you next week, please)

A-GRADE RESULTS - PROG. 1.

100m	A. Cossar		
	M. Smith	5th	11.6
	A. Kiss	5th	11.6
High Jump	M. Smith	2nd	1.90
1500m	D. Trower		4.02
	J. Atkinson		4.03
	R. Catherall		4.07
Shot Put	M. Smith	2nd	10.77
Pole Vault	M. Smith		DNQ
Javelin	M. Smith	2nd	46.32
110m Hurdles	M. Smith	1st	16.6
	(Bradshaw)	2nd)	

A-GRADE RESULTS (cont'd)

Discus	M. Smith								
4 x 100m Relay	Cassar Kiss Hooley Smith								
400m	R. Hooley A. Cassar R. Catherall							53.0	53.4
B-GRADE RESULTS									
100m	P. Thompson	Last						12.7	4.07
1500m	O'Halloran	8th						4.07	4.08 (Eq. PB)
Shot Put	S. Handasyde	11th						4.10	8.80
Shot Put	D. Edwards								
4 x 100m Relay	Pesse Catherall Atkinson Dillon Evans							54.6	54.2
400m	R. Dillon							54.9	
D-GRADE RESULTS									
100m	R. Pesse	2nd						12.8	
1500m Walk	J. Holmes	1st						12.1	
1500m	J. Marx							4.22	7.43 (PB)
1500m	R. Pesse							4.32	
T. Jump	P. Thompson	2nd						10.58	
Discus	D. Edwards							28.30	
400m	A. MacMillan							55.5	
T. O'Halloran	T. O'Halloran							55.0	
U/18 RESULTS									
100m	S. Horral							13.7 (PB)	12.4
H. Jump	D. Butler								
1500m	S. Horral							4.36 (PB PB 10 sec.)	4.15:68
Shot Put	J. Barber							4.56	9.10
Shot Put	A. Kiss	1st						9.10	11.45
T. Jump	A. Kiss								
4 x 100m Relay	S. Horral J. Barber R. deVissser H. Bradfield							53	61.6 (PB)
400m	S. Horral								
U/16 RESULTS									
Pole Vault	J. Shuravetsky							2.80	4.31
1500m	A. Boag								7.25
2000m Steeple	A. Boag								
U/15 RESULTS									
1500m	E. Hodges							5.05	4.34 (PB)
H. Jump	H. Bradfield	3rd							1.45
	P. Banks	2nd							

9/14 RESULTS

Shot Put	P. Banks	1st	11.10 (PB) Record
T. Jump	P. Banks	1st	10.15
	R. Berriman		9.55
	T. Lord	2nd	10.11
100m	R. Berriman		14.9
	R. deVisser		15.7
	P. Banks		14.7
	T. Lord		13.3
	A. Bosisto		14.2
Hurdles	R. Berriman		17.0
	R. deVisser		17.8
	P. Banks		14.5
	T. Lord		15.6
	A. Bosisto		16.7
4 x 100m Relay	T. Lord A. Bosisto P. Banks H. McLeish	4th	54.9
400m	R. deVisser		
	R. Berriman		

9/13 RESULTS

High Jump	P. Banks		
	R. Berriman		1.45
	T. Lord		

AND NOW, NEWS FROM AROUND THE WORLD!

Dear Reader, did you know that our scheming and most enterprising editor has established a network of resident reporters in all major capital cities of the world who are literally begging him to be allowed to insert their article in the next scandal-packed edition of the newsheet.

This week our roving reporter guest is Dick Batchelor, now resident in London, but who will be returning to Australian shores "for good" in February next. So watch out you 5,000m athletes, our international jet-setting star (and O.S. Secret Weapon from abroad) is about to take over and show us all how 5k's really should be run.

Dick was so impressed by the effort of Corporal Steve Jones, the guy who created the world's fastest marathon, in Chicago recently that he has cabled across the inside story as written by Chris Brasher.

Thank you, Dick, and we all look forward to you running with us at Doncaster in the New Year.

# Cpl Jones, a tough cookie who never crumbled

EIGHT days ago, Corporal Steve Jones who works on the airframes of the RAF's front-line Phantom fighters at St Athan, South Wales, was paying a Chinese meal in Chicago with his wife Annette and their two children Daryd, aged 7 and Martine, aged 3.

He was on 28 days' leave, a reward for having just signed on for another 11 years with the RAF. The meal ended, in the American-Chinese tradition, with a fortune cookie which had a message inside it. Steve's message read: 'Your hard work will soon pay off.'

Less than 24 hours later, Steve ran 26 miles 385 yards faster than any man in history and in doing so he destroyed the Olympic champion, Carlos Lopez, and the world champion, Rob de Castella, with the most decisive, sustained burst of speed, tempo and power that I have ever witnessed.

His time of two hours eight minutes five seconds knocks eight seconds off Alberto Salazar's world best set in New York in 1981. And he beat the Olympic champion by 61 seconds and the world champion by 64 seconds. Yet he still does not consider himself a marathon runner!

Steve it was his first complete marathon (he started last year's Chicago marathon but had to drop out at 16 miles with an ankle injury) his tactics were simple: 'The marathon runners tell me that the race does not begin until 20 miles so my plan was to stick with the leading group until 20 miles and then start racing.

When he did start racing, the

**CHRISTOPHER BRASHER** gives the inside story of the RAF corporal who made athletics history in Chicago last week.

world's best marathon runners could not keep with him. And no wonder: he covered the last six miles at an average pace of four minutes 44.8 seconds per mile!

And in doing so he projected himself into a New World. He is now the hottest property in the hottest area of athletics—road racing. His 'participation money' for winning was £29,100 plus £8,300 for a course record, plus £41,600 for his world record—a total of £79,000. It will all go into a trust fund under the control of the British Amateur Athletics Board and Steve will be allowed to draw from it for housing, transport, food and medical expenses.

Not since the days of Aircraftman Shaw, alias Lawrence of Arabia, has there been a more famous—and now more wealthy—member of the non-commissioned ranks of the Royal Air Force.

Aircraftman Shaw had great trouble handling his fame. Corporal Jones, I believe, will have no such trouble because he is a man secure unto himself, firm in his ambitions, anchored in his family and in common sense.

He comes from the valleys of South Wales—from Ebbw Vale. His father, now dead, was employed in the steelworks which are now dead. But the spirit of the people of that valley will never die. They came to the valley in the last century from the hills and they dug down into

the earth to enrich the coal masters and they grew close in their hardships. They sent men like Nye Bevan out into the world to fight for the respect and the rewards that they knew were due to them.

