

OLD SCOTCH C.A.A.C. NEWSHEET

Registered for Posting as a periodical Category B Price 10 cents

SUMMER NEWSHEET No 2.

11 October 1980

FIRST ROUND OF INTER-CLUB FOR B,C,D GRADES IS THIS SAT. 18th Oct.

Yes. Track season starts this week at Box Hill for our Senior teams (not A Reserve). B,C,D Grades compete on 25th Oct. at Box Hill. There is no Interclub on 1st. Nov.. On 8th Nov. all Old Scotch teams (A Reserve, B,C,D, U17, U16, U15, U14, U13) will compete at Olympic Park.

If you are still unfinancial (hence not Registered) Bruce Hooley would be delighted to receive your subscriptions (\$22 - Seniors, \$15 - U20, \$15 - Social)

Please send to 9 Lansell Cres. Camberwell. 3124.

HELP

1. This is an urgent and sincere plea for people (= friends, neighbours, injured athletes etc.) to act as our Club Officials on 18th and 25th October at the Box Hill track. Time of duty is 1-15pm to 4-00pm (with breaks). Old Scotch must provide 6 Officials each Saturday. The penalty is 15% loss of points for each Official not provided. If you, or someone you know can help, please ring Phil Parton (830-1596) as soon as possible.
2. We also require a Newsheet Editorial and Publishing Staff. If you would like /be prepared to help with the production of our 'Lifeline', 'The Newsheet', again please contact Phil.

Remember our uniform is red singlet with OS badge and red shorts. If you are Registered but do not have your Reg. number, it will be available at the track (Hagenauer's Reserve, Elgar Rd. Box Hill) on Saturday. Club Handbooks will also be available.

AROUND THE TRACKS.

Training is being held Sunday morning 10-00am. Olympic Park for sprinters and Tuesday 6-00pm. and Thursday 5-15pm. Olympic Park. All Welcome.

The APS United Club is formed and will compete in A Reserve. It can draw on athletes from Old Scotch, Old Xaverians, Old Carey, and St. Kevs. This will greatly benefit our top athletes. Note that we do not 'lose' any of our athletes - they all remain first claim Old Scotch members. The APS United's first venture on the track was a great success. Ten runners tackled the Australian 12 Hour Relay record around the Box Hill track and set a new record of 236 km (old record was 227km). Old Scotch runners were Ewen Wilson, Andrew Aitken, John Cormack, Graham Wise, Stu Facey, and Ross Hooley. Congratulations to all, particularly organisers Dave Edwards, Ross and Stuart.

If this Newsheet reaches you on Tuesday 14th Oct. note that there is a PE meeting at Olympic Park at 6pm tonight (14th Oct)

The Club 800m Handicap at Scotch on Oct. 4th was thrilling. 27 starters and in a blanket finish Rob Catherall got up by a whisker to knock off Peter Wirth and John Thorpe. John Cormack finished a fast 4th with Dave Ham just behind.

Many of the schoolboys are showing very good early season form. Alister Hill has vaulted 3.35m to smash the school pole record, while fellow U17 400m runners Neil Louis and Jamie McMillan are turning out personal bests. Distance runners Alan Pearn-Wannan, Stuart Hamilton and Jamie Serle are looking in excellent form.

A big WELCOME to new Summer runners Gary Wall, John Goodwin and Raoul Stewardson. (all distance runners). Good luck during the season.

TEAMS FOR SAT. 18th OCT AT BOX HILL.

B Grade v SSH
 Capt. Al McLeish (20-6541)

C. Grade v Ivanhoe v O. Carey
 Contact G. Evans (818-5755)

1-00 Hammer ??	1-00
1-00 3000m Walk. I. Handasyde, R. Gabb	3000m Walk. P. Findlay, P. Wirth.
1-15 100m D. Edwards, W. McAuley.	1-15 100m. M. Smith, G. Evans,
	P. Barton.
1-45 High Jump. M. McFarlane	1-45 1500m. J. Cormack, S. Facey,
1-45 1500m. E. Wilson, A. Cochrane,	T. Oehr.
	2-00 Discus. A. McLeish.
	2-15 Triple Jump. A. Tingate.
1-45 Triple Jump. M. Smith	2-30 High Jump. M. Smith (S. Fare)
2-30 Discus. ??	2-30 110H J. Thorpe, D. Ward,
2-30 110H I. Handasyde, M. Smith	3-15 4x100 Evans, Barton, Ward,
2-45 Pole M. Latimer.	Tingate.
3-15 4x100. 100m plus Smith.	3-30 Pole ??
3-30 Shot. ??	4-00 Shot S. Hare.
3-50 Steeple. C. Aitken, A. Cochrane.	4-05 Steeple. J. Mollard (J. Cormack)
4-15 Javelin. D. Edwards. (M. Latimer)	4-30 400m. M. Tapp, J. Thorpe,
4-30 400m. R. Hooley, G. Evans, E. Wilson	A. McLeish.

D Grade v Monash v SSH
 Contact S. Facey (369-8553)

1-15 100m. from D. Ward, H. MacLean, N. Tapp, J. Thorpe, A. Tingate.
 1-20 1500m Walk. ??
 1-45 1500m. From J. Mollard, R. Catherall, N. Tapp, R. Werner, J. McCready, D. Evans
 2-00 Discus. G. Evans
 2-30 High Jump H. MacLean or A. Tingate.
 2-30 110H G. Evans, H. MacLean.
 3-15 4x100 MacLean, Tapp, Thorpe, Stoyles.
 3-15 Triple H. MacLean
 4-00 Shot D. Edwards.
 4-20 2000m Steeple R. Werner, C. Findlay.
 4-30 400m A. Tingate, R. Stovles, M. Latimer.

 If you are registered, available but not selected please contact one of the captains and turn up early at Box Hill. You will get a run."

If you are unavailable you must contact your team captain as soon as possible.

We need as many people as possible turning up on Saturdays for our first two rounds -- the 18th and 25th October

PLEASE COMMUNICATE. PLEASE PARTICIPATE.

OLD SCOTCH C.R.A.C. NEWSLET

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SUMMER NEWSLET No. 3

20 October 1980

Well, we are off to a good start; the first round of inter-club competitions held last Saturday, netted us two very convincing wins in C and D Grades even though the B Grade team was defeated. The final scores were as follows:

D GRADE		C GRADE		B GRADE	
C.S.	69	C.S.	85	C.S.	51
*St Stephens Warriors	46	Ivanhoe	33	*S.S.H.	83
Monash	0	C.Carey	0		

CONGRATULATIONS: Mike Smith, winner of four events is the

"ATHLETE OF THE WEEK."

ATTENTION! Bruce Hooley would love to hear from all you unfinancial (unregistered) athletes, so send your subs. (\$22 - Seniors, \$15 - U20 and social) to:
9 Mansell Cres. Camberwell, 3124.

*** B, C, and D Grades compete this coming Saturday, Oct 25th again at Box Hill. There is no interclub on 1st Nov., but the following week ALL Old Scotch teams (A Res, B, C, D, U17, U16, U15, U14, U13) will compete at Olympic Park.

TEAMS FOR SAT 25th OCT at BOX HILL.

B Grade vs *Kew C.
Capt. Al. McLeish(20-6541)

1-00 Hammer
1-00 400M Ham, Hodges.
1-00 1500m walk I. Mandasyde, Gaba.
1-30 200m McAuley, Smith, Mitchell.
1-45 High Jump Smith.
2-00 Discus
~~2-00~~
2-15 Long Jump Ham.
2-30 Pole Latimer.
2-30 800m Wilson, Tapp, Cathersall.
3-00 Javelin Edwards.
3-30 4x200
4-00 110M Smith, Ham.
4-00 Shot
4-15 5000m Wilson, Oehr, Conrack.

C Grade vs Mon vs O. Kew.
Capt. G. Evans(838-5755)

1-00 Hammer
1-00 400M Ward, Latimer.
1-00 1500m Walk Wirth, Hindlay.
1-30 200m Barton, McLeish, Edwards.
2-00 Pole Hodges.
2-00 Shot Ware.
2-30 800m Tingate, Stoyles, Wise.
2-45 Long Jump Smith.
3-15 High Jump Tingate.
3-30 Javelin Latimer.
4-00 110M Hodges, Mandasyde.
4-15 5000 Wise Facey C Aitken

D Grade vs Kew C. vs Box Hill 1.
Capt. S. Facey(568-6553)

RE! 1) Red singlet, and red shorts.
2) Reg. No.s at the Track.

MANAGER'S RESERVE, MIGNAR ROAD.
BOX HILL.

3) Club Handbooks available also.
4) SIX officials who could come on Sat 25th to please ring Phil Barton (830-1596) as soon as possible.

1-00 Hammer
1-00 400M Stoyles.
1-30 200m Tingate, Ward, Tapp.
em: Polacs.
2-00 Shot Edwards.
2-30 800m McCready, Wirth, Holmes.
em: Facey
3-15 High Jump Edwards, (McLean)
3-30 4x200
3-30 Javelin McLeish.
4-00 110M Ward, McLean.
4-15 Long Jump McLean.
4-15 5000m Wanner, Hindlay.

If you are registered, available but not selected PLEASE contact one of the captains and turn up early at Box Hill. You will get a run..!

If you are unavailable you MUST contact your team captain as soon as possible.

Turn out for a run this Saturday, remember your PARTICIPATION is your GAIN as well as ours.

For the interested spectator the Pacific Games Conference Trials are to be held on 27, 28 & 29 December in Dunedin at the Bruce Stadium. The club could have one starter - Mal McFarlane who has indicated the possibility that he "might give it a go" in the 100m.

ABSTRACT OF THE WEEK:

This week it goes to James Flowers for breaking ~~11.11~~ the U13 100m record, clipping 0.2 sec off the previous U13 sprint record, on top of running the last leg of the victorious U13 4x100.

An article that has been brought to the editor attention concerning the present financial, constitutional administrative and communicative situation of the club. By decision of the committee it has been decided that unless notification is received from such concerned members only one news sheet shall be sent to each household i.e., we don't want to double up on expense when we don't feel it is necessary. Complaints concerning this contentious issue will be fairly fought out with committee members this Saturday at Box Hill.

You may have noticed your team report missing, this is due to new committee policy. Only team reports of literary merit will be printed i.e. we want more than just a wash of the results.

2 GRADE:

It really becomes so depressing when team members listed in the newsheet do not turn up... let alone ring up someone to inform them of their unavailability. Hence, results; no competitors in hammer, discus, pole vault, shot, 3000m steeple and javelin; and that meant to be our TOP TEAM. Sure we do have difficulties in finding qualified competitors!

1500m walk Thorpe 2nd. 15.25.9, Bruce Moore was 32d. 16.38.2. 100m McQuilkin 3-rd in 14.7, Smith 5th in 11.8, Edwards 6th 12.0. 1500m Aitken 4.12, Watson 5th in 4.19. 110 Hurdles Hodges 3rd in 18.7. Flying 4x100m relay consisting of Tapp, Waters, Smith and Mc Leish came 2nd. 1000m steeple no starters. 400m Rog Tallent 2nd in 50.9, Nic Tapp 4th in 51.6, Aitken 5th in 51.8, both P.B.'s. Total Scores: O.S 47 BH1 105

Footnote:

Anyone turning up next week will get a run, picked or not due to the undesirable high absentee rate experienced lately.

1 grade :

Great effort. Shocking attendance AGAIN. "Where are you fellows? Please turn up. Distance runners sprinted as well as doing the long stuff. P.s The phone no. still 207 127 for all "excuses".

100m Aitken 12.9, Handasyde 13.8, Thorpe 5th 14.3.

1500m ????????

1500m Werner 5:17

110H Evans 18.8, Russell 22.0

1x100 Handasyde, Hooley, Evans, Hodges 1st

Shot Russell 2nd

Scores: O.S 96

Ivan. 55

Mon. 18

2000stple Handasyde 7:17, C.Findlay 7:30

100m Hooley 54.8, Barton 60.5, Werner 63.1

3 Grade: here the hell is it? Scores: O.S 81 Ivan. 43 Croy. 87

17:

Once again, the amazingly outstanding U17 team thrashed their opposition BH1. by 1 point. The day started well with the team captain Terry Tingate thrashing the opposition in the 1500 walk (his competitor failed to turn up); obviously terrified by the sight of a red tee shirt). Then, in the 100m, the 3 speed champions, McMillan, Myer and Louis, finished 1st, 2nd and 3rd. not bad eh? Meanwhile, our star of the field event, Edmondson won the hammer, shot and javelin! Unbelievable? As for the fast 4x1 team on the track this week we decided to let the others have a chance, so Trev started off by running backwards, Neil did cartwheels, Al Myer performed acrobatics and little Jamie rolled home! Unfortunately we were disqualified, as Neil's cartwheels were incorrectly executed, bummer eh. (still first on the road). The rest of the afternoon was hampered by lazy guys chacking off to parties, dog walking, listen Thommo, Al Hill, Jamie etc. what is more fun... a party or an afternoon at Box Hill. 400's had started so we must depart.

ed. footnote some of the better performances were: Raoul Stewardson 1500 in 4.30 not Louis's 100, Edmondson hammer 29.44 P.B, 1500m walk T.Tingate 8:13.6, and High Jump in 1.85m. Scores: O.S 81 BH1 41????

1000m also showing a great deal of improvement the more fit members of the club
 1000m jumped and ran. There was a mixed bag of results from last Saturday afternoon.
 In the women's group the 400, 700, 800 and 1000m were all won by considerably more
 than expected to the 400m, 700m and 800m were all won by the club and the 1000m
 was won by a team from the 1000m club. The 1000m was won by the club and the 1000m
 was won by the club and the 1000m was won by the club.

Overall results:

1000m	ladder unknown to date
400m	7th out of 8
700m	2nd out of 11
800m	7th out of 10
1000m	6th out of 8
1500m	4th out of 6
2000m	5th out of 6
3000m	9th out of 10
4000m	5th out of 6

At the end of the round 5 the ladders stand as we have printed. With the once again of
 the 1000m showing a nice going 7th all teams are in a position to take and finish
 1000m should be kept in (or over stepped up?) for the coming rounds.
 It would be a good idea to get out to improve and inspire all and sundry. The
 results of their efforts will be looked at.

<p>1000m 500m 700m 400m 700m 800m 1000m 1500m 2000m 3000m 4000m 5000m 6000m 7000m 8000m 9000m 10000m 11000m 12000m 13000m 14000m 15000m 16000m 17000m 18000m 19000m 20000m 21000m 22000m 23000m 24000m 25000m 26000m 27000m 28000m 29000m 30000m 31000m 32000m 33000m 34000m 35000m 36000m 37000m 38000m 39000m 40000m 41000m 42000m 43000m 44000m 45000m 46000m 47000m 48000m 49000m 50000m</p>	<p>1000m 500m 700m 400m 700m 800m 1000m 1500m 2000m 3000m 4000m 5000m 6000m 7000m 8000m 9000m 10000m 11000m 12000m 13000m 14000m 15000m 16000m 17000m 18000m 19000m 20000m 21000m 22000m 23000m 24000m 25000m 26000m 27000m 28000m 29000m 30000m 31000m 32000m 33000m 34000m 35000m 36000m 37000m 38000m 39000m 40000m 41000m 42000m 43000m 44000m 45000m 46000m 47000m 48000m 49000m 50000m</p>
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It is hoped by other clubs that the club officials have given the
 club a good start in the 1000m of the keen fit and even more
 1000m should be kept in (or over stepped up?) for the coming rounds.

1000m 500m 700m
 400m 700m 800m
 1000m 1500m 2000m
 3000m 4000m 5000m
 6000m 7000m 8000m
 9000m 10000m 11000m
 12000m 13000m 14000m
 15000m 16000m 17000m
 18000m 19000m 20000m
 21000m 22000m 23000m
 24000m 25000m 26000m
 27000m 28000m 29000m
 30000m 31000m 32000m
 33000m 34000m 35000m
 36000m 37000m 38000m
 39000m 40000m 41000m
 42000m 43000m 44000m
 45000m 46000m 47000m
 48000m 49000m 50000m

The club has started with a view to arranged for a coaching for all grades and
 officials and also for the A.P.S clubs. To make the event a success, we are
 interested in the club officials in running the event of your choice and to enable the
 officials of the club to get to know all about us.

It is hoped by other clubs that the club officials have given the
 club a good start in the 1000m of the keen fit and even more
 1000m should be kept in (or over stepped up?) for the coming rounds.

1000m 500m 700m
 400m 700m 800m
 1000m 1500m 2000m
 3000m 4000m 5000m
 6000m 7000m 8000m
 9000m 10000m 11000m
 12000m 13000m 14000m
 15000m 16000m 17000m
 18000m 19000m 20000m
 21000m 22000m 23000m
 24000m 25000m 26000m
 27000m 28000m 29000m
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 36000m 37000m 38000m
 39000m 40000m 41000m
 42000m 43000m 44000m
 45000m 46000m 47000m
 48000m 49000m 50000m

1000m 500m 700m
 400m 700m 800m
 1000m 1500m 2000m
 3000m 4000m 5000m
 6000m 7000m 8000m
 9000m 10000m 11000m
 12000m 13000m 14000m
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OLD SCOTCH COLLEGE AMATEUR ATHLETICS CLUB NEWSHEET

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Well here we all are for yet another weeks edition of the great, the wonderful, the sutchacolossalloadofwritingyoueversaw! Oh well, so much for introductions. TO BEGIN:

D Grade Results from 25/10 at Box Hill (Round 2)

200m R. Stoyles.
800m S. Facey, 3rd 2.12.4; D.Ward 6th; J.McCready 7th.
High Jump D.Edwards 1.6m
4x200 Watson, Latimer, Hodges, R.Werner.
110H Latimer, 19.6.
Long Jump Tingate, 5.25m.
5000m Marx 16.16; Findlay 16.33.

C Grade Results

400H Hodges 2nd, 63.6; Latimer 3rd 72.4.
200m Tapp 1st 24.3; Ward 3rd 25.1(PB); Tingate 4th 25.2.
Pole Vault Hodges 1st 2.7m.
800m Wise 2.04.8; Tingate 2.09.6; Stoyles 2.20.0; Carter(INVITLQ) 2.07.6.
Long Jump Edwards 2.6m
High Jump Ward 1st 1.65m
Javelin Latimer 34.25m
5000m Facey 16.38; Aitken 16.44; Wise 17.34.

B Grade Results

1500m Walk Handasyde 9th
200m Smith 3rd (PB) 23.5; Edwards ~~At~~ 24.0; McAuley 5th 23.6.
High Jump Smith 1st 1.25m
Long Jump Smith 2nd 5.97.
800m Catherall 2.04; Watson 2.07; Tapp 2.13.
4x200m Edwards, Tapp, Smith, Ward, 1st.
110H Smith 1st 17.7; Hodges 4th 19.2
5000m Wilson 1st 14.49; Cormack 15.43; Oehr 16.04.

D Grade Overall

R.N. 1st 107
C.S. 2nd 55
K.C. 3rd 28

C Grade Overall

O.S. 1st 114
MON 2nd 38
O.X. 3rd 26

B Grade Overall

O.S. 53
K.Camb 66

VALE - JUDY EDWARDS

The Club has been shocked and saddened by the passing away of Judy Edwards.

Judy's contact began five years ago when David joined the Club as a Junior athlete. So keen and close to the Club was she that in time she became a member in her own right. Her cheerful presence both at competitions and at our socials made her a most popular figure. Her efficient running of the High Jump at the Box Hill venue won her the increasing admiration of the other officials.

The Club's condolences go to Harry, and Anne and David in their time of grief.

We will all miss her greatly.

Phillip Barton
(President)

O.S.C.A.A.C. NEWS-SHEET

Considering we are only into the third week of the new season the Vice- President of Track and Field, and others (including AM the ED) would like to extend a warm (what in Feb?) welcome to the newest members in the Club.

Into the OPEN team we say Hi to: Gary Wall; John Goodwin; Giles Ellingworth; and Michael Carter, a transferee from Sandringham.

For the U16's we present Raoul Stewardson; and the U15's receive Anthony Glencin; Charles Berry; David Carra; and Scott McGuinness.

The U14's welcome two into their fold: Angus Macmillan; and Scott ~~McNeil~~ (Oops sorry) Neilson. And the last of the newcomers star such names as: Tim Collyer; Nyles Davies; Jackie Fraser-Smith; Philip Fernan; Russell Kilroe-Smith; Andrew Maxwell; Peter Montgomery; Cameron Sikes; William Tuckfield; and Jonathon West; in the U13's!
TO ALL, THE BEST OF LUCK!

YIP, SOME MORE GOOD NEWS

At the Combined Sports Finals held on Sat Oct 25th at Olympic Park, two of our lads gained very good places. They were:
S. Hauser - 2nd U19 400m Hurdles (59.2) and
A. Hill - 3rd U17 Pole Vault (3.15m) CONGRATULATIONS BOTH

*** ALL MEETS FOR SAT 2th NOV. AT OLYMPIC PARK ***

1st Race commences at 12:30 H.
1st RESERVE - A.A.S. U17LD TEAM v Essendon v Collingw'd v B.H.

For problems, contact: A. Fooley (29-7135) or G. Evans (848-5755)

- 12:30 400M R. Callanan, P. Griffin
- 13:49 1500WALK J. PROUL, S. Bourke
- 14:10 200M G. Chambers, J. Dooley, G. Hilliard
- 1:45 HIGH JUMP M. MACFARLANE
- 2:00 DISCUS -----
- 2:10 LONG JUMP P. Griffin
- 2:15 800M B. Saddington, P. Schlicht, D. Walker
- 2:30 POLE VAULT -----
- 1:00 JAVELIN -----
- 2:30 4x200M Chambers, Dooley, HILLIARD, Ryan
- 2:00 SECT JUMP C. Soema
- 2:15 110M P. Griffin, D. HAN
- 2:30 5000M E. WILSON, J. CORROCK, S. DeCastella

Grade v Box Hill 2 G: v SSH v Eye
MacLeish (20-6541) Pete Thompson

- 2-30 40 H S. Hauser, R. Hodges. D. Ward, M. Latimer
 - 2-49 1500W I. Mandasyde, R. Gabb P. Findlay, B. Moore
 - 1-15 Hammer -
 - 1-45 Pole M. Latimer R. Hodges
 - 2-30 800M A. Aitken, R. Fooley, S. Hauser G. Wise, Catherall, J. Serle
 - 2-45 Long D. Hill (R. Tallent)
 - 2-30 4x200 McQuilken, Smith, McAuley, McLeish, Mitchell, McLennan,
 - 2-30 Javelin D. Edwards (Edwards) (Edwards)
 - 1-30 High ----- -D. Ward
 - 2-45 Shot ----- -I. Munro
 - 1-00 High H. Smith
 - 1-00 Long ----- -I. Smith
 - 1-00 Javelin ----- -I. Munro
 - 1-15 110M H. Smith, P. Hodges T. McLennan, I. Mandasyde
 - 1-50 5000M T. Cochr, J. Park, S. Eacey. G. Wise, G. Wall, (A. Carter) & A
- RESERVE:
- 1-10 200M McQuilken, Smith, McAuley. Edwards, McLeish, Mitchell
 - 2-30 Discus I. Munro

- 3/ Your registration numbers can be collected at the track if you have not got it already.
- 4/ Each team must supply one official each week; so parents and friends are urged to join in the Clubs activities.
- 5/ The O.S. Handbook is available each week at the days venue- free if subs paid.

COME ONE COME ALL

FB meet (your own Personal Best) Thurs 13th Nov. 6PM
-Olympic Park.

ADVERTISEMENT

An Old St. Kevin's athlete has brought out a new magazine on running called: 'A Australian Runner'. It is a monthly magazine and costs only \$18.00 for twelve issues. If you are interested in purchasing a copy/ or copies, write to or send your subscription to: PO Box 396, South Yarra, 3141.

OLD SCOTCH COLLEGE AMATEUR ATHLETICS CLUB

NEWS SHEET

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Wait; stop, don't move. No, no it can't be; but yes, you're right, it IS! Yes another boring issue of the racing rag that doesn't pay dividends. Well, only of the fame and glory type. YAWN - ED!

U13 Results from 8/11 at Olympic Park (Round 3)

1500W P.Harman 9.12.0
HIGH T.Collyer 1st 1.4a
SHOT J.West 1st 9.56m (NEW RECORD)
200m Flowers 1st 27.0 (NEW RECORD)(P.B.)
West 3rd 29.2
Davies 2nd 28.1
DISCUS Tuckfield 1st 13.68m
800m Collyer 1st 2.32.2; West 2nd 2.37.8; Tuckfield 4th 2.40.1
LONG Flowers 2nd 4.17m
4x200m Davies; Maxwell; Harman; Montgomery; 1st 2.00.7
80m Kilroe-Smith 2nd; Fraser-Smith 4th;

OVERALL: O.S. 66 d CROYDEN 37

U14 Results

1500W Green 1st 8.21.0
HIGH Tingate 2nd 1.45m
SHOT Hill 9.70m
200m Kiss 2nd 26.4; Neilson 4th 27.6; Cresswell 6th 29.7;
800m McMillan 2.28.0; Green 2.28.6 (PB); Briscoe 2.38.0;
LONG Neilson 5.10m
4x200m Kiss; Neilson; Cresswell; Montgomery; 2nd 1.53.3
80m Hill 3rd 16.4; Tingate 4th 18.0

OVERALL: BOX HILL 1 66 d O.S. 37

U15 Team Report

Yes, fellow macho apprentices, it is the beginning of yet another athletic season full of photo-finishes, glucose, sunburn, adrenalin and the glamour of winning! Well, sometimes.

Our opening athlete was Angus McMillan who ran 2nd in the 1500m Walk. Cossar (closely resembling a red kangaroo) won the Long Jump with a 'Personal Best' of 5.42m. Boris (stroganoff?) Burnham 'DISCUS-ED' himself a 2nd place with a (PB), 22.10m throw. In the 200m Bryce came 2nd with a time of 24.8, whilst Cossar came 5th with a time of 26.3. 'Chuck' Berry had however managed a time of 26.3 also and this earned him a PB placing of 4th. PB: the idea is to get there first Chuck.

In the 800m, Berry 3rd ran a time of 2.17.6(PB), followed by Burnham 5th, with 2.22.0(PB). Unfortunately, David Carra had a cold on the day and could only manage a time of 2.24.0. WE KNOW YOU CAN ONLY IMAGINE- GOOD FURTHER!

Luckily for us, the record for the High Jump was shattered with a leap of 1.75m by Master Burnham (what again?) making it his 3rd 'PB' for the day. Bryce put the putt ?? 11.13m in front of himself; (better there than through a roof - ED!)

In the 4x200m, the teamwork of Berry, Bryce, Fraser-Smith, and Nolan broke yet another record for the day, with a time of 1.41.8mins to end with, Burnham won the 100m Hurdles with a time of 18.0mins with Frew following a close 2nd with a time of 18.1mins. A busy day had by all.

OVERALL: BOX HILL 1 60 d O.S. 52

FOOTNOTE U15's : It just doesn't seem fair to work that hard all day and then come last. But remember, ENJOYMENT is vital, winning is just a sidekick! ED. .../2

O.S.C. & C. RESULTS

U16 Results BOX HILL 1 59 & O.S. 13

U17 Team Report

The U17 team started the season with an outstanding win against Box Hill 2 who virtually failed to turn up. However, we did manage to gain an insight into the great potential that our team possesses. Fine champions such as Jamie MacMillan, Alister Hill, Jeff Thompson, and the great, brilliantly fantastic, captain Tiny (Trev?) Tingatch! (who does he think he's kidding?) will be even more strongly backed up by the outstanding athletes: Alister Unget? and Andrew Edmonson who join the team next week. With the team snapping up to win that flag that was snatched from us last season, after we got Alan Fearn-wannan back from the injured list, our goal for 1980-81 is, or seems, within our grasp.

OVERALL: O.S. 57 & S.H. 29

D GRADE Results

200m McLeish 1st 24.9; Ward 2nd 26.8; Ham 25.0
 400m Tapp 1st 2.08.3; Facey 4th 2.14.7; Jorner 7th 2.32.3.

HIGH

4x200m Ward; Hooley, Pitken, Russell, 1st

110H Ward 1st 19.1; Russell 2nd 19.5

5000m Wall 17.4; Findlay 18.3

OVERALL : IVLGRUB 76 & O.S. 67 and CROYDEB 42

C GRADE Report

Poor old Tim McLennan, first runner of the season and beaten by JAMES RUSSELL! Will Tim ever live it down? (By the way, Tim /sorry James beat Tim in the 400 Hurdles also; Tim's time 66.0, James' 63.0). Bruce Moore came second in the 1500m Walk in 7.59.4 and Peter Wirth came third in 9.06.0, which is a very good performance by Pete when you consider that Bruce is twice his age!! Once again the sprinter's were triumphant, with Edwards first 24.4, Tapp second 24.5, McLennan third 24.6 after an uneventful surge at the 120m mark. The half mile showed the young generation (Trev. Christensen 2.09.4) beating the older generation Graham Wise, but I have a feeling that Graham will avenge this defeat as I know he can. Edwards 1st (5.56m) in the long jump; Ward flying over the bar in the High jump, and Relay of W. p, McLeish, Ham and Jansen triumphant (that means Firts/or 1st). Edwards and McLennan chickened out of the Hurdles; no Jay; no Shot; and no Pole and in the 50m; well, did you see Ian Macanasyde go? Oh, I didn't and Ian wouldn't tell me his time. Anyhow it seems we defeated SSN! 103 to 71.

B GRADE Results

400H Jansen 1st 60.8; Ham 2nd 61.3
 200m Smith 3rd 23.9; McQuilken 5th 24.3; Hooley 6th 24.6

400m Hooley 2nd 2.00.2; Pitken 3rd 2.01.6; Gatherall 5th

Javelin Edwards 38.89

4x200 Hooley, McQuilkin, Edwards, McLennan, 2nd

5000m Ochr 15.36; Pitken 16.40; Gatherall 16.44

OVERALL : O.S. 53 to B...2 53

A- RESERVE (O.S.) Results

1500m Walk Steve Bourke 1st 50.4; I. Macanasyde 5th 7.06

HIGH J. Smith 2nd 1.85m

5000m E. Wilson 1st 14.21; J. Comack 6th 15.41

OVERALL : A.A.1 (103) LPSU (145) L'DON... (94) G'WOOD (70) .../3

O.S.C.A. A.C. NEWSHEETAPS UNITED TEAM at Olympic Park

1.00 HIGH
 1.00 JAV
 1.15 3K Walk
 1.20 100m
 1.50 1500m
 2.15 Discus
 2.15 Pole
 2.30 110m Hurdles
 2.45 Triple
 3.10 3K Steeple
 3.45 Shot
 4.00 4x100m
 4.25 400m

B GRADE PROG 1

at Box Hill everyone else

1.00 3K Walk E. Moore Gabb
 1.15 100m Smith, McQuilkin, McAuley, en
 Edwards,
 1.45 1500m Cochran, Cornack, Aitken
 Triple Smith
 2.30 110H Smith, Hodges
 Discus M. Waters
 2.45 Pole Waters
 3.15 4x100 Smith, Edwards, McQuilkin, McAuley
 3.50 3K Steeple Cochran, Cornack,
 4.15 Jav. Edwards
 4.30 400m Tallent, Hauser, Evans (G)

C GRADE at Box Hill

1.00 3K Walk Findley, Wirth
 1.15 100m Edwards, McLennan, Tapp
 1.45 1500m Marx Catherall, Watson
 2.00 Disc Edwards
 2.15 Triple Ham
 2.30 110H McLennan, Edwards, ~~Wirth~~
 High Ward
 3.15 4x100m Mithcell, Tapp, McLennan, McLeish
 3.30 Pole Latimer en Hodges
 4.05 3K Steeple Farmer, Milne
 4.30 400m Tapp, Edwards, Hooley

D GRADE at Box Hill

1.15 100m McLeish, Mitchell, Waters, en:Ham
 1.45 1500m Wise, Watson, Christensen, Carter
 2.30 110H Russell, Wrad
 High Tingate
 3.15 Triple Tingate
 4x100m Waters, Ham, Hooley, ???
 4.00 Shot Russell
 4.20 2000 Steeple Findlay, Mark Smith
 4.30 400m McLeish, Stoyles, McLennan

U17 Team at Box Hill

1.20 Hammer Edmonson
 1500 Walk Tingate en Thompson
 1.45 100m Macmillan, Meyer, Louis
 2.30 1500m Thompson
 110H Meyer, Hill
 Shot Edmonson, en Tingate
 2.45 Triple Macmillan, en Meyer
 3.15 4x100m Macmillan, Meyer, Tingate,
 Hill/Louis
 3.45 Jav. Hill en Edmonson
 4.00 High Tingate en Hill
 4.20 2000m Steeple Thompson, Hill en Louis
 4.30 400m Louis, (Hill/Macmillan/Meyer)

U16 Team at Box Hill

1.15 High
 1.20 Walk
 1.30 Discus
 1.45 100m
 2.00 Pole
 2.30 1500m
 Shot
 2.45 Triple
 2.50 100H
 3.15 4x100m
 4.20 2000 Steeple
 4.30 400m

U15 Team at Box Hill

1.15 High
 1.20 1500 Walk
 1.45 100m
 2.30 1500m
 2.50 90H
 3.00 Shot
 3.15 4x100m
 3.30 Jav.
 3.45 Triple
 4.30 400m

U14 Team at Box Hill

1.20 Walk
 1.30 Shot
 1.45 100m
 2.00 Pole
 2.30 1500m
 2.50 90H
 3.00 High
 Disc
 3.15 4x100m
 4.15 Triple
 4.30 400m

U13 Team at Box Hill

1.15 Triple
 1.20 Walk
 1.45 100m
 2.00 Shot
 2.30 1500m
 2.50 90H
 3.00 High
 3.15 Jav.
 4x100m
 4.30 400m

Last But Not Least Records Broken 6th NOV E. Wilson Senior 5000m
 C. Burnham U15 High
 " 4x200m TEAM
 J. West U13 Shot
 J. Flowers U13 200m

O.S.C.A.A.C. NEWSHEET

a- 5.24, and MacGinnis, a PB - 5.35. Boris did dazelling repetitions of froggy - leaps in the 90H to win with a PB of 17.6; Frew came 2nd with an 18.7. Burnham managed a PB of 10.84 in the Shot Put (TO THE ED., NOT THROUGH THE ROOF!). Berry, Burnham, Fraser-Smith and Nolan equaled the 4x100 record (50.8)((Just try a little harder boys)). Bryce won the Javelin with a Chuck(No, he didn't throw Berry) of 36.96m (PB) Nolan won the triple with a leap of 10.45m (PB)((is he really SUPERMAN?)). Frew came second in the gruelling 400m with a 60.4, with Boris following third with a (PB) 63.8.