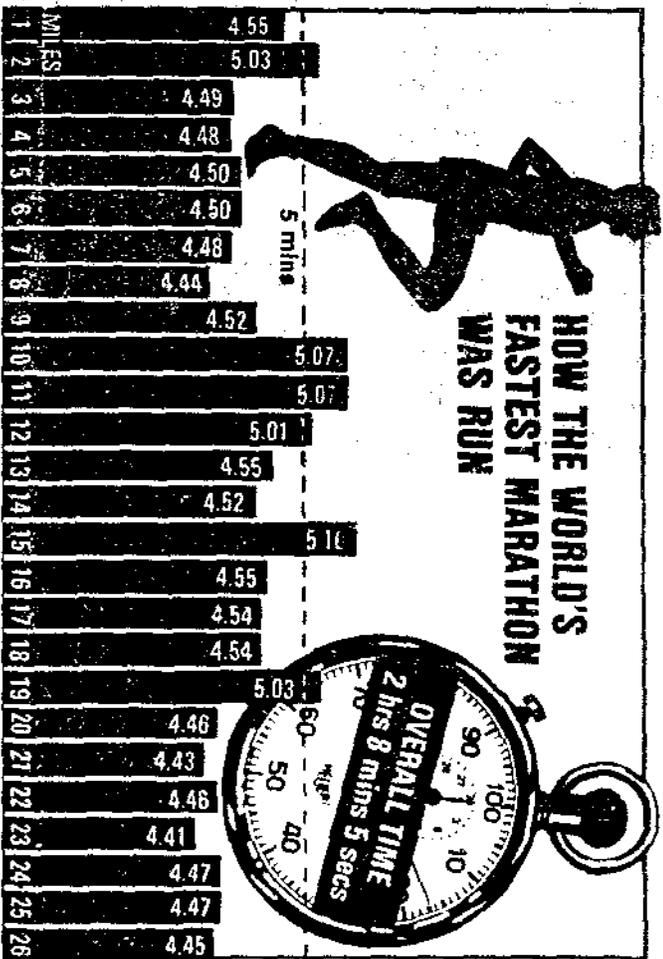
That is where Steve Jones was born, bred and made aware.

He left school at 15, took a pre-industrial training course for one year and then served as a sewing machine mechanic in one of the new factories in the valley—a factory that made ladies' foundation garments, bras and girdles. After two and a half years he found no satisfaction in the work so when an RAF careers information caravan came to Ebbw Vale, Steve signed on for 11 years.

Because the Forces provide 'Sport for all', Steve formed an ambition to run for the RAF. There was no sporting background in his family and little indication of any real talent during his school days. All he had done was to run occasionally when he was a cadet in the Air Training Corps. His training had consisted of no more than a few 30-minute jogs as part of the Duke of Edinburgh's Award, but he had enjoyed running and when he was posted to RAF Lyneham, he managed to get into the station's B team. 'I set myself little targets—next week I would try to beat a couple of guys in front. There are always targets in athletics at whatever level you compete but I didn't think I could ever reach international standard.'

He should have done so in 1976. World cross-country championships were staged in Wales at Chepsworth—and each nation was allowed to nominate

## HOW THE WORLD'S FASTEST MARATHON WAS RUN



nine runners plus reserves. Steve came seventh in the Welsh cross-country championships but he, a newcomer, was not selected.

Instead he had to watch while Carlos Lopez, then unknown, won the world senior title and an American, Tom Hunt, won the junior title.

'That,' he says, 'was a driving inspiration. I said to myself "from now on they are going to have to select me".'

When he won the Welsh championships in 1977, they had to select him. He came 103rd in the World Championships in Dusseldorf. Seven years later, little target after little target, he came third in the world cross-country championships in New York last March.

If cross-country was his first love, track was his second. Since 1978, he has been a reliable figure on the track, always ready to do his share of the pacemaking, always in the Welsh team, most often in the British team. But his track performances have never set me alight. He has

always seemed to be the journeyman, but never the star.

His problem has been speed—that essential quality which Cram into the most exciting athletes on the world's stage. And Steve has known it. His plan for 1985 was to drop down from 10,000 metre races to 5,000 metres and 'to work on my basic speed. Now things may not be as simple as that—I've got to reassess my whole situation.'

And so he has. The leg speed that was lacking to enable him to reach into Olympic medal class on the track is more than enough over the 26.2 miles of the marathon. As he says himself: 'Leg speed is what a lot of these marathon runners haven't got. He has enough for this distance and he proved it last Sunday.'

But there is more to the marathon than leg speed. There is also an intensity of mind—the ability to concentrate without any lapse for over two hours. Steve lost that concentration for only a moment

last Sunday and then, because I could see the finish. I so nearly let it slip,' he said.

It may seem strange that such a slip might have cost the record but world records are so honed to the finest of edges these days that the slightest flaw will damage the cutting edge.

But Steve knew that the record could be his. 'Two miles from the finish, when there was no doubt that he had destroyed the finest opposition in the world and that he was heading for an historic breakthrough (perhaps even the first sub 2.08 marathon) we dropped the lead car back alongside him and over the bristling array of cameras we shouted: 'Keep this tempo. Keep this tempo and the world record is yours.'

He gave a little nod but by now the pace was making his whole body suffer but he thought to himself of all those five minute bursts he had done in training and said 'Just put another one in.' And he did and the message in the fortune cookie came true.

OLD SCOTCH COLLEGIANS  
ATHLETIC CLUB NEWSHEET

Contents this week:

1. Full team reports - 8/12/84
2. A word from your President
3. Thompson's Christmas breakup preview
4. Censor's guidelines for team report writers
5. and much much much more
6. and last week's results

Again we are pleased to highlight the critic's review of the O.S. newsletter:

"Honest, candid, outspoken!"

Craven, Melbourne Herald

"Written with grace and wit."

O'Halloran, Australian Runner

"What happened to the blue newsheet?"

Bradshaw, Old Melburnians

"Each week I wonder how they continue to top last weeks."

Davies, Melb. Sun

TEAM RESULTS - 8/12

A-Grade	O.S.	25	Mun.	53	KC	79
B-Grade	O.S.	17	O.A.	60	Don.	85
D-Grade	O.S.	34	Don(2)	30		
U-18	O.S.	42	Don(1)	85	St.K	-
U-16	O.S.	19	O.X.	48	Don(1)	109
U-14	O.S.	60	B.Valley	22	Mun(2)	37
U-15	O.S.	6	B.H.	105		

PFOOF BANG !

Here it is, the marvellous, laidback get down and get with it never before seen on Television Tag-team polyunsaturated Old Scotch Trivia Championship. Yes, the game that is so trendy it windsurfs in the snow, is now a Championship Event. Just get your team together and truck on down to Cossie's Place. Real prizes, great giveaways, see Anne Edwards at the BBQ singing "With a Tong in my Heart!". Raffle draw, Preliminary Rounds of Old Scotch's selection of the Club's nomination for 1985 Solo Man. Swimming, Table Tennis, and much, much more.

What to bring: Heat, drink, bathers, girlfriends, mothers, sisters, brothers, boyfriends, grandparents, grandchildren

Where to take it/them: ~~28th~~ Kooyong Koot Road, Hawthorn (Adam Cossar's house)

When: 6.30pm Saturday 15th December

Why: A Christmas break-up/down and the Club's Major Social Function.

Won't you be disappointed if you miss our first-ever major Raffle Draw.

Women: have the opportunity to vote for their selection in the Club's "Search for Men too a Solo Man".

We supply salads, sauce, sweets, swimming, celebrations, silliness and soliloquies (Hamlet).

Nowzers will drive home any underage athletes and any drinkers.

Wives will be warmly welcomed, as this function is designed as a pleasant family affair, with a range of activities attractive to all ages and tastes.

free night out at the skin flicks (Russell Cinema) if you are a members of winning Trivia Team.

a team or not, still turn up, and organise one on the night.

\$5 per team or \$5 per family

YES

of senior athletes in recent weeks has been really encouraging. to the committee and particularly the juniors, to have a few "old dance. Just a simple word of encouragement, advice or consolation

OLD SCOTCH ATHLETICS CLUB NEWSHEET  
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Our 'A' grade team has an excellent opportunity to win its grade at Doncaster this season. Prior to our outing at Olympic Park we headed the competition but because of injury and illness, State League athletes (no S.L. Comp.) who would certainly have contributed round-winning points, were unable to represent Old Scotch against a strong Doncaster combination.

It is vital that we re-assert ourselves in 'A' grade so that we can claim the pennant at finals time. One, it will do much for club morale and bring us closer together as a competitive unit, especially for the winter C.C. season. Two, an 'A' grade win will greatly assist our sponsorship opportunities.

So if you were thinking of re-appearing for the mighty Cardinals, now is the time! Even if you are not up to 'A' grade standards yet, we have lots of places to fill in lower grades.

For details of grade standards and qualifying requirements, ring Rob Catherall 82 1064 or Ross Hooley 29 7135.

Our car ferry service is working well for junior athletes. Two vehicles leaving Scotch College (Glenferrie & Callantine) at 12.15pm each Saturday - a return trip is guaranteed! Any athlete who requires transport simply has to ring his team captain or Ross (I'm running as fast as I can) Hooley 29 7135.

Whilst on the subject of juniors, their performances and club spirit has been great. With youngsters like Pete Banks, Tam Lord, Tony Bosisto, Richard deVisser, Eddie Hodges, Julian (ex Box Hill), Hamish McLeish and Hugh Bradfield, Old Scotch can re-emerge with confidence to tackle the seasons ahead.

Thank you to all committee members and competing athletes for their support during 1984.

I would like to wish you all a happy, safe Christmas and, of course, a prosperous New Year.

And now back to you Peter.

#### SPECIAL SEALED SECTION FOR JUNIORS

HOW MUCH DO YOU KNOW ABOUT THE CINEMA? (probably about as much as you know about anything!! i.e. very little - oops, I meant to say - a great deal!!?)

Whilst we know that hundreds of you will be turning up to the Club's Christmas Gala, BBQ, pool and raffle draw cum Solo Man Contest, Trivial Pursuit championship party (take a breath here), we are concerned that many juniors are worried about their lack of trivial pursuit practice - the seniors being well-versed in trivialities. So here are some examples of the type of questions to expect:-

- i) At which cinema in Hawthorn is spitting allowed upstairs?
- ii) How many cinemas are there in Mansfield - 18, 1 or 104?
- iii) Is spitting allowed in any of them?
- iv) To which four Melbourne cinemas may you take pets? and should they be animals?

If you found these questions easy to answer (and I expect many of you did), then the first prize in the championships could be yours... but then again, there's always a chance that you could be beaten out of it (possibly by someone bigger and stronger than you, who's into violence in a big way!!!)

All joking aside (who was joking?? Ed.), the Club would like to see a big turnout of juniors (with or without their families) at Adam Cossar's place on Saturday 15th.

(P.S. Transport can be provided just contact Thommo or Anne)

#### YOU'VE GOT TO BE IN IT TO WIN IT

For those of you who have been appallingly slothful in forwarding your raffle tickets and money to Thommo or Anne, this is your very LAST opportunity to ensure that the lady on the train gets full value for her dollar!!

The raffle draw is on THIS SATURDAY (15/12) so either get your ticket stubs and money to:

Peter Thompson	or	Anne Edwards
37 Auburn Parade		20 Bairn Street
Hawthorn East		Ashburton

A.S.A.P.

OR PHONE THEM ON:

813 2925

25 5067

and they will make arrangements to collect.

GET WELL SOON

ANDREW KISS : who fell victim to a bee, who became irate when Andrew refused to tango and promptly stung him on the mouth: and  
 MICHAEL STEWARDSON : who unfortunately was struck a nasty blow by Henry's perpetual spot-light, the sun!!

Hope you both recover fully and that we get to see you on Saturday.

A big GET BETTER QUICK from all the Club to Guy Bennett. Guy is in the process of recovering at home after a minor operation on his foot. Unfortunately, he will be laid up for several weeks but rumour has it that he may just be able to hobble to the Christmas break-up ... we all wish you a very speedy recovery. (Boy, he'll do anything to miss officiating !! - joke.)

P.B. MEETING 4/12/84

Olympic Park New Track

Conditions - Overcast, lending itself to frequent buckets of rain being deposited

Drainage - Sensational

Results:

3000m	B. Trower	8:39 (PB)
	A. Boag	9:35? (U/16 record subject to approval)
	S. Morrell	9:40 (PB)
High Jump	R. Berriman	1.45m
800m	R. Polkinghorne	1:55.9
	J. Atkinson	2:01
	A. MacMillan	2:06
	R. Catherall	DNF
200m	T. Briggs	23.1
	R. Dillon	25.5
	R. Berriman	?