OVERALL: O.S. 81 d'd IVANHOE 19

UI4 TEAM RESULTS

1500W Green (PB) (REC) 7:57.5

Shot Hill 10.15m

100m Neilson 13.4; Kiss 13.6; Creswell 14.6; Montgomery (INV) 14.7

Pole Hill (PB) 2.00m

1500m MacMillan (REC) 4:53.6; Green 5:16.0; Creswell 5:54.0

90H Hill 17.2; Tingate 18.4

High Hill ?

Disc Creswell 15.32

4x100 Kiss, Creswell, Montgomery, Neilson, 54.0

1pl Green 8.80m

400m Kiss (REC) 61.3; Neilson ?; Montgomery ?;

OVERALL: O.S. 70 def IVANHOE 47

UI3 TEAM REPORT : Today, our team ventured to Box Hill, to record a victory over Ivanhoe 2. First, terrific Tim Colleyer came 2nd in the Triple Jump with a leap of 8.8m. Harman, that man of steel, continued his success in the 1500m Walk (1st in other words) with a time of 9:09.0mins. In the 100metre s, , Fleet-Footed Flowers set another record with a time of 13.3, Montgomery 3rd with 15.0 and super Sykes 5th with 16.1. Wonderful Witty West set a new Shot Put record beating his old record (by the way he putted ~~9.65m~~ 9.65m). In the 1500m Terrific Tuckfield came 1st, Carreering Carruthers came 2nd and Fraser-Smith 3rd.

Killer Kilroe-Smith came 1st in the Hurdles with a time of 18.7, but Fearful Fraser-Smith came 2nd (Gotta stop drinkin that Orange Juice - can't see to type straight) with a time of 18.7 (18.7m). Titanic Tuckfield came 2nd in the Javelin with a hurl of 17.06m. The relay of : Witty-West, Mighty-Maxwell, Fast-Phil Harman, and Flat/-, Fleet-Footed Flowers came 1st with a time of 57.9secs. Tim Colleyer (sorry about that break Tim) equaled the High Jump record of 1.45m (he came 1st too). Dashing Davies came 1st with 63.6, Tough Tim Colleyer 2nd with 65.2, and Fierce Fraser-Smith 5th with 74.3 in the Fast-Four Hundred.

OVERALL : O.S. 89 def IVANHOE 2 31

ATHLETES OF THE WEEK: J.Cormack 1st Steeple 9:27 (ABS United)

A.Kiss (REC) 400m 61.3 and for attendances at Sunday Trg,
and The PB meet on Thursday.

THE NEWSHEET STAFF (of one) and the Club's Office Bearers welcome this week four new members into the folds of the club and wish the following all the best in their trials ahead. They are: Tim Probert (UI6)
Alex CAREY (UI5) in OS?
Rowen Taylor (UI4)
Robert Moore (UI3)

ABS UNITED TEAM for Sat 22nd Nov at Box Hill (PROGRAMME 2)

Probs? A. Hooley 29-7135 or G. Evans 818-5755

12.30 400H Griffen, EVANS, HAUSERem,

12.30 1500W Bourke, HAN, DASYDE

12.30 HURR -

1.10 200m Chambers, Dooley, Ryan

1.45 HIGH MACFARLANE

2.00 DISC -

2.10 LONG Griffen, SMITH em.

2.15 800m Sneddon, Schlicht, Scroggie.

2.30 POLE -

3.00 JAVE -

3.30 4x200 Chambers, Dooley, Ryan, Griffin,

4.00 SHOT Boema

4.15 110H Griffen, HAN, Smith em.

4.30 5000m WILSON, DeCastella, COCHRANE

.../4

15/11/80

Registered for posting as a periodical - Category B Price 10 cents

HOORAY, three cheers for me. Guess who's going away for two weeks. Yes, you're right, me. And yes, you're right again; you wont have to put up with the garbage at the beginning of this newsheet for all that time until I come back, HA HA HA.

NEWSFLASH: PRESIDENT'S MESSAGE

HELP, HELP, HELP. This newsheet is an endangered species. John, the acting Editor, will be unavailable for a few weeks after this issue. Unless help is given NO NEWSHEET WILL BE PUBLISHED. (Captains will have to notify their teams by telephone). Publishing the newsheet involves: 1. Typing articles & reports onto - stencils.

2. Duplicating
3. Addressing the envelopes.
4. Folding & putting into envelopes & sorting into post-codes.
5. Taking to Mt. Waverley P.O.

We will need help with each task, but particularly with: Typing, Duplicating and Addressing. Anyone interested, PLEASE ring Phil Barton - PH: 819-3555

"CLUB TRAINING has started this week: Tuesday, Thursday, and Sunday evening. Ring Phil Barton for details, (as above).

A GRADE Results from 15/11 at Bar Hill

100m Edwards 3rd 12.2; Hare 2nd 12.4; Tapp 6th 13.0
 1500m Hooley 2nd 4:04.7 (PB); Aitken 4th 4:12; Cochrane 1st 4:04.2
 500m Tingate 12.32 (PB)
 High Ward 1st 1.75m
 Hare 2nd 18.5; Hodges 3rd 19.1
 400m Edwards, Hooley, Hare, 2nd
 Hare 9.93m
 Jay Edwards 37.32 DMQ
 400m Hauser 1st 52.4; Evans 2nd 52.6; Aitken 4th 53.4

OVERALL: 0.3. ⁷⁴ def
IVANHOE 53 @ 5

A GRADE REPORT : It seems the heat has drained me of any journalistic ideas for the B Grade reports, so I will just give you the cold, hard, facts. (as seen above) No walker, no hammer, but in the 100's, boy did the officials muck up the placings and times. So we made up the placings. The 1500 was the point to point meeting event of the day with Cochrane 1st, Hooley 2nd, and Aitken 4th. Andrew Tingate a PB in the Triple, Darren Ward a 1st in the High, and Hodges (Rohan) coming 3rd in the 100 Hurdles whilst Steve Hare came 2nd.

What a boring report, but I'm sorry, it is the best I can do. Steve Hare's 9:93m DMQ in the Shot (probably didn't want to strain himself) and Dave Edwards disappointingly DMQ in the Javelin (9%) (37.32m). But the day ended well with Steve Hauser (Hasn't he improved) a 52.4 in the 400m, Grag Evans a 52.6, and Oz Aitken a 53.4.

So the day ended with an 0.3. VICTORY

B GRADE REPORT : "I'm just saving myself for bed tonight" - S. Hare Esq.

Judging by several of the day's performances, that thought was not exclusively Steve's. Oh, a few people thought of it about 24 hours before he did. Quite likely.

The day began well with Mindlay 1st 3000m Walk, in 17.56 ~~17.56~~ (no, sorry, he didn't do it that quickly) 11.55. The 100m saw McLeish 3rd 12.1, A. Tingate 5th 12.6, and Supermouth General 6th 12.7. The 1500m indicates the depth of insanity found in the club with three very strong performances from N. Watson 1st 4.24, N. Tapp 2nd 4.26, and "Cats keep coming back for Whiskers" Carter 4th 4.29 (a very welcome recruit). There was much talk about hte (oops, wrong again) the Discus but no competitors.

S. Hare 2nd in the 100 Obstacle (at least he ran), and A. Tingate came 2nd in the High .../2

O.S.C.A.A.C. NEWSHEET

--- (1.65m), with S. Hauser (invite) 1.70m.

The crack relay combination of Tingate, Russell, Ward, and Thompson cracked under the pressure and ran a 2nd. Next was a Hodges win in the pole- 2.85m, "Tuddy" Waters 1st in the Shot (8.84m) and no opposition. Jonathan Mollard put in a gutsy run in the 3000m Steeple with 11.30 (3rd), and a tight finish in the 1/4 mile saw Hooley 1st, Tapp 3rd and Tingate 6th. Thus O.S. 114 defeated O.Melb. 110.

D GRADE REPORT : After the initial shock of seeing dear Peter Thompson, our 'C' Grade captain, (for the first time this year); I realised that once again, most of the athletes(?) selected had not turned up. TRY A PHONE CALL IF YOU CAN'T MAKE IT! (J. Russell - 20-7127) Well, we may have won, though I doubt it, but the performances from those who attended were excellent. Maybe 5 guys turned up. I'm really very unimpressed with most of our O.S. members. Once again, it was Ward, Tingate and myself who starred, running most of the events. How about a turn-up next week fellas, and if you can't make it, SELECTED OR NOT, Ring ME! James Russell.

The Above's Results

100m Ward 3rd 12.3; Latimer 5th 12.9
 1500m Thompson 6th 4.58; Latimer ? 5.18; Werner last 5.41
 Disc Edwards 2nd 27.08m
 110H Ward 1st 18.0; Russell 2nd 19.7
 High Tingate 1.80m
 4x100 Facey, Hare, Hodges, Aitken, 2nd
 Shot Russell 3rd 8.31
 2000 Stpl Handasyde 7.26; Findlay 7.23; Hare (LW)
 400m Waters 54.5; Russell 55.7; Ward 56.6; Barton 58.7 (LW) Carter 59.2; Facey 59.6
 Jav Waters 38.86m
 OVERALL: O.MELB. 110 d O.S. 79 & CROYDEN 76

UI7 TEAM REPORT : With our second win this season, the UI7 team showed Ivanhoe, (last years premiers), that we really mean business. We not only want to win this year, we've proved to them that we're too good anyway. The arrival of Edmonson and Meyer, both with good wins in the hammer and hurdles respectively, has boosted our teams morale tremendously. A great relay victory; MacMillan, Meyer, Louis, and Tingate in 1:45.6, led to a good overall result.

EDITOR'S REGRET: the UI7 results can not be published in this edition as the results sheet can not be deciphered. If you want your hard earned results published for others to see, then ensure that your Result Sheets are correct and neatly written. THIS GOES FOR MOST OF THE TEAMS TOO!

UI6 TEAM REPORT : The UI6's had the day of their lives on Saturday. Two new records were broken; firstly the 4x100m by four of the most athletic guys to join O.S.C.A.A.C Probert, Hamilton, Stewardson and Scott combined their prowess to set a new record of 48.4. The other record was broken again by Scott in the 2000 ~~steeple~~ Steeple (with visions of 'Kate' firmly implanted in his mind's eye) with the time of 7:41.9. In the first event of the High Jump our new macho star: Raoul Stewardson, came first with a height of 1.70m. In the Triple, another brilliant athlete, Tim Probert, won the Triple with a leap of 11.56m. Tim, along with Hamilton, also starred in the 100m with times of 12.1 and 12.7 respectively.

OTHER RESULTS (UI6)

1500W Hamilton (PB) 9.42
 Disc Scott (PB) 26.51
 Pole Scott 2.25m
 Shot Hamilton 9.01m
 110H Probert 16.1
 400m Stewardson 57.3
 OVERALL: O.S. 73 d IVANHOE 0

UI5 TEAM REPORT : (elongated version?); Craig Burnham (FROSBIED? ?ED.) a winner to equal the record again with a jump of 1.75m. It would take a completely uncoordinated, meat-headed, rat-bag to be DQ'd in the 1500 walk, which is exactly what Boris did! In the 100m, Bryce won, 12.2, with Cossar coming 2nd with a PB of 12.5. (DUNY?), Fraser - Smith came third with 12.7. The 1500 was '7th'd' (?) by Chuckles Berry, who obviously didn't need last weeks message, with a PB of 4.51. Cossar made a 5.24, and

OLD SCOTCH A.A.C NEWS SHEET

Registered for posting as a periodical Category B Price 10cents 24/11/80

This newsletter was produced in a hurry, with a lot of brain strain ~~because~~ because on Sunday night when we wanted it printed there were no stencils. So thanks to Ross Hooley, David and Anne Edwards who put this brilliant masterpiece together. Last Saturday all teams did well...you've all done very well. A.P.S United came second, B?C?D, U17, U16, U15, and U14 all won. Well done to the athletes who turned up.

PERFORMANCES OF THE WEEK:

Ewen Wilson	5000m 14.20	Craig Burnham	U15 L.J 4.99m
Mike Smith	110H 16.4		U15 H.J 1.70m
Bruce Moore	1500M 7.56	Andrew Kiss	U14 H.J 1.55m
Neil Louis	U17 400H 64.6	Tim Collyer	U13 H.J 1.50m REC.
Andrew Edmondson	U17 Jav 42.40m		U13 800m 2.30.2 REC.
Stuart Hamilton	U16 H.J 1.75m	James Flower	U13 200m 26.9 REC.
			U13 L.J 4.27m

ATHLETE OF THE WEEK:

Tim Collyer with two records in U13. It seems we have a champion in the making with young Collyer. If you keep training Tim, you can break the records again in a fortnight.

IRONMAN OF THE WEEK:

This week goes to Neil Louis who did a 400 hurdles, 200m, and 800 all in quick succession. Neil's fairy leaps over the hurdles over the hurdles had to be seen to be believed. I can't work out how he didn't do an injury to himself. Next time you do the 400 hurdles Neil, just think of Dr. Blade. And the prize is the satisfaction that you thoroughly stuffed yourself.

TRAINING:

Last week at Scotch on Tuesday was a near washout but loyal coaches Evans and Edwards trained alone. On Thursday at 6pm Coach Ivan McQuilkin had only one keen pupil Russell Kilroe Smith. The result was shown in Russell's U13 performance on Saturday. Training this week will be on the Main Oval on Tuesday at 4.15 pm and on Thursday at 6pm with Ivan. Any questions, difficulties, problems ring Phil Barton ph. 8301593 or Ivan.

COMPETITION NOTES:

U17 Shell Charles Hansen Trials- Attention all U17 athletes these trials are on Dec.7. They are selection trials for an interstate teams match in Hobart on Jan17, 18. So get into training to try and get in the Vic. team

100yds and 1 mile entries close December 1
Pacific Conference Games Trials entries close on Friday Nov. 23. Qualifying standard is the same for the national championships.

his competitor; reaching a height of 1.70m. He had a walkover in the long jump - 4.23m. Cochran, Tallent and Aitken, came in 3rd., 4th and 5th with times of 2:00.4, 2:01.1 and 2:01.4 respectively. David Edwards, who is slowly increasing his pace in Javelin, threw an impressive 41.32m...a walkover. The relay, won. (Caulkin, Edwards, Tallent and Tapp). Achan Hodges, the "ever-reliable", romped it in 1st. in 110m. time 18.5 secs. John Cornvik, Neil Lucas and Stu Facey come in 1st, 3rd and 4th with J.C winning in 15.42
Conclusion: Congrats, O'S 74% to C.A 66%.

O'RAIR:

400m Hodges 56.3
1500 w Floor: 7.56
200m Tapp 24.7, Tingate 25.4, Barton 25.5
Shot Edwards 9.20m
Pole Hodges 2.70m
600m Tapp 2.03, Tingate 2.15.5
H.J. Jump Tingate 1.70m
Jav. Edwards 41.32
110m Edwards 18.9, Russell 20.1
5000m Holland 18.19, J.Aitken 18.33

FINAL POINTS:

O.S 94
IVANHOE 34
D.HILL 29

O'RAIR:

400m Louis 54.5 P.B
1500w Wirth 6.20
200m Russell 25.6, Holmes 27.0, Thompson 25.6
Shot Russell 10.7
300m Carter 2:18.6, Thompson 2.24, Facey 2.13
H.J Edwards 1.55
Jav. Edmondson 35.7m; 42.40m
5000m C.Findlay 18.05, Mandesjdc 18.28, Werner 21.44

FINAL POINTS:

O.S 102
Croydon 67

Thanks to John Goodwin and Darren Ward for telling me they couldn't come. The number is still 207127 for any absentees.