Chief Organizer: G. Evans

Timekeeper : M. Smith

Suede Runner : R. Hooley

Spectator : P. Boag

NEXT MEETING TUESDAY DECEMBER 18th, 6.30pm OLYMPIC PARK

Welcome to even more new members ..... Andrew Moore all round official and David Lepper U/16 800m Combined Team superstar. We look forward to seeing you on the track running, marshalling or whatever, very soon.

A special welcome to Julian Shuravetsky who at long last has gained a clearance from Box Hill to compete with Old Scotch. Despite many weeks of waiting for Box Hill to give him a clearance (stupid rule that they have), Julian has stuck to the Club. He will be a handy asset as basically he does everything! Welcome Julian.

A Big Thank You to Gwen Banks who spent last Saturday officiating for us. It just shows that some of us follow the officials roster. Gwen assures us that there is no better way to get a suntan than by officiating at Doncaster .... so come all you sunlovers ... hop out to Doncaster for a spot of the sun. Speaking of that I think I have had too much of it myself.

SUNDAY MORNING TRAINING

Next Sunday at 10.30am, under the auspices of the A.P.S. United A.A.C., training sessions will be held at the Xavier Oval, Barkers Road, Kew. Coaches in sprint/hurdles and middle distance events will be in attendance at those sessions. Field games coaching is also available. It is hoped that junior members, in particular, of the clubs affiliated to A.P.S. United will take advantage of the coaching opportunities offered.

All members of the affiliated clubs are encouraged to attend.

Special Throwing Day

Guest Coach: Ray Mooney - Sunday December 16 at 10.30am.

D-GRADE TEAM REPORT

As usual the D-Grade team produced some noteworthy performances back at the Doncaster Venue. Jon Holmes continued his sequence of PB's with 7m 34s in the 1500m Walk.

Ric Dillon who doubled as "the old-timer" in the team this week produced an excellent 26.0 for the 200m.

John Marx after his welcome appearance at Olympic Park ran a solid 800m in 2m6s. This week also saw the reappearance of Raoul Stewardson - good to see him back on the track.

By the end of the day, without our gallant leader Thommo, and Yakka, the numbers were too light to form a relay team, but the mighty D's won for the second week in a row.

U/18 Team Report

The day broke bright and sunny, the birds sang (Ghostbusters) and another boring U/18 Team Report was created (yawn).

Haughty heaving Henry ran a big 200m (2nd), in 24.9, an official P.W. and proud of it he is too. A big bounce in the Long Jump preceded a P.B. of 6m 28cm, yippee. Hmmm, Hughes just dropped another and its 9/356, Lawson has 8 wickets. Holland just got another, and they're all out. We only need 146 to avoid a follow on.

The big J.B. (2nd cousin, thrice removed to OGB) ran a 200m, coming 4th in 25.2 - corr!! Angus ran an 800m and I don't want to talk about it.

Its just come to hand that Happy Henry got a bee sting on his mouth and had to retire hurt. Moe is me, and there goes the Raffle ticket quota. Looks like next time we'd better re-assess the prizes. (How about a free season ticket to the Hoyts Drive-In in Tooronga) Well, time to knock off. See you next week.

Temporary Team Captain  
Angus Macmillan

STATE LEAGUE

Hammer	Roger Glass	1st	52.80 (PB 6 years)
Shot Put		1st	13.27
Discus		1st	38.53

A-GRADE RESULTS

200m	A. Cossar	4th	
	A. Meyer	5	
Discus	M. Smith		NBG
300m	R. Catherall		2.05
	R. Hooley		2.00
	J. Atkinson		2.04
Javelin	M. Smith		DNS
Shot Put	M. Smith		10.58
4 x 200 Relay	A. Meyer R. Hooley R. Catherall J. Atkinson		

B-GRADE RESULTS

800m	S. Handasyde	4th	2.04.4
	B. Trower	3th	2.07
Javelin	D. Edwards	1st	33.12
Shot Put	D. Edwards		DNQ
5000m	I. Handasyde		18.57

D-GRADE RESULTS

Javelin	J. Holmes		DNQ
1500m Walk	J. Holmes	1st	7.34 (PB)
200m	R. Dillon	1st	26.0
	R. Stewardson		
800m	R. Dillon		
	R. Stewardson		
	J. Marx	2nd	2.06

U-18 RESULTS

Pole Vault	J. Shuravetsky		2.95
Long Jump	H. Kiss	1st	6.28 (PB)
200m	H. Kiss	2nd	24.9
	J. Barber	4th	25.2
800m	A. Macmillan		

U-16 RESULTS

Long Jump	B. Lord	1st	5.35
High Jump	J. Shuravetsky		1.45
200m	M. Stewardson	5th	26.8
3000m	A. Boag		9.55

U-15 RESULTS

200m	C. MacKenzie	3th	27.9
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U-14 RESULTS

High Jump	T. Lord		1.50 (=PB)
	A. Bosisto		1.40 (PB)
300m Hurdles	R. DeVisser	4th	55.0 (P3)
	P. Banks	3rd	55.6 (PB)
200m	T. Lord	3rd	28.2
300m	R. DeVisser	12th	2.49
	A. Bosisto	11th	2.41
Discus	R. Devisser		DNQ
	R. Derriman		25.30
	P. Banks		28.45

U-13 RESULTS

Javelin	R. Derriman		22
	P. Banks		29.28 (PB)
ShotPut	P. Banks		10.65

## SURPRISE SURPRISE SURPRISE SURPRISE SURPRISE

This week we find ourselves in the enviable position of being able to offer a special door prize for our readers at the galah O.S. christmas break up. How do you win this wonderful surprise prize? Well, this week's issue of the news sheet ~~K&W~~ has gone out with one rogue BLUE copy of the cover. If you find this lucky cover on your news sheet this week then present it to Peter Thompson on Saturday night at Adam Cossar's and he will exchange it for a gift that is sure to delight. Yes it's that easy £. , so be sure to hang on to that lonely blue cover @%& (£.....