Attendance is once again poor but performances are not too bad. I'm not my normal brilliant self this week, but Pete Thompson is holding the team together with beautiful diving finishes and gut wrenching 100's. Croydon is giving us more trouble than the last two weeks, but we should get up.

How about a few more star athletes turning up next week and we'll really show some style in destroying the opposition.

***** James Russell *****

U17 Results Please fill out result sheet a little better.

Discus Edmondson 20m High J. Tingate ?
Pole Hill? 3000m Thomson ? P.B
Long Jump Edmondson 5.37m Stewardson ?
200m Thomson 25.4 P.B, Louis 24.7, Tingate 25.6 Jav. Edmondson 42.400
300m Stewardson 2.12, Louis 2.15, Thompson 2.24 P.B (O'r)
Shot Edmondson 11.99m
1x200 Hill, Louis, Tingate, Facey 1.30 POINTS: O.S 102 R.Gall 67

U17 BRISBANE:

Best overall, the 517 final lost, (but you won-er.) What more can I say. Glen and I join to start again. Louis? He started the day badly with Louis getting beaten in the 100 (200m-ed.) (where was Mac Millan?, check Mar..., etc.) in or to what the do for a fall?, then Louis lost the 200 and Minnie of 400 a pathetic man in the relay to lose it for us. All done. (Poor Neil-er.)

However, despite Louis there were a few good results. A gutsy effort in the 300m saw Thompson and Abdul Otman see a brilliantly, Thompson remains a P.M. = Future Olympic champion- they'll be doing every week now. Lamon saw won the discus and threw an incredible 2.40 in the 200m. Caroline, a P.M. took one.

All eyes on the hurdles in 10.3, and W.F., and Alistair will the champion of the day put athletics before so-cial life. I heard you had to break into the 200m, but probably feeding time was late.

Next week, with no excuses, the team will win again, in our conquest for the 1981 flag.

U15:

H.Jump Hamilton 1.75m
100m Hamilton 25.5, Probert 26.0
Harrier Scott 1:30m P.B
300m Hamilton 2:09, Scott 2:16

4x200 1. 1.

DEBAT POINTS:

L.Jump Probert 5.41m

C.S 56

Javelin Probert 37.1

S.M 2 24

100m Hamilton 15.5

The 15's again had only the presence of the four athletes Hamilton, Scott, Probert, and Stewardson. He performed well with Hamilton winning the H.Jump with 1.75m. Next the 100m saw Hamilton and Scott powered their way through the 100m with Hamilton first in 2.00 and 2.16. Entered dead. 3 athletes Russell, Glen in, and Lester + Minlay for competition. See team captain for next programme.

U15:

1500m Barra B.P.

L.Jump Burnham 1.69 P.B

Discus Goslar 1.23m

200m Barra 26.5, Nolan 27.7

300m Barra 2.20, Goslar 2.24, Maginness 2.35

DEBAT POINTS:

H.Jump Burnham 1.70m

C.S 47

Shot Burnham 5.70m

SSH 23

Pole Hill 2.25m

4x200 Barra, Burnham, Nolan, Raices 1.55

100 Hurdles Burnham 19.5, Nolan 20.4

On this day 21st Nov 1980, the sun was shining. The 1st Crap. All day we were waiting for the arrival of "Missin Jim" Bryce, "Cat" Fraser-

with (I think they were given their time limits and blew them. Then I found, the man who has lived all his life for 300 years was. I'll not join to write about the result because they're too

//////////

ridiculous for words; I'm just going to knock unco-ordinated, neat headed, rat bag Trew. After promising to turn up for the 300m he decided not to come. Well that is all I can think of.

U14:

1500w Green 3.30.0

H.Jump F.Tingate 1.35m

A.Kiss 1.55m P.B (inv.)

200m Neilson 27.7, Kiss 27.3, Montgomery 31.3

300m Neilson 2.24.2, McMillan 2.23, Green 2.32.2 IFV. Briscoe 2.29.9

Montgomery 2.57.9

4x200 Montgomery, Briscoe, Kiss, Neilson 1.57.9

L.Jump Neilson 4.39m A.Kiss 4.86m (IFV.)

Jav. Briscoe 20.85m

90m Tingate 19.4, Green 19.5

FINAL POINTS:

O.S 62

Croydon 37

On the third week of competition Andrew Green got us off to a great start when he won the 1500m walk in a time of 3.30.0 mins. Unfortunately in the high jump Peter Tingate lost with a leap of 1.35m. On the bright side of things Andrew Kiss P.B'd with a leap of 1.55m. In the next event the shot put nobody bothered to turn up. In the 200m our sprint stars Andrew Kiss 27.3, Scott Neilson 27.7 and Scott Montgomery 31.3 came 1st, 2nd and 6th respectively. In the distant event of the day Angus McMillan came first with a time of 2.23.0, Scott Neilson came 2nd in 2.24.2 and Andrew Green 4th in 2.32.2. Peter Briscoe went invitation in this event and ran a time of 2.29.9. Our relay team consisting of Scott Montgomery Peter Briscoe, Scott Neilson and Andrew Kiss came 1st in 1.57.9. Scott Neilson showed his leaping style in the long jump with a leap of 4.39m. Andrew Kiss who went invitation in this event jumped 4.86m which would have won him the event. Peter Briscoe flexed his muscles and came 2nd in the Javelin with a throw of 20.85m. In the last event of the day our hurdlers Peter Tingate 1st and Andrew Green 2nd ran past the finishing line with times of 19.4 and 19.5 respectively. Overall a good win by O.S over Croydon 62 to 37.

U13:

1500w Hanson 3.13.4

H.Jump Collyer 1.50m RECORD and P.B.

200m Flower 26.9 RECORD and P.B, Sykes 33.3, Davies 29.0, Milroe-Smith

Discus Sykes 13.75, Tuckfield inv. 14.72m 30.6 inv.

300m Collyer 2.30.2 P.B and RECORD, Carruthers 2.34.9, Tuckfield 2.34.4 West 2.37.1 inv.

Long J. Flowers 4.27m P.B

Shot West 9.52m

4x200 Maxwell Montgomery West Davies 2nd

90m hurdles Milroe-Smith 20.2, Moore 20.7

FINAL POINTS:

O.S 50

B.Hill 59

11/10/77 report:

Teary at Fox Hill he completed a round on one of the best teams in the
11/13 competition-Fox Hill 1. In the 11/15 at Old, Paul Hansen came 2nd
with a time of 9.15. Miss. Dennis Bin Collier came 1st with a time of
1.50 (a record), to prove his superiority in the high jump. In the 200m
Alex Hester showed he's back at 2 years after some racing 2nd with a time
of 2.9 sec, divastatin Davis 4th with 33.9 sec and Super Slices came
2nd with a time of 13.75. In the 400, Dennis Bin Collier came 1st
in 2.30.4 (a P. and a record) and Michael: 2.34.4 and Pro Carrakore in
2.38.9. Pumping James showed some in the 400 jump with a time of
1.17. In the shot, sitting back, all went well...2nd with a put
of 9.2. Our relay, Cyril, Michael, and 1st, Maxwell, and 2nd,
and Dennis, Davis came in. In the 1000m Miller Kilroe-Smith came 2nd
with a time of Robert Jones 1st.

Final Scores Fox Hill 1 35
Old Scotch 20

FOOTBALL:

ARMYVILLE vs OLD SCOTCH 11/10/77

Old Navyians in association with A.F.C. United is holding a B.L. at
55 Leathur Rd. East Fyvie from 8.30 on Saturday 10th December. All
Old Scotch members are welcome to this all inclusive night that in the
past has been most successful and enjoyed by all.

Further, a car rally will be held on Sunday 11th December followed
by a D.V. All those interested to help should drive in min and see Peter Reid
(C.K) for further details. 47. 4065204

PLANS FOR NEXT WEEK:

ARMYVILLE A.F.C. UNITED vs Old vs B.H vs A.F.C. AT FOX HILL

- 1.00 3000w Bourke, I.KINDLY
- 1.00 Bar Boona
- 1.15 100 Dudley Chambers Ryan (10000)
- 1.45 1500 Shedden WILSON O'Sullivan
- 1.45 H.J. MORGAN
- 1.45 E.S. Griffin
- 2.30 1100 SHIRT Griffin
- 2.50 Biscuits ?
- 3.45 Pole A. HILL
- 3.15 4000 100 +- Gallanor
- 3.30 1st Boona
- 3.50 4000 100 Pa 100
- 4.15 Jay ?
- 4.30 400 Chambers Ryan Gallanor (10000)

ADP Bar 100 FOX HILL
ARMYVILLE vs OLD SCOTCH
ARMYVILLE vs B.H vs A.F.C.
ARMYVILLE vs B.H vs A.F.C.
ARMYVILLE vs B.H vs A.F.C.

JUST 1. Old Scotch
to go.....

B GRADE O.S vs. BH 1 AT BOX HILL

A. McLeish 200541

- 1.00 Hammer ?
- 1.00 3000 Walk Gabb, Moore
- 1.15 100 Edwards, Smith, McQuilkin
- 1.45 1500 Hooley, Aitken, Park
- 1.45 E.J Smith
- 1.45 E.J Smith
- 2.30 Discus ?
- 2.30 110H Ham, Hodges (on. Hare)
- 2.45 Pole ?
- 3.15 Relay Edwards, Smith, McQuilkin, McLeish
- 3.30 Shot Hare
- 3.50 Steeple Hooley, Kollard
- 4.15 Javelin Edwards
- 4.30 400 Hooley, Hauser, Evans,

C GRADE vs. O.S. vs. Croy., vs. Ivan.

Peter Thompson 702 2309

- 1.00 3000 Wirth, P. Findlay
- 1:15 100 McLeish, Tapp, McEwen
- 1.45 1500 Oehr, Watson, Carter
- 2.00 Disc. Waters
- 2.15 Triple Tingate
- 2.30 110H Hare, Edwards (McLennan)
- 2.30 E.J. Ward
- 3.15 Relay McLeish, Tapp, McAuley Mitchell
- 3.30 Pole Hodges (Latimer, Peters)
- 4.00 Shot Edwards
- 4.05 Steeple Panner, Milne, Pacey
- 4.30 400 Wilson, Tapp, Hooley

D GRADE vs. Men vs. Ivan

James Russell 207127

- 1.20 1500 Walk ?
- 1.15 100 Waters, Mitchell, McAuley
- 1.45 1500 Christenech, Lucas, Catherall
- 2.00 Discus Hare
- 2.30 Hurdles Russell, Ward
- 2.30 E.J. Tingate
- 3.15 Relay Tingate, Waters, Ward, Russell
- 3.15 Triple Ham
- 4.00 Shot Waters
- 4.20 2000stpl. P. Findlay, E. Smith
- 4.30 400 McLeish, Edwards, McLennan

U17 vs. B.H.1

E. Tingate 232 2030

- 1.20 Hammer Edmondson
- 1.20 1500 Tingate ex. Thompson
- 1.45 100 MacMillan Lyon Louis
- 2.30 1500 Thompson
- 2.30 110H Lyon Hill
- 2.30 Shot Edmondson on. Tingate
- 2.45 Triple MacMillan ex. Lyon
- 3.15 100 100's + Hill or Louis
- 3.30 Jav. Edmondson
- 4.00 High J. Tingate
- 4.20 Stpl. Thompson Hill
- 4.30 400 Louis (Hill/MacMillan/Lyon)

U16 vs. Croydon

E. Scott ph. 5447204

- 1.15 High
- 1.20 Walk
- 1.30 Disc.
- 1.45 100
- 2.00 Pole
- 2.30 Shot
- 2.30 Shot
- 2.50 100
- 3.15 4x100
- 4.20 2000 stpl
- 4.30 400

ALL GRADES AT BOX HILL

ALL ATHLETES TURN UP.

U15 vs. 12 O. Suraban 857 3733

- 1.15 High Suraban
- 1.20 Walk Barra
- 1.45 100 Barra MacLean Fraser Smith
- 2.30 1500 Barra Cassar McGuire
- 2.50 Shot Barra
- 3.00 Shot Barra
- 3.15 4x100 Barra Tolan
- 3.30 Jav. Barra
- 3.45 1.2 Barra
- 4.30 400 Cassar, Suraban, Drew

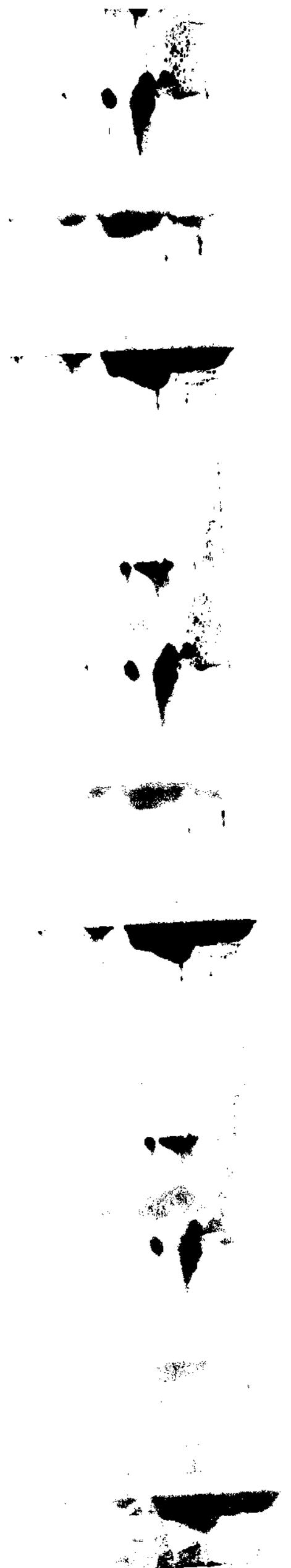
U15 vs. Ivan.2 James Flowers 110574

- 1.15 Triple Collyer
- 1.20 1500 Barra
- 1.45 100 Flower, Barra, Barry Milne Smith
- 2.00 Shot Barra
- 2.30 110H Barra MacLean
- 2.30 Shot Barra
- 2.50 4x100 Barra Fraser-Smith
- 3.00 E.J. Collyer
- 3.15 Jav Barra
- 3.15 4x100 Barra Lykes Flowers West
- 4.30 400 Davies Collyer Barra

U14 vs. B.H.2

- 1.20 Walk
- 1.30 Shot
- 1.45 100
- 2.00 pole
- 2.30 1500
- 2.50 200 Hurdles
- 3.00 1000 Jav + Barra
- 3.15 Triple
- 4.15 Triple
- 4.30 400

PHONES Andrew Gree 232532



Registered for posting as a periodical category B Price 10 cents

Editor: John McCready 55 Ranfurly Cres. Glen Iris 3146

The good news for the week: no team lost! and the even better news is that the news sheet will be drastically reduced!! (and we're not referring to the price)

Saturday was all washed out - though for those of you who don't turn up in spite of being selected, this will probably be news - and not even the walkers wanted to do their usual waddle.

This is the last news sheet for the year (hurray who said i ca'nt type or spell) but I know that you'll be waiting with bated breath for the next exciting edition of this rag (especially if i'm typing it!) which will be coming to you in the new year.

P.B. meet :

Good results and perfect conditions.
 Ross Hooley 200m 23.9 PB 400m 51.9 PB
 Raoul Stewardson HJ 1.8m PB 400m 56.0
 Neil Louis 100m 12.0 200m 24.1 400m 52.9 PB
 David Edwards 100m 11.8 200m 23.3 ? (he claims it was faster - bad time keeping - ho hum)
 Rodger Tallent 800m 2.00.9
 Andrew Aitken 800m 2.00.0
 Alister Hill PV too high to measure!

TEAMS

No A.P.S, United this week

B6 Grade

1:00 HAM ?
 1:00 1500 W Handaryde Gabb
 1:00 400H Hauser Ham
 1:30 200 Tallent McQuilkin Edwards
 1:45 H.J. Smith
 2:00 Dis. Waters
 2:15 L.J. Ham
 2:30 800 Tallent Aitken Wilson
 2:30 P.V. Hill
 3:00 Jav. WATERS
 3:30 4 x 200 "200's + Hauser
 4:00 S.P. Hare
 4:00 110H Ham Edwards
 4:15 5000 Comrack Lucas Marx

C GRADE

1:00 HAM. Waters
 1:00 400H McLennan Ward
 1:00 1500W Moore Wirth
 1:30 200 Smith Hauser McLeish
 2:00 P.V. Hodges (Latimer)
 2:00 S.P. Waters
 2:30 800 Hooley Tapp Hauser
 2:45 L.J. Waters
 3:15 H.J. Ward
 3:30 4x200 Tapp McLennan Smith McLeish
 3:30 Jav. Edwards
 4:00 110H Waters Hare
 4:35 5000 Mollard C.Aitken Carter

D. GRADE

1:00 HAM. Munroe
 1:00 400H Latimer Hodges
 1:10 1500W Tindlay Werner Facey
 1:30 200 McAuley Tapp Tingate
 2:00 S.P. Munroe
 2:30 800 Carter Cathedral Wise
 3:15 H.J. Hare
 3:30 4x200 Thompson McAuley Barton Hooley
 3:30 Jav. Munroe
 4:00 110H Hodges Munroe
 4:15 D.J. Edwards
 4:35 5000 Tindlay Werner Stoyles Facey

UNDER * & 17

1:10 1500W
 1:30 Biscust
 1:30 P.V.
 1:45 Long Johns
 2:45 200
 2:50 800
 3:00 S.P.
 3:30 4x200 = 800
 3:45 H.J.
 4:00 110 Hur.
 4:00 3000

UNDER 16

1:10 1500W
 1:30 Hammer & Nails
 1:45 L.J.
 1:45 200
 2:45 H.J.
 2:50 800
 3:00 shuz but
 3:30 2x2x200
 4:00 3000m
 @4:10 Jav
 4:20 100 Hur

UNDER *\$15

1:10 1500 Stroll
 1:15 L.J.
 1:30 Polish Vault
 1:45 Dis
 1:45 200
 2:45 H.J.
 2:50 800
 3:30 4x200
 4:20 100 Hur
 4:30 S.P.