**OLD SCOTCH COLLEGIANS  
ATHLETIC CLUB NEWSHEET**



ust when you thought it was safe to show your face in public again, the OS newsheet reappears on your doorstep, to promote rumour, innuendo and scandal, and to share you into fronting up to Doncaster to run. No, there are no excuses now. Exams are long gone; you've just had three weeks on the Peninsula to get the legs and lungs going again; work is pretty slow at the moment; the weather is ideal; and the next couple of rounds will sharpen you up nicely for the Vic. champs. in a few weeks. You can't even complain about having less than 24 hours notice because this Saturday's fixture has been in the VAA handbook since October of last year.



es, this brings us to the point of this newsheet. There is a round of interclub this Saturday, 19th January, at Doncaster. The timetable is as per Prog. 2, so no-one is going to get on your back to belt around in a quarter after you've decided that you've already done enough. That's the basis of all I have to say, except that I'd like you to pay attention while Rossco goes over a few other things - over to you Rossco ...

Thanks, Mr. Editor, just a few points.

**NOTE:** Australia Day Weekend - Interclub Competition Is On Thursday Jan. 24 at Doncaster commencing 5.00 pm? Programme 1 - i.e. 100, 400, 1500, etc. There will be no competition on Saturday, Jan. 26 for the Doncaster Venue. Don't forget!!!

**TRANSPORT** is available for athletes, etc. from Callantina & Glenferrie Road, Hawthorn corner (Scotch). 12.15 pm this Saturday and every Saturday. Be there, or be stranded.

**DID YOU KNOW??**

**1985 Victorian Championships** (any athlete can enter)

	<u>Competition Date</u>	<u>Entry Closing Date</u>
Open, U20	1, 2, 3 March	4/2/85
U18, U16	9, 10 Feb.	14/1/85
U14, U13	16, 23 March	18/2/85
Multi-events, all age groups	9, 10 March	11/2/85
Men's Open 5 km	9 Feb.	4/2/85

Availability forms for Australian Championships close at V.A.A. office 11/2/85.

Entry forms from Ross Hooley (ph. 29 7135) or V.A.A. office, Olympic Park, (ph. 428 8049).

**NOTE:** Closing dates are strictly adhered to.

**OLYMPIC PARK TRAINING** - O.P. is now open for training -

Mon. - Thurs. 3.30 pm - 6.30 pm  
Sunday 10.30 am

Length of spikes permitted at Olympic Park are as follows ... "the part of each spike which projects from the sole or the heel must not exceed 9 millimetres with the exception of the High Jump and Javelin (12 millimetres).

**VICTORIAN COUNTRY MARATHON 1985** will be held on May 11, commencing at 1.00 pm at Little River (details : VAA office, 428 8049).

**PB MEETING - OLYMPIC PARK.** Tuesday January 29, 6.30 pm start.  
\$1.00 per event ALL EVENTS ALL STANDARDS

Tentative Date for PORTSEA - SUNDAY MARCH 3 - Cadet School, Portsea.  
(More details in future issues of the Newsheet).

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2B Kalang Road,  
CAMBERWELL 3124

.....

U/16

Donc.	24.0	"	
Nun.	20.0	"	
O.S.	12.0	"	* (3rd out of 8)
B.H.I.	11.0	"	

U/15

Donc. 1	24.0	"	
O.S.	7.0	"	* (7th out of 8)

U/14

Donc.	24.0	"	
O.S.	11.0	"	* (5th out of 8)

PB MEETING 18/12/84 OLYMPIC PARK - RESULTS

400m	R. Polkinghorne	50.6	
200m		23.1	
400m	R. Dillon	?	(was noted to finish)

OTHER INTERESTING RESULTS

Australian All Schools Championships - Brisbane (December)

Darren Butler =3rd U/20 High Jump 1.95m

Emil Zatopek 10000 (Olympic Park) 12/12/84

B. Trower 31:46 12th in B-Grade

Masters Mile (Olympic Park) 13/12/84

R. Piesse (Yakka) 4:43

Decathlon (Olympic Park) 12 & 13/12/84

100m	11.6	LJ	6.54	Shot	10.67	) Mike Smith
HJ	1.92	400	51.6	110 H	15.9	
Disc	33.33	Pole	3.90	Jav	47.40	
1500m	4.33	Total 6670 (club record ?)				

RESULTS FROM LAST ROUND BEFORE CHRISTMAS

A Grade Report

As usual - no walkers! What a disastrous start to today's results. But folks, things picked up when it came to the sprints. Polks, filling-in for Meyer as he was frantically trying to get here in time, proved to be a great replacement. Together with O'Smith and Adam, all three sprinters qualified. The fab-fifteen-hundred-runners ran very well, all qualifying and adding to our score. By the end of the 1500's, we'd already scored more than last week. The hurdlers, Smith and Meyer, both ran well, finishing 1st and 2nd respectfully. With Smith in the High Jump, Shot and Javelin, the Old Scotch scoreboard clicked over like the West Indies run tally (Seagulltally 0, sparrows 141). Things were looking great by the time the relays came around. The O.S. A-grade team Cossar, Polks, Meyer, Smith, didn't drop the baton. We didn't even come last! We ran 2nd - a season PB for O.S., and a fine performance - 45.9 seconds.

ATHLETE OF THE WEEK - Mike Smith: PB Shot 11.33m  
 1st 110m Hurdles 16.45  
 Anchor leg for 4 x 100m 45.9

A-GRADE PROG. 1 RESULTS 15/12/1984

100m	N. Smith		11.4
	R. Polks		11.4
	A. Cossar		11.6
H. Jump	H. Smith	NBG	
1500m	R. Polks		4.16
	J. Atkinson		4.07
	B. Trower		4.09
Shot Put	H. Smith	1st	11.33 (PB)
Javelin	H. Smith	2nd	47.xx
110m Hurdles	H. Smith	1st	16.4 (Kew 3rd)
	A. Meyer	2nd	17.5
4 x 100 Relay	Cossar Polks Smith Meyer	2nd	48.9
400m	H. Smith		51.9

B-GRADE

1500m	H. Purvis	5th	
Javelin	D. Edwards		61.72
400m	R. Catherall		52.2 (PB)
	J. Atkinson		54.6 (PB)
	G. Evans		54.1

D-GRADE

100m	A. Meyer	1st	13.3
	R. Piesse	2nd	13.1
1500m Walk	S. Facey	1st	7.44
1500m	R. Piesse	1st	4.36.5
	J. Holmes	2nd	4.46.7 (PB)
110m Hurdles	P. Thompson	1st	20.5
Discus	D. Edwards		30.50
	P. Thompson		31.52 (Inv)

U/18

High Jump	P. Harman	3rd	1.80
Shot Put	P. Harman		
Triple Jump	P. Harman	2nd	6.034

U/16

Pole Vault	J. Shuravetsky		2.50
100m	B. Lord	4th	17.8
1500m	A. Boag		4.20
	M. Stewardson		4.24
Shot Put	B. Lord	1st	8.10
	J. Shuravetsky		9.10
2000 Steeple	A. Boag		7.17 (PB)
	D. Lepper		7.55 (PB)
	L. Flere		8.17 (PB)
4 x 100 Relay	Shuravetsky Lepper Stewardson Lord		52.2
400m	D. Lepper		63.2
	M. Stewardson		57.4
	A. Boag		60.0

Any athlete who hasn't a Club Handbook in his/her/its possession ... and who wants one can obtain one on Saturday in THE BOX or call Ross H. (ph. 29 7135).