UNDER 14

1:10 1500W
 1:30 H.J.
 1:30 Shot put (shot who?)
 1:45 200
 2:50 800
 3:30 4x200
 3:45 L.J.
 3:50 spike
 4:20 90 Hur

6000 UNDER *%139 (Phil's fillys)

1:10 1500W Harman
 1:15 H.J. Collyer
 1:45 200 Flowers Davies Maxwell
 2:30 Dis Sykes
 2:50 800 Collyer Caruther
 Tuckfield
 3:45 L.J. Flowers.
 3:30 S.P. WEST
 3:30 4x200 Moore Sykes Monty
 Flowers gomery
 4:20 90 Hur Fraser-Smith
 Kilroe-/"

PLEASE EVERYONE TURN UP AND HAVE A PERSI DAY (WHAT EVER WOULD WE DO WITH OURSelves FACE?) EVERY ONE TURN UP UP AND AWAY

Handwritten scribbles and signatures at the bottom of the page.

U16:

Last Saturday, the U16 was a doomed team. The shadow of death visibly loomed over weakened athletes. Shades of the prison house closed over the groining group. (Which book ? ed.) We were a bit short of athletes this week, only two appearing, Tim Probert and Raoul Stewardson. The rest of the team seemed to have gone scuba diving so we just decided to do what we wanted. Neither wanted to do the alk or the discus or the pole or the shot or the relay or the 1500 or the steeple. This compromised our chances of winning somewhat. In the high jump Tim Probert, sorry Raoul Stewardson drew. Tim Probert won the 100m, then went on to win the hurdles and come second in the triple. Raoul found difficulty in resisting the U17 's charm and persuasion, so contributed to their win. Thus endeth the scrabble litteraire in disaster, + for the 400 which he won in 56.2 (PB)

Some results: High Jump Stewardson 1.65m, triple Probert 11.2 ishm , 400m Stewardson 56.2
Scores: O,S 29 Croyden 45

U15:

Craig (Boris) Burnham was so disapointed about failing his exams, he stayed home this weekend (instead of last weekend) to study for them. It's a little bit late Boris.

Anyway in spite of Boris 's lack of "presence" the U15's plugged onwards.
.....;..... ~~this was been left out for obvious reasons to the author~~.....
part

and Frew 2nd in 61.8. on second thoughts Stuart Facey thought it was so funny that it should've been included, so we put it in over the page. But next time don't write so much utter filth . At least don't make it so obvious.

Results:

- High jump Maginmiss 1.55m
 - 100m Bryce 12.4, Fraser smith 12.7
 - 1500 Berry 4.50.8 IB, Maginmiss 5.14
 - 4x100 Carey, Fraser smith Berry Bryce 48.1 rec.
 - 90m hurdles Frew 17.6 PB, Nolan 19.4
 - Shot Bryce 11.24
 - Jav. Bryce 37.95m
 - Triple Nolan 10.86m PB
 - 400m Carey 58.1, Frew 61.8
- Final sec res: O.S 79
BH2 46

U14:

Hi there ! This is the new , ultra modern, super dupa, gaila matic, automatic, four on the floor, newsletter!! (100)

Even with rain, hail and snow, the starish U14 team managed to shine through once again with 2 records to our name .

The day started out with Green walking over his opponents in the 1500m walk coming 1st in the traffic time of 8.27.0 (S.Montgomery inv. 10.11.0)

Unfortunately, once again our sho~~ter~~ didn't turn up, giving Box Hill 2 too many points. In the 100m we had many you g stars, (4 at least) with a wonderful win to noby Neilson in the time of 13.4; a sinful second to Courageous kiss, in the time of 14.4; Montgomery was invite in the time of 14.900 (PB)

Se(edited) Hill "vaulted" a winner with a click of 2.25m.

At 2:30 the rain was pouring down but our champions athletes still competed in the no - fooling, grueling 1500m. Unfortunately Angus MacMillan forgot to shave his legs, thus creating wind resistance. Thus he got a disappointing time of 5:05 mins (1st), Galliant Gaf Green mustered up a tim of 5:19.1 and Pee Briscoe 5:23.0 (PB)

In the tricky sticks, S.Hill with thrills and spills, filled 2nd position. Incredible crafty Creswell cautiously created 3rd place. In the other jumps, Kiss came 1st in the High High one and Briscoe came 2nd in the triple with 8m 45cm. Invite A.MCMillan (edited) jumped a joyful .18 m. In the 400m Hiss (no, not Gene Simons and co.) came 1st with a ~~light~~ record breaking time of 61.2 (PB), Neilson 2nd and Briscoe 5th.

Other results not already menti ned: Discus Rohan Taylor inv. 18.14m
4x100m relay Kiss Briscoe Flowers Neilson 53.4 REC.

Final Scores: O.S 76 BH2 56

by A.Mac Millan

U13:

Today, we won at Box Hill. Our victim this week was Ivanhoe 2. In the triple cu. throat Collyer, came 1st with a jump of 9.35m (PB). Fighting Phil Harman 1st with a time of 9:15.6 min. with Montgomery doing 10.25.6 invitation. In the 100m Fleet footed Flowers came 1st beating his 2 week old record with a time of 13.2. Killer Kilroe smith (or racing Russell) 2nd with a time of 14.5 sec. , Malicious Montgomery 4th with 15.2 sec. with Phil Harman doing 16.1, Cameron Sykes 16.2 and Adam Maxwell in 15.1 all by invitation. In the shot wonderful witty wacky woeiful West 1st with a put of 9.10m . In the 1500m tenacious Tuckfield 1st 5:19.0, Racing Russell Kilro-smith 2nd 5:1.5, Horrible Harman 3rd 5:22.0 and Montgomery 5:43.5 and Collyer 5:16.9 (PB) both by invitatin. In the hurdles, Frightening Fraser-smith 1st in 16.6(??)

and Mini Moore 2nd in 19.2, with Frightening Phil Harmen doing 20.4 by invitation. In the High Collyer came 1st with a leap of 1.45m. In the javelin wacky will Tuckfield came a brilliant 1st with a pint sized hurl of 18,60m . In the relay, Speedy Sykes running 1st, Mighty Maxwell 2nd, Witty West 3rd, and that fleet footed Flowers came 1st (Hooray). In the 400m Da hing Davies 2nd in 63.1 (RECORD), Wacky West (isn't he good) 3rd in 67.1, and MiniMoore 72.0. Final Score O.S 90 Iv.13 .

U15 REPORT continued.....

In spite of Boris Burnham "PRESENCE" the U15's plugged onwards. Maggot Magennis flew over the high jump with an altitude of 1.55 to come 1st. Spew Berry won the 1500m even though he felt a bit sick with a time of 4:50 .8 (PB) with Maggot 4th in 5:14. Other magnificent efforts were Frew 1st in the 90m Hurdles in 17.6 (PB) and Nolan 2nd in 19.6. Stuart Bryce threw the shot as if it was a meteorite to record 14.2 m. The relay boys of Carey, Berry, Fraser smith, Bryce shattered the U16 record with 48.1. Once again Bryce thought he saw Boris running across the field, so he threw the javelin at him but after watching the preview of the empire strikes back his head was so swollen he missed but won the javelin with a throw of 37.895m . In the 400m Fairy ~~11.46/11.46~~ Carey 1st in 58.1 Frew 2nd in 61.8 . In the 100's Chey missed the Presence of the Box Hill spunk and ran a dismal 12.4 closely followed by Fraser smith 12.7. In the triple Nimble Nolan leapt 10.86m for a PB.end of report.

A.P.S UNITED RESULTS:

Scores: AFS U 138 BH 166 OM 114 DOMC. 105

- Hammer Boema DNQ
- 3000m walk Bourke 13:32.6 I.Handasyde 14:59.5
- 100m Dooley 11.3 Sullivan 14.6 Ryan 11.6
- 1500 Wilson 3:53.2, Sneddon 3:54.0, DeCastella 3:54.4
- H.J McFarlane 1.95m
- T.J Griffin 14.0m
- 110m Hurdles Ham 17.4, Smith 17.6
- P.V Hill 3.15m
- 4x100 Dooley Ryan Sullivan McQuilkin 43.9
- S.P Boema 11.80m
- 3000m stple Cormack 9:28.9 Pedley 10:20.0
- 400 Ryan 51.2, Sneddon 51.9 Evans 52.5

SOCIAL NOTES:

Old Kaverians are holding a BBQ on Saturday Dec.6th commencing at 6.30 pm at 55 MaArthur Rd. East Ivanhoe. An invitation has been extended to all members and friends of A.P.S. United to be present. Cost is \$7 per head which includes food and drink. So leave your running shoes at home - join the social scene and get to know your fellow athletes away from the track - you will truly be assured of an excellent night.
***** 1 1 *****
Something funny..... by the time you guys think of something funny it'll be midnight.
.....by funny guy Stuart Facey

A.P.S UNITED is competing at Olympic Park on Thursday night...so come along and support your fellow club members at the track...it would be greatly appreciated, It starts at 7.00pm.....

18/ B GRADE at BOX HILL on Saturday

- 1.00 Ham. ?
- 1.00walk R.Gabb, J.Thorpe
- 1.00 400H Ham, Hauser
- 1.30 200 McQuilkin, Hauser, Edwards (Tallent?)
- 1.45 H.J Smith
- 2.00 Discus Waters
- 2.15 L.J Ham
- 3.00 800 Aitken, Cochrane, Tallent
- La Latimer
- 3.00 Jav. Edwards
- 3.30 4x200 200's + Tapp
- 4.00 Shot Hare
- 4.00 110H Ham, Hare
- 4.15 5000 Cochrane Oehr C.Aitken

C GRADE vs BH2 and Mon
phone Peter Thompson 762 2609

1.00 Ham. ?
1.00 400H Hodges, Waters
1.00 1500walk Firth, Moore
1.30 200 Tapp, McLeish Waters (Ham)
2.00 Shot Waters / Edwards
2.00 Pole Waters / Hodges
2.30 800 Tapp, Hooley ~~Catherall~~ Catherall
2.45 L.J Tingate / Munro
3.15 H.J Ward
3.30 4x200 McLeish Waters Ham McLennan
3.30 Jav Waters
4.00 110 H Edwards Hodges
4.35 5000 Lucas Mollard

D GRADE vs. K.C2

phone James Russell 207127
1.00 Ham. ? (I.Handsyde)
1.00 400H N.Louis, Russell (McLennan)
1.10 1500W Findlay
1.30 200 Tingate Barton McLennan
2.00 Shot Edwards / Munro
2.30 800 Carter Tingate Thompson
3.15 High Tingate
3.30 4x200 Ham Tingate Barton Thommo
3.30 Jav Edmondson
4.00 110H Russell Ward
4.15 L.J Thompson
4.35 5000 Findlay and Fern er

All those school runners who think they can run come along and show us how.....
cause I don't bloody well know, eg. Christensen, Pammer, Serle etc.....

B GRADE ring AL McLeish 206541

U17: ~~phone~~ vs. Croydon

1.10 1500 walk
1.130 Disc.
1.30 Pole
1.45 200
1.45 L.J
2.50 800
3.00 shot
3.30 4x200
3.45 H.J
4.00 3000
4.00 110H

Phone Trevor Tingate
232 2030

U16: vs. BH1 phone Hamish Scott ph. 5447204

1.10 1500walk
1.30 Ham.
1.45 200
1.45 L.J
2.45 H.J
2.50 800
3.00 Shot
3.30 4x200
4.00 3000
4.10 Jav.
4.20 110H

U15 vs. Croydon ring Craig Burnham
8576735

1.10 1500walk Fraser smith
1.15 L.J Cossar
1.30 Pole Bryce
1.45 Discus Burnham
1.45 200 Bryce Cossar Carey
2.45 H.J Burnham
2.50 800 Berry Magennis Carra
3.30 4x200 200's + Berry
4.20 100H Frew Nolan
4.30 Shot Bryce

U14 vs. ? Phone Andrew Green 232 5632

1.10 1500walk
1.15 H.J
1.30 Shot
1.45 200
2.50 800
3.30 4x200
3.45 L.J
3.50 Jav.
4.20 90m Hurdles

U13 vs. BH2 phone James Flowers 816 8374

1.10 1500walk Harman
1.15 H.J Collyer
1.45 200 Flowers, Davies, Kilroe smith
2.30 Disc. Sykes
2.50 800 Collyer, Tuckfield Carruthers
3.15 L.J Flowers
3.30 4x200 Maxwell Montgomery Sykes Est
3.30 Shot West
4.20 90m Hurdles Moore Fraser smith

ALL TEAMS AT BOX HILL..... DAVID EDWARDS (acting vice president of Track and Field)
wants to see all 175 members of the club turn up at
Box Hill.....and he means it.

FINISH.Have a Pepsi day

OLD SCOTCH COLLEGE AMATEUR ATHLETICS CLUB NEWSHEET, NUMBER 9

Registered for posting as a periodical - Category B, Price 10 cents 13/1/81

HOORAY! three cheers for me, Guess who's BACK! Yes you're right and no you are not going to be bored this year with the usual rubbish at the beginning of each newsheet; SO THERE!

 HERE ARE THE RESULTS FROM THE LAST MEET AT THE END OF LAST YEAR (of course)

B Grade (Editor: Capt. & Vice Capt. disown this report by Stuart Facey)

The day dawned hot and dry. The noise of panic stricken cicadors drifted through the open window. In the air was the smell of stale sweat as the sheets on the bed shimmered into motion. Awakening in a cold sweat the athletes heart beat faster in anticipation. Yes it really was the last day of competition before Christmas 1980, a day never to be repeated. A day competing against the most feared, most hated athletic club in Australia (2nd only to Malvern)

In a half stupor the athlete moved as if in slow motion through the house, as if saving his energy for a massive effort. A half eaten slice of toast lay uncomfortably on the kitchen table as he prepared for combat. Carefully he laid out his weapons, sweat stained jock strap, well worn red running shorts & singlet. Carefully he sharpened his spikes.

Arriving at Box Hill he was comforted by the feared foes in full strength. The din of the applauding crowd faded as they lined up for the first event; the walk. The sweat ran freely down his face as the athlete struggled on. 2nd, 4th, 5th & 4th. But Old Scotch's moment of triumph was nigh. The crowd roared as Mike the Bike Smith leapt over 1.90 m & raised his arms in a victory salute. In quick succession, Evan "legs" Wilson bolted away from the field in the 800. Then Dave "the bacon" Ham inspired by their performances glided over the hurdles for yet another win. Was victory ours? Box Hill were seen to be huddled in a corner, hurriedly working out strategies. Unfortunately it worked. We lost... just.

Final scores: Old Scotch 61

Box Hill 1 held to only 95

Congratulations team. Next time we will WIN...

C Grade The Day! A Reflection.

Rudi Werner, in true Xmas spirit, attempted the walk, but this was a new event for him and he D.N.Q. In the 400 hurdles the fairy leaps from our own (very experienced) Rowan Hodges and the injury returnee Mark Latimer earned them the first 2 positions. In the sprints, O.S. finished 1st, 2nd, & 3rd a great Christmas effort by Haus (not "Horse").....

..... David "leg of" Ham and "Deadly" Darren Ward. Rowan "up in the heavens" Hodges won the pole with 2.70 m; any higher & he would have collected Santa! Merry Xmas from the 800 boys.

Ross "elbows" Hooley 1st in 2.00:7, then Nigel Watson, who came just in the 'St. Nick' of time, 2.07:5, and Steve Hauser who D.N.Q. 2.22:7 & D.N.Q. in C Grade Long Jump. Darren Ward jumped 1.80 m in high jump; a great effort since he will be acting 'Santa' at the Ward family residence. A real Xmas ~~present~~ present to the club when the relay team won.