SOME COMING EVENTS

Teenage Super Challenge ... Dandenong Little Athletics Centre. Open to U13, 14, 15 year old boys and girls.

Date: Sunday 27/1/1985. Start : 10.00 am

Events: 100, 200, 400, 1500, hurdles, walk, field games.

Entries close: 21/1/1985.

Prizes, fun, etc. Entries - Contact Ross Hooley (ph. 29 7135) TODAY.

State League .... recent results or what our top athletes are getting up to!!

24/11/84 Open

High Jump	D. Butler	1st	1.90
-----------	-----------	-----	------

8/12/84 Open

Hammer	R. Glass	1st	52.80m
Shot	R. Glass	1st	13.27m
Discus	R. Glass	1st	38.58m
110m Hurdles	D. Ham	4th	18.6
400m Hurdles	S. Hauser	4th	61.2
5000m	J. Cormack	4th	15.13:8

15/12/84 Open

Hammer	R. Glass	2nd	51.02m
Shot	R. Glass	3rd	12.84m
110m Hurdles	D. Ham	3rd	17.8
Discus	R. Glass	2nd	37.30m

15/12/84 U/18

100m	A. Kiss	3rd	12.0
High Jump	D. Butler	1st	1.95m
1500m	A. Macmillan	2nd	4.14.1

Remaining competitions for State League are on 19th January and 2nd February.

Current state of play : Yarra Valley (us - Doncaster Venue) 7 wins 2 losses

How does your team favour ... ?

Interclub ladders after competition held on 8/12/84 - more details see R. Hooley.

A-Grade

Donc.	21.5 points
O.H.	19.0 "
O.S.	16.0 " *
Nunawading	15.0 "
K.C.	13.5 "
O.X.	12.0 "

B-Grade

Donc.	24.0 "
O.S.	13.0 " *(5th out of 5)

D-Grade

K.C.	16.0 "
O.S.	10.0 " *(7th out of 11)

U/18

Donc.	27.0 "
Nunawading	24.0 "
K.C.	18.5 "
O.S.	17.0 " *(4th out of 7)

U/14

Shot Put	P. Banks	2nd	10.84
	R. Berriman		8.35 (PB)
Triple Jump	P. Banks		10.13
	R. Berriman		6.99
100m	T. Lord	3rd	13.2
	R. deVisser	5th	14.8 (PB)
	P. Banks	2nd	14.6
	R. Berriman	3rd	14.8
Hurdles	T. Lord	1st	15.2 (PB)
	R. deVisser	2nd	17.5 (PB) first time
	R. Berriman	3rd	15.9 (PB)
	P. Banks	2nd (80 H)	14.7
Javelin	H. McLeish		24.04
	R. Berriman		18.72
	P. Banks		30.28 (PB)

U/13

High Jump	R. Berriman	1.35
	P. Banks	1.40

EDITOR'S NOTE

As a point of explanation "PORTSEA" is a rage day put on by the Officer Cadet School, where the officer cadets call you "Sir", the Old Xav. sprinters run in bare feet as a point of honour, and Smith and Bradshaw do 8 or 9 events on a full stomach.

(A BBQ precedes an athletic match between the officer cadets and a couple of Old Boy clubs, in which all club members are invited to compete.)

THE TRADITION CONTINUES  
 AS CUSTOM DICTATES THERE SHALL BE HELD A CHICKEN AND CHAMPAGNE SUPPER IMMEDIATELY FOLLOWING THE CONCLUSION OF THE TWILIGHT INTERCLUB MEETING ON THURSDAY THE 24TH. A CHOOK OR PORTION THEREOF IS ALL THAT YOU NEED TO BRING APART FROM FRIENDS, FAMILY, LOVERS, DE FACTOS AND VAGRANTS. CHAMPAGNE PROVIDED. THE VENUE FOR THIS GALA OCCASION IS THE THOMPSON/SARTAIN ABODE (WHAT DID JAMES DO TO EARN HIS RAFFLE TICKET?) LOCATED AT 37 AUBURN PARADE, HAWTHORN. BRING ONE, BRING ALL! WATCH NEXT NEWSHEET FOR MORE INFORMATION, VENUE SUBJECT TO CHANGE AT SHORT NOTICE AT THE DISCRETION OF THE GOOD DOCTORS. RING ROSS OR ANNE OR MIKE OR THOMMO ON THE FOLLOWING PHONE NUMBERS RESPECTIVELY: 297135, 255067, 2771886, 8132925.

ATTENTION

OLD SCOTCH COLLEGIANS  
ATHLETIC CLUB NEWSHEET

Contents this weeks:

1. Interclub - THURSDAY night from 5.45 . See major announcement later in this fantastic, new look publication.
2. Editorial. Bright and breezy, from the new editorial staff.
3. Details and results from last Saturday (that is today - as the new editorial staff work late into Saturday night to get this to you in time for thursday night.
4. Highlights of the big, get-down-and-boogie, never to be equalled, X-mas break-up.
5. Raffle results (and the report from the investigating officers of the fraud squad.)
6. Social notes (not to be missed, with special comments regarding the previous editor).
7. Thommo's sealed section.
8. Twilight (Chicken and Champagne) meeting (or "The President's Gardening Party") and mulch, mulch more!!!

Yes, you heard it first from the OS newsletter. After the Editor's first newsletter of the year in which he almost totally ignored the greatest event of the 1984 Christmas Social Season and refused to print the sordid scenes of debauchery that occurred, there has been an amazing editorial coup. (All you pigeon trainers will know what I mean).

After secretly infecting Superman Smitho with an insidious case of mumps (are you happy to see me, or is that mumps?), we are here to tell you what really happened. ("Someone has to tell it !!!)

Before we get into that, a few important messages from our sponsor:

1. Thursday 24th of January, 1985 - Interclub twilight meeting. Begins at 5.45p.m. at Doncaster. Programme 1. Lifts available form Callantina/Glenferrie Roads no later than 4.45 p.m.
2. Chicken and Champagne Dinner after Interclub on Thursday (i.e. approx. 9.00 p.m. B.Y.O. Chicken to Rob Catherall's Place, 34 Parlington Street, Canterbury. "Straight up the Driveway, DON'T go to the front door, let me do it right for you"!!!)
3. NO INTERCLUB ON SATURDAY 26th OF JANUARY!!!!
4. Rick Dillon has two baby pussies to give away to any one who can offer them a good home etc. there is also another litter on the way, and if previous results are any indication they will be extra cute. The two which are now available are pure white male, and a pure black male.
5. Editorial Staff:  
Editor in Chief: Peter Thompson because he supplied the wigwam to be creative in!!! and Dear Dorothy Columnist.  
Intergalactic Corredpondant: Robin Banks, for her amazing ability to descipher the ramblings of one Steve Worrel, planet of origin unknown; and typist extroadinaire.  
Anne Edwards: Finance and travel editor, stock (that is as in Solo man type stock) exchange advisor.  
And our own Jimmy Olsen and sports reporter: David Edwards.

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7.

ANY PORT IN A STORM  
 or a brown muscat will do ... or a  
 sherry at a pinch .....

YES, PORTSEA IS ON AGAIN !!!

Sun, surf, sea, sand fights, sartorial splendour, Strauss waltzes, silliness, slumbering, sauntering, s????ing on the opposition.

It's all there waiting for you on Sunday the 3rd of March Great family day!! B.B.Q. Lunch on the foreshore at the Portsea Officers Cadet School, a quick sprint through the mine field for some athletics endeavours (against the cadets, Old Xavs, and Old Melbournians) rounded off with a frolic in the surf (H.M.A.S. Melbourne/Polly Woodside will be on stand by to rescue anybody in danger of being turned into flotsam and jetsam)(or officer cadets) more details in later newsletters!!!

(Magnum has just finished - yes its 7.30 p.m. on a Saturday night and we are here, slaving over a hot type writer bringing the news to you as it happens "another piece of pizza please, Pete". Meanwhile, former editor, Kumps Smith is at a B.B.Q. doing some germ warfare experiments.)

I know a man who raced pigeons for 25 years and didn't beat them once.

#### CHRISTMAS BREAK-UP

What a night! What a venue! And with a players cumfurt reading of XOS, everybody was ready to get down and then get back up again.

The Cossar family provided a marvelous venue (rankin with the famous GABBA for players cumfurt) with pool, B.B.Q. kitchen en suite with walk in robes, pool room and t-q-t.

"Great Spot ... have a beer ... Nicks very active tonight Terry ... Mr Cossars lit the barby ... bang on some snags ... do you think 17 loaves of bread are enough Anne? ... where's Hooley? ... does Nick float in the bath with a blue face, like he does in the pool, Terry? ... there's lots of smoke in here, - get Terry in here so we can get some hot air moving out... isn't the Evans family cute ... I wonder what Hooley's doing ... down at Wilsons Prom. with all those girls ??? well he's taken his manual... here comes Ozzie and his girl friend (I think) ... left the missus at home again Pres- doesn't she like being seen out with you? ... who's the spunk with smitho? can I take her home... I think she's blind. Why, . To go out with him, Yeah, and she hasn't let go of him since they arrived.

And now, the inaugural trivial pursuit championship with answers to questions like "what were the five opening words on Ben Casey" we had in answer - "open wide and say aash" or "how much can you afford?". Some club members thought that the longest non-mechanical race was "Girl chasing." After an epic struggle over five rounds with the o'Halloran family taking an early lead closely folowed by the Dillon, Smith and attachments team (with all their answers in braille); but finally the heavy waight team of Guy Bennett, Haydn Pound, Mark Purvis, James Barber and Nuke Nugent limped home to a resounding three point victory, congratulations and we hope you enjoy the film.

Then, the highlight (and for some the lowlight) of the evening was the raffle draw. With Mrs. Cossar sen., the most beautiful barrel girl ever associated with the club, 813 2925 any time, doing the honours, who could doubt the outcome of this draw, or that it could be anything but unquestionable, was it mere coincidence that the winner of the draw, Dr James Sartain, happened to live with the organiser of the raffle. Was it mere

coincidence that in the week preceding the draw the rent for said doctors remote control colour television went up ten dollars a month, was it mere coincidence that the landlord told said doctor s that they were to pay for the rent of said television, . It was.

And why did James buy the raffle ticket?????!!!!

ONCE UPON A TIME ....

Once upon a time, many years ago, in a very distant land, there lived three friends. They had a nice little house in a quiet little village, with a pretty garden by the river. Two of the friends were knights to the king who lived in a big castle on top of the near-by mountain, overlooking the village. The other was a fair maiden with golden locks of hair, who stole the hearts of all the young men in the village.

One of the knights was a good (k)night who spent his time doing good deeds for the willagers when he was no away defend- ing the little kingdom. The other knight was a bad, lazy knight who chased the young girls in the village and slept all the day. But the two knights were still good friends and together the three of them had a happy household.

One day it came to pass that the bad knight fell deeply in love with one of the villages prettiest young maidens and wished to visit her. He wished to take a small charm with him so that the romance may be blessed with good luck, however, when searching for his good luck charm, he could not find any in the pockets of his suit of armour. Anxiously he turned to the good knight and asked if he could borrow a good luck charm for the evening. The good knight said "Yes, but only if you do a good deed in payment for this favour". So the bad knight did a very little good deed then took the good luck charm and went to visit the maiden.

As fate should have it, the fairy godmother of th kingdom look looked down on the village at that particular moment and saw the bad knight doing the good deed. Now it is the fairy godmothers job to reward people to reward these sort of things, and has she has a lot of ground to cover she can only go by what she sees. She decided to reward the bad knight with a new colour remote control stallion and a fine saddle, then she dashed away to another part of the kingdom.

Moral to the story: Once a king always a king, once a (k)night wins a colour T.V.