Final scores: Old Scotch 110

St. Stephens 44

Old Carey 0

D Grade

Final scores: Old Scotch 86

Old Xaverians 67

Kew Camberwell 0

U/17

Today the unbelievable U/17 team beat Box Hill 1 with only 4 runners! That's right folks, Raoul, Edmo, Trev and Al Meyer, single handedly beat the B.H.1. All ~~athletes~~ athletes did their 5 events, and with PB's in most events, we managed to win. Pretty good, eh? Pity Jamie, Geoff, Neil, Al Mill and whoever else I forgot to mention didn't turn up, otherwise we would have a terrific percentage.

Merry Christmas to all, love Santa.

Final scores: V/Capt. note totals must be supplied to be printed.

2/16

Final scores: Old Scotch 39
Box Hill 1 59

2/15

Final scores: V/Capts. note totals must be supplied to be printed.

2/14

Final Scores: Old Scotch 57
Croydon 45

2/13

Final scores: Old Scotch 39
Box Hill 1 59

ROSETTE OF THE WEEK: ROSS HOOLEY. CONGRATULATIONS!.....

NOTE: SPORTS EXACTO COMBA TEAM TROT '81 SUNDAY 1st MARCH

Entries sent to: The Organizer,
EXACTO TEAM TROT, (MUST BE ON OFFICIAL
P.O. Box 200, ENTRY FORM)
Sunderingham, Vic 3191
Telephone: 598 0835

Entry fee: \$10.00 per team (4 runners per team)

Official entries close Friday 13th February 1981

MEMBERS AS OF 4/1/81: I. G. Milne (prev. registered some years ago)

Michael M. Bush
David J. Finsted
Alan ...

TOWNSHIP RESULTS from 4 Jan 1981

Dave Edwards 2 second places 100m & 200m.
Al Hill Pole Vault 2nd 3.40 m
Ross Hooley 2nd 1500 m Trans-Tasman Champs 4.01:6 (PB)
John Coimack U/21 3000 m Steeple 1st 9.28:59

from 10/11/80 JAN '81
John Coimack Dave Edwards 11th Decathlon 4,400 points

LETTER FROM THE ED:

I KNOW THAT THIS WEEK'S ISSUE MIGHT SEEM POOR TO YOU THE READERS, BUT LET ME TELL YOU THAT A LOT OF HARD WORK AND EFFORT HAS GONE INTO THE PRODUCTION OF THIS, YOUR MAG. DIFFERENT TEAMS HAVE WORKED LONG HOURS, IN SOMETIMES STUFFY ROOMS TO BENEFIT YOU RUNNERS; AND IT IS GETTING VERY DISHEARTENING TO SEE EVERY WEEK THAT CAPTAINS HAVE NAMED TEAMS (WHICH TAKES A LONG TIME TO TYPE) AND HALF, OR LESS HAVE SHOWED UP ON THE DAY. EVERY OTHER CLUB TO MY KNOWLEDGE GOES TO PRINT EVERY FORTNIGHT; WE HOWEVER DO IT ON A WEEKLY BASIS: THEREFORE WE SHOULD BE AHEAD.

ONE MORE THING: MANY OF YOU WHO HAVE INDICATED THAT YOU WOULD BE AVAILABLE TO HELP WITH THE PRINTING OF THIS NEWSHEET WERE AWAY ON HOLIDAYS THIS WEEK AND I UNDERSTAND THAT, BUT IF NO ONE COMES FORWARD TO HELP, THEN I WILL NOT BE HELD RESPONSIBLE FOR THE RAPID DEGRADATION OF THE HIGH STANDARD WHICH HAS BEEN SET AND MAINTAINED UP UNTIL THIS POINT.

LET IT BE KNOWN THAT MY ONLY ASSISTANCE TONIGHT CAME FROM TWO OF MY MATES WHO CALLED AROUND FOR A CHAT, AND HAVE NO CONNECTIONS WITH THE CLUB AT ALL!

VICTORIAN OPEN AND UNDERAGE
CHAMPIONSHIPS

8-22 FEBRUARY

ENTRIES CLOSE 19TH OF JAN

COST \$1.00 (?) PER EVENT

ENTRY FORMS FROM V.A.A. OFFICE

103 BELHAM ST.
CAULTON 3053

OR OFFICIALS ROOM AT BOX HILL
THIS SATURDAY 17TH JAN

YOU CAN GIVE COMPLETED ENTRY FORMS
AND MONEY TO DAVID EDWARDS ON SATURDAY
AND HE WILL DROP THEM IN AT THE V.A.A.

RING DAVID EDWARDS FOR DETAILS OR ANY
PROBLEMS 255 067

DATE TO PUT IN DIARY : PORTSEA ATHS MEETING IS ON SUNDAY 1st MARCH.
DETAILS TO COME LATER!

NOTE NOTE NOTE : EVERYBODY AT BOX HILL THIS WEEK (17th Jan '81)
PROGRAMME 1

TEAMS FOR THIS SATURDAY - NO APSU. team at time of printing. (Sorry-Ed

B GRADE A,McLeish Ph: 20-6541

- 1.00 Hmr ---
- 1.00 3000W Handasyde, Gabb
- 1.15 100m Edwards, McQuilken, Smith
- 1.45 1500m Cormack, Hooley, Cochrane
- 1.45 HJ Smith
- 1.45 TJ Smith
- 2.30 110H Ham, Edwards
- 2.30 DISC ---
- 2.45 POLE ---
- 3.15 4x100 Edwards, McQuilken, Smith, McLeish
- 3.30 SHOT Hare
- 3.50 STEEPLE Cochrane, Wilson
- 4.15 JAV Edwards
- 4.30 400m Hooley, Tapp, Hauser

C GRADE P. Thompson Ph: 762-2609

- 1.00 3000W Wirth, Findlay
- 1.15 100m McLeish, McLennan, Tapp
- 1.45 1500m Aitken, Oehr, Marx
- 2.00 DISC Waters
- 2.15 TJ Tingate
- 2.30 110H Hare, Hodges, Fleming
- " HJ Ward
- 3.15 4x100 McLennan, Tapp, ~~Fleming~~ Hauser, McAuley
- 3.30 POLE Hodges
- 4.00 SHOT Waters
- 4.05 STEEPLE Mollard, Irvine-Halliday
- 4.30 400m Edwards, Aitken, Waters

D GRADE J.Russell Ph: 20-7127

- 1.15 100m Hauser, McAuley, Thompson
- 1.20 1500W Facey, Werner, Moore
- 1.45 1500m Wise, Watson, Carter
- 2.00 DISC I.Munroe
- 2.30 110H McLennan, Russell
- " HJ Hauser
- 3.15 TJ Ham
- " 4x100 Thompson, Mitchell, Fleming, Waters
- 4.00 SHOT I.Munroe
- 4.20 STEEPLE Findlay, Handasyde
- 4.30 400m McLeish, Russell, McLean

TO COMPETE BY INVITATION :

100m Barton, R.Fleming, D.Ham, J.Holmes, D.A.K.Mitchell

1500m R.Stoyles, T.Swain, J.Thorpe, J.Womersley, R.Catherall, D.Evans,
T.Christensen, S.Facey, A.Pamper, I.Hickey, G.Eindle, R.Johnson,
N.Lee, N.Lucas, J.Serle, M.Smith

STEEPLE M.Caraher, G.Ellingworth, A.Goodwin, G.Gray, P.Milne, G.Wall.

U/13 TEAM

- 1.15 TJ Colleyer / / / / 4.30 400m Kilroe-Smith, Colleyer, Moore. em:West
- 1.20 1500W Harman, em: Sykes
- 1.45 100m Flowers, Sykes, Wilber-Smith
- 2.00 SHOT West
- 2.30 1500m Colleyer, Caruthers, West, em:Kilroe-Smith
- 2.50 80H Kilroe-Smith, Fraser-Smith, em: Flowers
- 3.00 HJ Colleyer
- 3.15 4x100 Kilroe-Smith, West, Sykes, Flowers / / Jav.West. ~~1130~~

OLD SCOTCH COLLEGE AMATEUR ATHLETICS CLUB NEWSHEET. NUMBER 10

Registered for posting as a Periodical - Category B Price 10 cents 20/1/81

NB: Hello Again; from Ed.

In memory of Jan 17th - a day which saw even the best sun screen cream and deodorant fail the test, - we present for your noitacifide this newsheet in the colour of black and white.

ATHLETE OF THE WEEK : Cra ig Burnham

Craig, seemingly oblivious to the fact that it was _____ hot, threw, jumped, ran and fairy leaped himself into the position of No. 1 honcho for the week (which does not entitle him to an all expenses paid week to the Isle of smiles, winks and nudges.)

While Craig ~~was~~ PB 'd in the 100m and the shuz but(?), won the hurdles and was part of the successful 4x100 U/15 relay team, it was his magnificent effort in the high jump which clinched for him OS's most coveted weekly (weakly) title. Not only did his ~~his~~ jump of 1.85m shatter the existing U/15 record of 1.73m, it was also equalled to the U/16 H.J. record. It was a truly amazing performance considering the conditions, (indeed don't you feel yourself breaking into a sweat just reading about his fantastic feats - if you don't then read it again, only turn off the air conditioner.)

The U/15 team is the light of his efforts - and those, of course, of his companions in the battle - ~~it~~ could do no less than win. Well done Craig.

OTHER FINE PERFORMANCES: Andrew Nolan U/15 100m 12.8 PB
James Flowers U/13 100m 12.6 PB
Neil Louis U/17 100m 11.9 PB
Col Findlay D 400m 62.9
Dave Edwards B Jav 42.88m
**Euan Wilson 10km 30.03 3rd Vic Champs.
**Mal McFarlane HJ 2.00m 4th Pacific Conference Games Trials

B GRADE REPORT:

We were faced with a hot, humid, clammy day. YUK. There proved to be plenty of heat from the sun, from the opposition (Ivanhoe) and from the track. Ian Handasyde got the team off to a brilliant start with a sluggishly slow time. Without a/ being ~~asked~~ asked for an explanation but with professional candour, he said, "I went for the points, not the time due to the heat." In the 100's Dave Ed was 3rd in 11.7; Fonzie McQuilkin 5th in 12.0 and our Snooker expert Al 'Pal' McLeish 6th in 12.0. WELL, here's a first, OS had NO high jumper and NO triple jumper. A fight back came from the 1500 runners. John Cormack ran a very good 4.12 for 1st, Just behind him was Ross Hooley in 4.17 3rd, and 5th in 4.28 was John Thorpe who lay down and just made funny noises for the rest of the day. The two bronzed Aussie burgers Rohan Hodges and Dave Eds ran great hurdles coming 2nd and 1st respectively in 18.2 and 17.8. Oh sob, sob, No discus, No pole, No shot. But the relay team hung in there or out? for 2nd thanks to Ed ~~Mc~~ Quilk, Ham and McLeish Ivanhoe is along way ahead but Dave Eds fought back with a great steeple from Charlie Aitken. Dave Eds threw a good Jav for 42.88m In the end, victory depended on how well we went in the 400m. OS had two good runners in Roscoe and Dave but for a bit more depth they recruited Neil 'no girl' ~~Neil~~ Louis from the U/17 ranks. It looked a good team. They were leading at the 200 mark but the one and only Ivanhoe runner took over from there Ross chased him home in 52.6; Dave Eds. 3rd in 54.2; and Neil Louis 4th in 55.7.

A good effort but unfortunately overall we went down by four points. A big comeback needed next week by the team. OS : 62 Ivanhoe : 66

C GRADE REPORT :

In the time it took Facey to cook in his shoes and eat half of them, (no reflection on his cooking of course), the rest of the C Grade Athletes (the Gents) had managed to complete a little light training - you know the type of thing - several acres of lawns mowed, the weeks shopping done, the house spotlessly clean..... - in preparation for the the (ah yes) the headlong plunge into heated battle. Once again our boys from God's own school came out Victorious, crushing SSH and KC. Special mentions must be made of Gary Wall (Steepl), Ian Wilson (avery nippy ol' fella) and David Plaisted (100 & 1500) - all new and all keen. Thanks to Tarques, John Marx and Mike Carter for letting someone know they would be conspicuous in their absence however we wouldn't mind if there were a few more athletes conspicuous in gracing us with their presence; how about it fellas?

OS : 62 SSH : 24 KC : 16

B GRADE RESULTS

VICTORY !! OS: 32 BH 2 : 8

Thanks to :--

100 m. Fleisted, Werner, Cormack.
 1500 walk. Holmes 1st, Findlay 2nd.
 1500 m. Werner 5.23
 4 X 100 Thorpe, Hando, Werner, Hodges. 52.6
 400 m. C. Findlay 62.9

UNDER 17 RESULTS

100 m. Neil Louis 11.9 P.B.**

Downed by Croydon. (Scores censored for morale reasons.)

UNDER 16 RESULTS

You wont believe it !!!/???) O.S. 6. B.H. 2. 7.
 Just pipped by one solitary point!!!!!!

UNDER 15 RESULTS

High Jump Craig Burnham 1st 1.85 P.B. ** and RECORD *****
 100 m. Nolan 12.8 P.B. **
 Burnham 13.2 P.B. **
 90 Hurdles Burnham 1st 17.1. Nolan 2nd 20.2 2nd
 Shot Put Burnham 1st 11.21 m. P.B. **
 4 X 100 Nolan Burnham Collyer Harman 1st.
 Javelin Hill 20.7 m.
 Triple Nolan 1st

O.S. 49 thrashed Croydon 16

UNDER 14 RESULTS

1500 walk Green 1st 8.54
 Shot Put Green 2nd 8.98
 100 m Green 3rd 13.9 P.B. ** Hill 4th 14.2 Briscoe 5th 15.1
 Pole V. Hill 1st 2 m.
 1500 Green 2nd 5.33 Briscoe 4th 5.47
 90 Hurdles Hill 2nd 16.7
 High Jump Hill 1st 1.4 (retired).
 4 X 100 Green, Briscoe, Hill & Flowers 1st 56.8
 Triple Briscoe 2nd 8.27
 400 Briscoe 3rd 69.9

O.S. 49 defeated by Kew/Camberwell 72

UNDER 13 RESULTS

Triple Collyer 2nd
 1500 Walk The Invisible man !!!!!!!
 100 m. Flowers 1st 12.6 Eq. P.B.** Collyer 2nd, Harman 4th.
 Shot Put Harman 1st 6.58
 1500 m. The Invisible Woman (What ??????)
 Hurdles Flowers 1st 15.7 Harman 3rd 19.6
 High Jump Collyer ??
 4 X 100 Means what it says.... i.e. 4 ... we only had 3 !!
 400 m The Invisible Frog....

O.S. 36 defeated Croydon 17

Many thanks to Kilroe-Smith who phoned to say that he couldnt make it. No thanks to Moore and Carruthers who were also absent --

BUT WITHOUT LEAVE!!!!

SPECIAL FEATURESVERY SPECIAL FEATURES

This Thursday A.F.S. United shows what it is made of at 6.30 at O.P. Come and cheer the lads and see some good performances.

Note 2. Interclub on Jan 31st transferred from Box Hill to Olympic P.

Note 3. Portsea is coming. Prepare yourself for March 1st.

Note 3. From now on, all events over 1500 m will be controlled by a qualifying time bell. Any runner still on the track when the qualifying bell is rung will be required to leave the track immediately BUT they must never-the-less report to the recorders at the finish. Failure to report may penalise your club points.

ALCOA CHALLENGE MEET.

Last Thursday a few Old Scotchies gathered with Fosters In Hand to view the Alcoa Challenge meet. We arrived early only to find that the real action didnt start till 7.15 and even then the events through to No. 10 were fairly lack lustre. Event 10, the men's 100 m. saw Gerrard Keating (a Junior) win in great form. However, the real interest lay in the poor performance of Richard James -- concensus had him placed about 6th. Not too good for the Nation's Champion.

In the Women's 400 Hurdles Ross' heart-throb, 17 year-old Michele Baumgartner won in a National record time of 52.7 (perhaps we could recruit her for A Grade !!) Ken Hall won the 1500 and also secured a place in the Pacific Conference Games team with a time of 3.41.6 A.F.S. United Star, Dave Sneddon (O.X) had the set up at 200 to go and then stepped out, sprinted for home and managed third in 3.47.9.

The event of the night appeared to be the 800 m. John Higham was making his come-back and at least 5 others were good enough to win. But it was Junior Michael Hillart who won the very fast race breaking the Australian Junior Record by 1.7 secs and equalling the Australian Open Record of 1.45.9 Mick Wills was second in 1.46.6.

The race was one which probably saw plenty of P.B.'s notched up.

The 10 K. saw black-banned Gerard Barrett win in 28.09.9 front-running all the way. One runner at about the half way mark decided to help Gerard by pacing him since he realised he himself couldnt last the race out. The problem was -- Gerard was going too fast.

Meanwhile back in the field, two AFS United stars, Nick deCostella (O.X.) and Ewan Wilson (O.S) were having their own race. At one stage Ewan was 150 m in front, but Nick pegged him back and eventually passed him. Undeterred, Ewan bided his time and with 100 metres to go, raced past Nick to come 6th in the race and capture a Bronze medal in the Victorian Championship.

All in all it was an entertaining meet -- one in which Junior athletes shared and STARRED.

TEAMS FOR 24/1/81

UNDER 13 TEAM v	BoxHill 2
1.10 1500 walk	8301596
1.15 F.J.	8301596
1.45 200	
2.30 Discus	Collyer & Flowers
2.50 800	Flowers & Collyer
3.15 L.J.	for all events.
3.30 4 X 200	AND anyone else
3.30 Shot P.	"generous" enough
4.20 80 m. H.	to help these poor
	overworked lads out.

TEAMS FOR 24/1/81

B GRADE vs BH2

A. McLeish 20-6541

- 1.00 Hmr -
 1500W Handasyde, Crabb
 400H Ham, Hauser
 1.30 200m Edwards, Smith, McLeish
 1.45 HJ Smith
 2.00 Disc -
 2.15 LJ Smith
 2.30 800m Hooley, Aitken, Wilson
 PV -
 3.00 Jav Eds
 3.30 4x200 ?
 4.00 SP Hare
 110H Ham, Eds
 4.15 5Km Cochrane, Oehr, C. Aitken, J. Marx

TO COMPETE BY INVITATION:

- 200m P. Barton, H. McLean, T. McLennan
 800m T. Christensen, G. Evans, T. Panmer, J. Serle
 5Km M. Caraher, G. Ellingworth, D. Evans, C. Findlay, P. Milne,
 A. Goodwin, C. Gray, I. Hickey, G. Hindle, R. Johnstan, D. Lee,
 M. S. Smith, R. Hodges, T. Swain, ALL EXPECTED TO TURN UP

C GRADE vs BH1 vs OX

R. Hooley 29-7135

- 1.00 HMR -
 400H Russel, Hodges
 1500W Wirth, Findlay
 1.30 200m McAuley, Tapp, Hauser
 2.00 SP Waters
 PV Hodges
 2.30 800m Cochrane, Tallent, Tapp
 2.45 LJ Ham
 3.15 HJ Ward
 3.30 4x200 ?
 JAV Munroe
 4.00 110H Hodges, Hare
 4.35 5Km N. Lucas, Wall, Wormersly

D GRADE vs KC1

J. Russell 20-7127

- 1.00 HMR -
 400H Latimer, Thompson, Werner, Facey
 1.10 1500W Holmes, B. Moore
 1.30 200m Tingate, Ward, Mitchell
 2.00 SP Munroe
 2.30 800m Carter, Catherall, Plaisted
 3.15 HJ Tingate
 3.30 4x200 ?
 JAV Waters
 4.00 110H I. Wilson, Fleming
 4.15 LJ Waters
 4.35 5Km G. Wise, Mallard, Facey

U/17 vs BH2

T. Tingate 836-3972

- 1.10 1500W
 1.30 DISC
 PV
 1.45 LJ
 200m
 2.50 800m
 3.00 SP
 3.30 4x200
 3.45 HJ
 4.00 110H
 3Km

U/16 vs OM

H. Scott 544-7204

- 1.10 1500W
 1.30 HMR
 1.45 LJ
 200m
 2.45 HJ
 2.50 800m
 3.00 SP
 3.30 4x200
 4.00 3Km
 4.10 JAV
 4.20 100H

U/15 vs BH1

C. Burnham 857-6735

- 1.10 1500W
 1.15 LJ
 1.30 PV
 1.45 DISC
 200m
 2.45 HJ
 2.50 800m
 3.30 4x200
 4.20 100H
 4.30 SP

U/14 vs BH1

A. Green 232-5632

- 1.10 1500 W
 1.15 H. J.
 1.30 S. P.
 1.45 200 m.
 2.50 800 m.
 3.30 4x200
 3.45 L. J.
 3.50 Jav.
 4.20 90 H.

This week the newsletter is setting itself the high standard of 'good literature'. Yes! we have decided to devote ourselves to the attainment of 'kulcher'. If we succeed, then remember it was due largely to luck and some coaching from Ian "Move over Pierre Cardin" Handasyde. If we fail, then all we can say is "Am meisten Unkraut tragt der fettste Boden" or, in other words, "The fattest soil brings forth the most weeds", as old Antarchian seals have often been heard to mutter. Anyway to begin..

ATHLETE OF THE WEEK : Rugged, Raging Ross Hooley.

It can truly be said of Ross Hooley that on January 24th, 1981, "Cet homme va a bride abattue" (that man goes at full speed). Ross ran a very good 800 m in a P.B. time of 1.58.3. With a time like that, Ross fully deserves the Athletes Foot of the Week Award which comes to him complete with a 47.3 gram can of Tinea Powder! Well done, Ross.

To further our quest for the elusive 'kulcher' we invite all teams to reveal the 'inside' stories on the fierce competition they meet each week (a kind of D.S. T.V. Scene). If your excuse is the boring 'nothing ever happens' excuse, then invent something..., anything...!! For all authors, we would appreciate if reports could be written in legible barbarian swahilee - for pointers we refer you to the program "Follow Me - English for Beginners" on Sundays at 6.00 p.m. on Channel 0.

B, C, D GRADE REPORT

The Conglomerate Report.

It was just one of those days ... on can't conjure fit and/or keen athletes out of nowhere and besides it is a long weekend.

Even though there was a rather strong headwind in the straights (especially for sprinters), this did not deter some distance runners from obtaining some excellent times; notably Ross Hooley 800 m 1.58.3 P.B.

We scratched a number of D Grade events - however that decision was made only on the prior knowledge that D Grade had no competitors!! In spite of the 'numbers' problem, there is very little one can do when, in C Grade, you are against B.H.I. and OX - we plodded on with some gutsy efforts from Rohan Hodges, Ian Handasyde and Rudi Werner. Thanks gents for turning up early - even though T.C. laughed and chuckled after the 800 m.

Any other 'worthy to mention' names? Well, (a deep hole in the ground with water in it) Jon Holmes walked a lengthy 1500 m and Mike Smith jumped 1.87 m. Great to see some of the 'oldies' back on the track, i.e. Paul Lucas, Neil Lucas.

<u>RESULTS B GRADE</u>	1500 Walk	Handasyde	1st	7.16	
	400 H.	Ham	2nd	63.1	
		Hodges	4th	66.4	O.N.Q.
	200 m	Edwards	2nd	23.8	
		Ham	5th	26.0	
	H. Jump	Smith	1st	1.87 m	
	L. Jump	Ham	2nd	5.82 m	
	800 m	Hooley		1.58.3	P.B.
		Cochrane		2.00	
		Catherall		2.04	
	Javelin	Edwards	2nd	41.62	
	4 x 200	Edwards, Tallent, Ham, Hooley	- 2nd		
	110 H.	Edwards		18.8	
		Hodges		19.0	
	5000 m	Cochrane	1st	15.57.6	
		Dehr	2nd	16.03	
		Marx		O.N.Q.	

O.S. : 64 B.H.2 : 76

C GRADE RESULTS

200 m. Handasyde 7th, 28.6 Werner 8th, 30.3
 P.V. Hodges 2.85 m.
 800 m. Tallent 2.02.1, 1st. Thorpe 2.07.1 Christensen 2.11
 4 x 200 Thorpe, Plaisted, Christensen, Hando 3rd.
 110 Hurdles Thorpe 2nd 20.3
 5000 K. N.Lucas 17.08. P.Lucas 18.07. D.Plaisted 19.12.
 O.S. 50 B.H.1. 94 O.X. 73.

D GRADE RESULTS

400 Hurdles Hill 1st
 1500 walk Holmes 1st 8.39.1 Werner 2nd 9.59.2
 800 m. Plaisted 2.19.6 Werner 2.39 (DNQ) Handasyde qualified.
 O.S. 16 annihilated K/C 00000000

UNDER 17 REPORT

Before we boast too much, we must remember that B.H.2 did not field a team (phew). This helped considerably to make our decisive win easier. three team members -- Tingate, Hill & Edmondson -- all ran, walked, threw and jumped well.

1500 Walk Tingate 1st 8.22.6
 Discus Edmondson 1st 25.62 m.
 P.V. Hill 1st (He jumped that high we don't know distance.
 L.J. Edmondson 1st 5.17 m.
 200 m Tingate & Hill Equal 1st 29.8.
 S.P. Edmondson 1st 12.0000000 m.
 High Jump Tingate 1st 1.75 m
 O.S. 48 B.H.2 0000000

UNDER 16 REPORT

O.S. 000000000 O.M. 6.

UNDER 15 REPORT

1500 Walk Maginness 2nd.
 Long Jump Burnham 2nd 4.84
 P.V. S.Hill 1st
 H.J. Burnham 2nd 1.60
 800 m Frew 3rd 2.26; Burnham 5th 2.33; Maginness 6th
 4 x 200 Frew, Nolan, Burnham, Maginness 2nd
 100 H Frew 2nd; Maginness 4th
 S.P. Burnham 2nd 10.09
 O.S. 33 B.H. 1 76

UNDER 14 REPORT

O.S. 49 B.H. 1 55

1500 Walk Green 1st 8.59.9
 H.J. S.Hill (Invitation) 1.55m **P.B.
 Tingate 2nd 1.45
 S.P. Kiss 2nd
 200 m Kiss 4th 27.9; Green 5th 30.2; Montgomery 6th 31.3
 800 m Kiss 4th 2.45.9; Purple 3rd 2.39.2; Montgomery 6th 2.48.
 4 x 200 Montgomery, Tingate, Kiss & Red 1st.
 L.J. Kiss distance unmentionable.
 Jav Hill 1st 25.98 ** P.B.
 90 Hurdles Hill 2nd 16.8 Tingate 3rd 20.3

UNDER 13 REPORT

Happy New Year... Someone's had a long hangover!!! Today the U 13's were missing many athletes ---- but it didnt matter anyway. In the walk and High Jump we had the invisible man (Mr X rated) what we would do with- Out him I dont know. In the 200 Jolly J Flowers came 1st with a time of 27.5, whilst Tarnished Tim Collyer finished 2nd in 30.4 and Monty was 4th in 31.9. In the Discus, woeful Willy Tuckfield came 1st throwing a P.B. (as well as the discus) of 19.86 m. The 800 had celebrities Collyer, Tuckfield, and little Monty who came 1st,2nd and 3rd resoectively. In the 'Long' our competitor was a long way away. In the shot, Titanic Tuckfield came 2nd (He should be shot Ha, Ha.) with a put of 7.67 m. Infamous boys such as Collyer, Little Monty, Wiley Will Tuckfield and Elat-footed Flowers won the relay. The hurdles had a one-man stand; that man was jumpin James and he came 1st in a P.B. of 15.5

O.S. 53 B.H.2 23

A.P.S. UNITED RESULTS (O.S. Athletes underlined)

Hammer R.Glass 1st 48.08 m/
P.V. A.Hill D.N.Q.
H .J. M.Smith 2nd 1.85 m.
100 m. J.Dooley 1st 11.4; J.Sullivan 4th 11.6; G.Chambers 5th 12.0
3000 m Walk S.Bourke 2nd 13.25 J.Thorpe 3rd 14.04
Javelin R.Mooney 2nd 48.80 m
1500 m D. Sneddon 1st 3.56; A Schlicht 3rd 3.59 N.deCastella 4th 4.03
S.P. C.Boemo 2nd 11.7 m
100 m Hurdles J.T horpe ~~DNQ~~ 20.5 DNQ
D.Han 3rd 17.5
T.J. C Harangazo 3rd 12.62
4 x 100 J.Dooley, J.Sullivan, D.Sneddon & D.H an 2nd
Discus R.Glass 2nd 36.43 m
3000 m Steeple J.Pedley 3rd 9.32 A Cochrane 4th 9.35
400 m G.Chambers 2nd 50.1; D.Sneddon 4th 51.2; A.Schlicht 5th 52.3
A.P.S. 160. Williamstown 160 Coburg 118 Sandringham 78.

A RESERVE LADDER

Boxhill 19; Williamstown 16; ~~V/P~~ ~~14 1/2~~ APS, Doncaster, Glenhuntly EMH all 14. Followed by Collingwood, Mentone, Old Melbournians , Sandringham and Coburg.

SOMETHINKS SPECIAL VERY SPECIAL, INDEED

- 1) This week everyone is at Box (receptacle, usually lidded, rectangular or cylindrical, of wood, cardboard, metal etc) Hill and NOT Olympic Park.
- 2) Portsea is coming. Portsea is coming. Remember March the 1st -- the day when it is us against the army. As Phil B. said, 'We shall fight them on the beaches ... and we shall never surrender.' (Dont you get the feeling its all been said before.)
- 3) VICTORIAN RELAY CHAMPIONSHIPS 8th & 9th March.

All team captains please note that entries close Monday 23rd February 1981, and all team members must be under the appropriate age as at the day of competition. For further details or information, contact Dave Edwards (255067)

- 4) The day we have all been waiting for is getting closer. Yes, you've guessed it -- its MERRICKS !! The Seniors have to face the mighty Juniors.... on a cricket pitch over which controversy rages -- it rivals the famed M.C.G. altercation ... and the M.C.G. pitch too ! It promises to be a great day -- that day being MARCH 15th ---- and Hando has not only moved the sheep off the hallowed turf, ~~xxx~~ together with their droppings, already, but he has hinted that he might even stamp on it daily, doing his world-renowned heavy roller impersonation. It is such a momentous occassion, one that all should enjoy, that Hando has promised that he wont sing if everyone turns up. So please, please come. Mark the 15th March very firmly in your diaries now as O.S. property and start practicising. Those ***** little juniors are hard to beat.

N.B. WATCH NEXT WEEKS EDITION FOR A VERY SPECIAL COACHES CORNER.

(Typists apologies to d.edwards -- our two typing fingers are too sore to go on !!)

TEAMS FOR 31st JANUARY 1981

B Grade vs SSH A. McLeish 20-6541

- 1.00 HMR -
- 3KmW I. Handasyde, R. Gabb
- 1.15 100m McQuilkin, Edwards, McLeish
- 1.45 1500m Hoolley, Cochrane, Catherall
- TPL Smith
- HJ Smith (if available)
- 2.30 110H Edwards, Ham or Smith
- DISC -
- 2.45 POLE -
- 3.15 4x100 McQuilk, Edo, Al, Tallent
- 3.30 SHOT -
- 3.50 STPL C. Aitken, Mollard
- 4.15 JAV Edwards
- 4.30 400m Tallent, Hoolley, Tapp

C Grade s BHI vs OC R. Hoolley 29-7135

- 1.00 3KmW P. Findlay, Moore
- 1.15 100m McAuley, Tapp, Hauser
- 1.45 1500 Carter, N. Watson, Christensen
- 2.00 DISC Waters
- 2.15 TPL Tingate
- 2.30 110H Hodges, Flemming
- HJ Ward
- 3.15 4x100 as per 100 + Ward
- 3.30 PV Hodges
- 4.00 SP Waters
- 4.05 3000 STL Wall, Carter or Catherall
- 4.30 400 Edwards, Cochrane, Hauser

D Grade vs NON vs OM J. Russell 20-7127

- 1.15 100 I. Wilson, Flemming, Ward, Ham
- 1.20 1500W Holmes, Facey
- 1.45 1500 Werner, Serle, Smith
- 2.00 DISC Munro
- 2.30 110H Russell, I. Wilson
- HJ Tingate
- 3.15 TPL Ham
- 4x100 as per 100
- 4.00 SP Munro
- 4.20 2000 STPL Findlay, Handasyde, em Smith
- 4.30 400 Russell, Stoyles, Tingate

U/17 vs OX Tingate 836-3972

- 1.20 HMR
- 1500W
- 1.45 100
- 2.30 SP
- 1500
- 110H
- 2.45 TJ
- 3.15 4x100
- 3.50 JAV
- 4.00 HJ
- 4.20 2Km STPL
- 4.30 400

U/16 vs BH2 H. Scott 544-7204

- 1.15 HJ
- 1.20 1500W
- 1.30 DISC
- 1.45 100
- 2.00 PV
- 2.30 SP
- 2.45 TJ
- 2.50 100H
- 3.15 4x100
- 4.20 2Km Stpl
- 4.30 400

U/15 vs KC C. Burnham 857-6735

- 1.15 HJ
- 1.20 1500W
- 1.45 100
- 2.30 1500
- 2.50 90H
- 3.00 SP
- 3.15 4x100
- 3.30 JAV
- 3.45 TJ
- 4.30 400

U/14 vs IVAN 2 A Green 232-5632

- 1.20 1500W
- 1.30 SP
- 1.45 100
- 2.00 PV
- 2.30 1500
- 2.50 90H
- 3.00 HJ
- DISC
- 3.15 4x100
- 4.15 TPL
- 4.30 400

U/13 vs IVAN 2 c/o P. Barton

- 1.15 TJ Colleyer
- 1.20 1500W Harman
- 1.45 1000 Colleyer, Harman, Montgomery
- 2.00 SP West
- 2.30 1500 Collyer, Harman, Montgomery
- 2.50 90H Fraser-Smith, Kilroe-Smith
- 3.00 HJ Collyer
- 3.15 JAV Tuckfield
- 4x100 Harman, Collyer, West, Montgomery
- 4.30 400 West, Kilroe-Smith, Fraser-Smith

(If you haven't been picked, come along anyway)

The following are cordially invited to attend BoxHill on the 31st Jan 81
RSVP any team Capt by 30th Jan 81

100 P. Barton, H. McLean, T. McLennan
400 T. Pammer, J. Serle
PLUS A. Caraher, G. Illingworth, D. Evans, I. Milne, A. Goodwin, C. Gray,
I. Hickey, G. Hindle, R. Johnston, D. Lee, T. Swain,

As I put finger to typewriter key (which in turn hits the typewriter ribbon and thus leaves a mark on the paper), I reflect (not only on the wonders of technology but also) on Saturday, 31st January - a day of mixed fortunes for O.S. To be precise I, as in me, myself, I, lost the quite considerable sum of 67p!! To be serious, however, it ought to be stressed that the finals are drawing periously close which, in desperate terms, means that it has now reached that time of the year when closet athletes and O.S. Norms are needed, required, wanted, in demand, called upon, etc. SO RESPOND TO THE CALL.....