\*\*\*\* \*\*\*\*\* \*\*\*\*\* \*\*\*\*\* \*\*\*\*\* \*\*\*\*

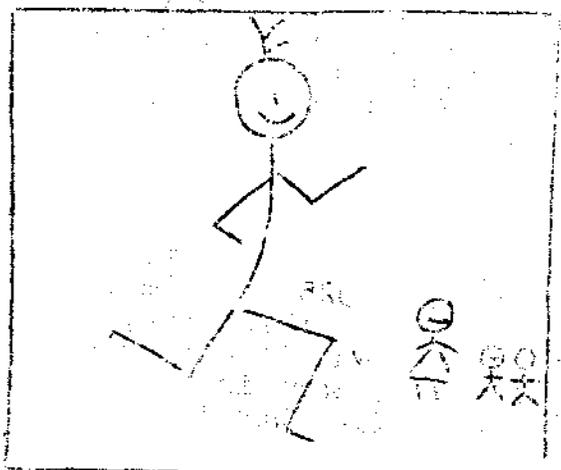
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Ewan Wilson, running for O.S.C. A.C. won the State 10 000 metre title in devastating style on Tuesday night.

EWEN WILSON WINS  
STATE 10K TITLE

Ewan ran 28.57 (approx) break- ing the old club record by over a minute.

Ewan was heard to utter after winning the event "Just wait for the World Cup in Canberra" but declined to say why we should wait.



EWAN ON TUES NIGHT, KAREN & kids in back- ground

A,B,C, ....Z TEAM REPORT

As I sit down to write this report, the typist asks for the stencil corrector yet again, which comes in a little bottle with red liquid inside with a small attached to the lid. Thommo informs me that it really is corrector and not Nail polish,. But I am confused because it has got "CUTEX" written on the side, and when I ask Thommo about this, why did he rush the little bottle of to his bedside table draw. Maybe he was doing James' toenails when we arrived.

Back to busy-ness. The day started off with Jon Holmes. Not content to walk alone in the lower grades, he catapulted himself to A grade to qualify in 16.19. Brian Trower did 3 events today, warmup 800 metres, and warm down. The warm up and warm down both earned ten out of ten for style and grace and the 800 metres scored 2:04. Brian was the only athlete to score in B grade. Is there some social stigma attached to competing in B grade? Dave Edwards and Al Meyer competed in pedestrian 200's. O'Cochran, O'Catherall and O'Hooley had a tremendous 800 metres race with O'Cochrane coming second, O'Hooley dead at the end of the pack and O'Catherall complaining "I was only a yard behind, I'll just make up my own time". O'Hooley was later exhumed to run in the relay. Dick Dillon and Richard Piesse proved that age is no barrier and beat the young Sun Sartain in the 800. Rick and Yakka might not be there on Thursday as their pace-maker batteries will probably need recharging. David Edwards D.K.Q'D in three events and then had to leave early in case he was asked to do a relay and score some points.

A grade seemed to lack the depth and girth that Mike "Mumps" Smith provides. As you know, Mike has lumps and while there is no inflammation around his neck area, we have it on good authority keeping his legs together. Apparently work is no trouble if you re-arrange oneself before you sit down.

Anyway Jackie (Mike's girlfriend) promises to be gentle.

The members stand provided the continuity of support so badly need by the weary runner as he transverses the triumphs and tragedies (or as spelt in report by anonymous correspondent - tragides). An Edwards whose ESPRIT jumper seems to lack a D to describe the failures of life. Robin Banks, whose raison d'etre is to eat all the team sweets before any of the athletes ~~egg~~ can get to them. "Well we wouldn't want anyone to get sick"

The surprise appearance of Robin Cochrane, Kathy Evans, and Michelle stirred excitement in the hearts of our grand team. And finally the object that An Edwards bought along, which Robbo O'Catherall thought was an instrument of masochism, turned out to be merely a chair.

U-18 TEAM REPORT

Big turn out!!! (one person) - yes thats right, but don't worry I did my best. \*

He ran a 3000 metres in a big 9.40 (=PB) (yeah Steve (ed)) (and came second - well done, (salami on rye)).

Then, as if that wasn't enough he jumped 1 metre 40 in the high jump comin a magnificent 1st (against huge opposition) so all in all it was a great effort by Steve (Mr Modesty) (the push-bike kid) Worrell.

Well Done Captain.

Twilight MEET THIS THURSDAY - LIFTS AVAILABLE AT @.45 FROM SCOTCH. NO LATER 'CAUSE IT'S A LONG WALK.

A-GRADE RESULTS

Final Results:

Donc. 75 OS. 41, O.K. 27

3000m Walk	J. Holmes	16:19	(P.B. by 1.48)
200 m	A. Meyer	D.N.Q.	
	D. Edwards	D.N.Q.	
Long Jump	D. Edwards	D.N.Q.	
800 m	A. Cochrane	1:59.3	
	R. Catherall	1:59.6	
	R. Hooley	2:07	
110m Hurdles	A. Meyer	1st	
5000m	A. Cochrane	15:37	(running easily)
4 x 200 Relay	1 Catherall	2nd	
	2 Meyer		
	3 Hooley		
	4 Thommo		

B-GRADE RESULTS

Final Result:

St. K. 1st, Donc. 2nd, O.S. 3rd

800 m	B. Trower	2:04
Javelin	D. Edwards	D.N.Q.

D-GRADE RESULTS

Final Results:

O.S. 30, Vets 2 13.

200 m	R. Dillon	25.3
800 m	R. Dillon	2:10.4
	R. Piesse	2:13
	J. Sartain	2:13
3000 m	R. Piesse	10:28

U-18 RESULTS

Final Results:

O.S. 26, B.H. 24.

3000 m	S. Worrell	9:46
H.J.	ditto	1.40 metres

U-16 RESULTS

300 m hurdles	J. Shuravetsky	48.9
L.J.	ditto	4.07 metres
Discus	dotti	36.58 metres
800 m	D. Lepper	2:17
3000 m	A. Boag	9:32.4 RECORD!!!!!!

U-13 RESULTS

Final Results:

Donc. 88, D.V. 76, O.S. 13.

H.J.	P. Banks	1.45 metres
Discus	ditto	29.16 RECORD
Shot Putt	ditto	11.34 RECORD
Javelin	the same	29.02 metres
L.J.	again	4.02 metres

REMEMBER THE TWILIGHT MEETING  
 THURSDAY 4th JAN AT DONCASTER