And now for something in the tradition of "An introduction to Market Capitalism", "Needlepoint for the Needy" and "Mad" comics, we present this 7 day winner of the Athlete of the Week Award, who is O.S. Plaisted Hill. Mr. Plaisted steepled, sprinted and long distance runned. Mr. Hill shot, vaulted an amazing 2.40 m, fairy leaped, high jumped, sprinted and discust. These two busy people win the much sought after 'anecdote of the week' (puff luck, fellas)..... One O.S. member said to another, "Let's celebrate your birthday in the Old Scotch tradition.... You buy!!"

DATES TO REMEMBER

1st MARCH -
PORTSEA

7 & 8th MARCH -
VIC. RELAY CHAMPS

15th MARCH -
MERRICKS

B. C. D CONGLOMERATE REPORT

..... Predicted temperature 30°C; actual 22°C/generally mild and fine, though the wind did blow up in the latter part of the afternoon. (The cloud cover was mostly numurous cumulus, however, to the left of the H.J., as one faced the stand, there did appear one cloud that could have been phosphorous columbus - it's hardto say, but now for the weather.

Further facts that came to light were that out of the teams listed in our weakly newsletter, approximately 25% of them turned up. Nevertheless, the teams were refurbished by others who were, generally speaking, not expected to be there.

There were some commendable performances on the day - notably,

1. Paul Lucas : Steeple 2000 (first time ever run) 6.58; and
1500 (f.t.e.r.) 4.28
- look out B Grade distance runners.
2. Rudi Werner : 1500m 5.23 PB
3. Jon Holmes : 1500 walk 8.20 PB
4. Stew Facey : 1500 walk 8.34 PB
5. Ian Wilson : 100 m 12.3 - a rather amazing result considering
the head wind and times of B graders.
6. Dave Plaisted : 'gutsy' and 'a deviator of the norm', i.e.
anyone who runs a 1500 in 4.47, is a member of the
D grade relay team, does the 3000 steeple in 11.38 and
to top it off was asked to compete in the 400 m
AND ACCEPTED (?!!) well, he ran 64.5 into-
monsoonal winds!
7. Dave Ham : H.J. 1.55 m (F.T.E.)
8. John Mollard : 3000 steeple followed, 10 minutes later, by
400 m in 63.7.
9. Rog. Tallent produced a 'confidence booster' with 51.7 into the wind.
10. Rick Feming : H.J. 1.65 m PB
11. - to be honest, the above athletes almost made up our teams in
their entirety!

As you can see, there was general excitement ... and as others
return from their holidays and for their shared interests...

<u>B. GRADE RESULTS</u>		O.S. .. 54		S.S.H. .. 83		
3000 W	Handasyde	15.34	2nd	T.J.	Ham	DNQ
	Moore	17.37	4th	110 H	Edwards	2nd
100 m	Edwards	11.8	3rd		Ham	
	McQuilkin	12.0	4th	Steeple	C. Aitken	10:39.1 1st
	McLeish	12.2	5th	Jav.	Edwards	DNQ
1500 m	Hooley	4.04	4th	400 m	Hooley	53.5 5th
	Cochrane	4.08	5th		Louis	65.1 DNQ
	Catherall	4.21	DNQ			
4 x 100	Ed, McLeish, Fleming, Ham					2nd

<u>C. GRADE RESULTS</u>		O.S. .. 66		B.H.:1. .. 123		
100 m	Ham	12.3	2nd	H.J.	Edwards	1.60 1st
	Fleming	12.5	4th	3000 St	Mollard	
	Evans	13.1	6th		Plaisted	11.38
1500 m	Lucas	4.28		400 m	Evans	57.8
	Serle	4.45			Fleming	63.0
	Plaisted	4.47			Werner	69.0
110 H	Fleming	17.3	3rd			
	Hodges	17.6	4th			
4 x 100	Tallent, Werner, Lucas, Hodges					

<u>D. GRADE RESULTS</u>		O.S. .. 62		O.M. .. 110		
100 m	Werner	13.9	6th	100 H	Evans	18.9 2nd
	Hodges	13.2	4th	T.J.	Hodges	11.19 m
2000 St	C. Findlay	7.24	2nd			
4 x 100	Hill, Evans, Plaisted, Hooley.					

U/17 REPORT

Weather : Cloudy and Hot (everyone seems obsessed by the weather!!). Good performances by everybody except Neil Louis, who managed - all by his lonesome - to take out all the pathetic performances! Three men deserve special mention -

- A. Edmondson - threw 31.64 (PB) in the hammer;
- T. Tingate - 7:41.8 (PB) in the 1500 walk;
- A. Hill - a great run to record 4.34 in the 1500 m which was a PB by 30 seconds! He also made his debut as an outstanding new long distance prospect in the 2000steeple in a half decent time (7.30.0) coming 1st - against no opposition.

<u>U/17 RESULTS</u>		O.S. .. 82		O.X. .. 14		
100 m	Meyer	11.8	1st	110 H	Meyer	16.4 1st
	McMillan	11.9	2nd		Tingate	20.1 PB 2nd
	Louis	12.3	3rd	T.J.	MacMillan	10.56 m 1st
S.P.	Edmondson	10.65 m	1st	H.J.	Tingate	1.70
Jav.	Edmondson	1st				
4 x 100	Meyer, Louis, Tingate, MacMillan.					

<u>U/16 RESULTS</u>		O.S. .. 00000		B.H.:2 .. 37	
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The invisible Man strikes! In fact the entire team was on strike!

<u>U/13 RESULTS</u>		O.S. .. 29		I.V. .. 0	
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Mild mannered Boris Burnham, as usual on Saturdays when there is inter club, metamorphisised. When he heard the U/15s plea for help, he dived into a quiet lily pond, ripped off his clothes (gasp ... oohh ... aahh) and became (wait for it) ... SUPERFROG! (It's not easy being green!) Overcoming the fierce officials, he leaped over the H.J. to win with a leap of 1.70 (he probably still would have won - even if there had been some competition). McMillan won the walk (9.20), Cossar, Frew and Berry were 1st, 2nd, 3rd in the 100 with times of 12.8, 13.0 and 13.2 respectively. Frew, Cossary and Maginnes came 4th, 5th and 6th in the 1500 m - 5.03, 5.39, 5.48. The relay team of Nolan, Burnham, Frew and Cossar won (52.9). Maginness won the Jav while Frew won the 400 m (63.0) with Burnham coming 3rd (64.7).

U/14 RESULTS

		O.S. ..	81		I.V. ..	9	
1500 Walk	Green		1st	90m H	Hill	16.7	1st
S.P.	Hill	11.49m	1st		Kiss	18.7	2nd
100 m	Kiss (I was made for loving you baby)	13.6	1st	H.J.	Kiss	1.50	1st
	Green	14.9	2nd		Hill	1.50	(inv)
	Briscoe		3rd	Discus	Hill	22.50	1st
P.V.	Hill (PB)	2.40m	1st	T.J.	MacMillan	8.88	2nd
1500 m	Briscoe (PB)	5.22.7	1st		Briscoe	8.86	(inv.)
	Green	5.23.2	2nd	400 m	Kiss	61.4	1st
	MacMillan	5.29.5	3rd		Hill	65.5	2nd
4 x 100	MacMillan, Hill, Kiss, Briscoe		1st		Briscoe	69.8	3rd

A RESERVE LADDER

BOX HILL	23	%
WILLIAMSTOWN	19½	
KEON PARK	18	
A.P.S. UNITED	17½	(28.02)
DONCASTER	17½	(26.10)
ESSENDON/E.M.H.	17½	(25.87)

Glenhuntly, Mentone, Collingwood, D.M., Sandringham, Coburg.

TEAMS FOR 7TH FEBRUARY, 1981

B GRADE	vs	K.C.	A. McLeish	..	20 6541
1.00		Hammer	A. Tingate or I. Munro		
1.00		1500 W	Handasyde, Findlay, em. Gabb		
1.00		400 H	Evans ?, Ham, em. Hauser		
1.30		200	McLeish, Edwards		
1.45		H.J.	Smith		
2.00		Discus	?		
2.15		L.J.	Ham		
2.30		800 m	R. Catherall		
2.30		P.V.	Hodges		
3.00		Jav.	Edwards		
3.30		4 x 200	Ham, Edwards, McLeish and ?		
4.00		S.P.	?		
4.00		100 H	Edwards		
4.15		5000 m	T. Dehr, C. Aitken.		
C. GRADE	vs	O.M.	vs	C.R.	R. Hooley .. 29 7135
1.00		Hammer		Hooley (?!?!?)	
1.00		400 m		Hodges, Hauser	
1.00		1500 Walk		Gabb, Moore.	
1.30		200 m		Hooley, Ham, Munro	
2.00		S.P.		?	

C Grade Teams cont.

2.00	P.V.	Latimer
2.30	800 m	A. Aitken, T. Christensen, M. Carter, N. Tapp em. P. Lucas
2.45	L.J.	?
3.15	H.J.	?
3.30	4 x 200	200 m + Aitken
3.50	Jav	Edmondson em. Munro
4.00	100 H	?
4.35	5000 m	N. Lucas, J. Marz, R. Catherall.

D GRADE vs K.C.:2 vs S.S.H. J. Russell .. 20 7127

1.00	Hammer	Nails
1.00	400 H	Latimer, Facey
1.10	1500 Walk	Holmes, Findlay
1.30	200 m	Tingate, I. Wilson, T. McLennan
2.00	S.P.	?
2.30	800 m	P. Lucas, T. Christensen, Plaisted, Serle em. Tingate
3.15	H.J.	A. Tingate
3.30	4 x 200	Sprinters and others
3.30	Jav	?
4.00	100 H	Munro, Hando
4.15	L.J.	I. Wilson
4.35	5000m	P. Lucas, C. Findlay, J. Serle, T. Christensen,

U/17 vs K.C. Tingate .. 836 7972

1.10	1500 walk	Tingate em. Thompson
1.30	Discus	Edmondson em. Thompson, Hill
1.30	P.V.	Hill em. Tingate
1.45	L.J.	Meyer em. Edmondson, MacMillan
1.45	200 m	MacMillan, Meyer, Louis em. Tingate
2.50	800 m	Stewardson, Louis, Hill em. Thompson
3.00	S.P.	Edmondson em. Tingate
3.30	4 x 200	MacMillan, Meyer, Louis, Tingate
3.45	H.J.	Tingate em. Hill
4.00	110 H	Meyer, Hill em. Tingate
4.00	3000 m	Stewardson, Thompson em. Hill

PERSONAL NOTE : Those who don't turn up will lose a face on Monday.!

U/16 vs B.H.:1 H. Scott .. 544 7204

1.10	1500 Walk
1.30	Hammer
1.45	L.J.
1.45	200 m
2.45	H.J.
2.50	800 m
3.00	S.P.
3.30	4 x 200
4.00	3000 m
4.10	Javelin
4.20	Hurdles

U/15 vs K.C. C. Burnham .. 857 6735

1.10	1500 Walk
1.15	L.J.
1.30	P.V.
1.45	200 m
2.45	H.J.
2.50	800 m
3.30	4 x 200
4.20	100 H
4.30	S.P.

U/14 vs B.H.:2 A. Green 232 5632

1.10	1500 Walk
1.15	H.J.
1.30	S.P.
1.45	200 m
2.50	800 m
3.30	4 x 200
3.45	L.J.
3.50	Jav.
4.20	90 m Hurdles

U/13 v.s. C.R. C/- P. Barton

1.10	1500 Walk
1.15	H.J.
1.45	200 m
2.30	Discus
2.50	800 m
3.15	L.J.
3.30	S.P.
3.30	4 x 200
4.20	90 m Hurdles

A.P.S.	UNITED vs Williamstown vs Glenhuntly vs Collingwood
400 H.	Griffin, McGlade
Walk	Thorpe, Bourke
200	Dooley, Ryan, Tallent
800	Sneddon, Schlickt, Chambers
4 x 200	Dooley, Ryan, Tallent, Chambers
110 H	Griffen, Smith
5000 m	Wilson, Cochrane, Pedley
Hammer	Glass
L.J.	Griffen
H.J.	McFarlane
Discus	Glass
P.V.	Hill.

And now the first instalment in

SPECIALISED EXERCISES FOR SPRINTERS AND HURLERS

1. Stand, legs apart, arms parallel to floor, turn bend, touch floor.
2. Stand, heels together, place hands on floor, knees straight.
3. Sit, clasp hands right over left above head, elbows straight, then 'bicycle ride' maintaining balance.
4. Stand, bend, grasp ankles, pull head to touch knees.
5. Stand, feet apart, bend, touch shoulders to knees, head between legs.
6. Stand, leg on support 3' to 3½' high, bend forward, alternate.
7. Stand, kick leg up over head, alternate.
8. Stand, heel on support, bend both knees as far as possible, alt.
9. 'Press ups' from the fingers (not palms of hands), body straight. (When in condition, flick off floor and clap hands.)
10. Stand, hands on hips, trunk bend, roll the trunk around the hips.
11. Stand, stretch left leg forward and right leg backward as far as possible, alternate.
12. Lying down raise legs, hands at sides flat on floor, touch toes on floor as far as possible behind head, then vary by keeping legs straight and touch toes to right and left.
13. Lying down, raise trunk, grasp ankles, touch head on knees.
14. Stand, raise one leg forward, bend supporting leg lowering body as far as possible - then slowly rise, alternate. (at first, use chair for support)
15. Sitting, place feet 12, 24, 36 inches apart, grasp ankles, touch head on floor.
16. Sitting hurdling position (3 right angles) bend forward, touch head on knee, alternate.
17. Stand, feet apart alternately place left and right knees on floor between feet.
18. Sitting, hurdling position, bend forward, touch elbow on floor in vicinity of trailing knee, alternate.
19. Stand, hands at side, raise knee to horizontal and rise on toes, balance, alternate.
20. Stand, raise knee and clasp to chest, rise on toes, alternate.

Await the second part of this exciting serial in a future Newsletter.....

B GRADE REPORT :

We lost!! (gnashing of teeth, snarls of dissatisfaction, beating of chests...) in spite of some good performances.

<u>RESULTS:</u>		O.S. : 61	K.C. : 78
1500 walk	Handasyde	7.09 1st	800 m Cochrane 1.58.9 1st
	Moore	8.07 3rd	Aitken 2.00.9 5th
400 Hurdles	Evans	59.4 2nd	Catherall 2.01.3 6th
	Ham	4th	Jav. Edwards 40.56 m 1st
200 m	Edwards	23.2 1st	110 H Hodges 18.6 1st
	Hooley	24.1 4th	Edwards 19.00 2nd
	Ham	25.1 6th	5000 C.Aitken 16.59 2nd
H.J.	Stewardson	1.65m 2nd	R.Catherall 17.50 D.N.Q.
4 x 200	Hooley, Edwards, McLeish, Aitken		

B. GRADE LADDER : BH.1, Ivanhoe, K.C., O.M., SSH, O.X., BH.2, O.S. (aagh....)

C GRADE REPORT:

We lost!! (gnashing of teech, etc.) - we lost miserably!! We need more people. Help. The one bright star on the horizon is the return of Stew (or do you prefer to be called casserole?) Handasyde who will be useful over distances. Hiya Stew!

<u>RESULTS:</u>		O.S. 70½	O.M. 91½	CROY. 44
400 m	Hodges	65.5 1st	4 x 200 Lucas, Tingate, Plaisted, and Thorpe 1.45.9	
200 m	McLeish	23.8 2nd	Jav. Edmonson 34.00 m 1st	
	Tingate	24.8 5th	5000 m P. Lucas 18.07	
	Evans	25.6 7th	D. Plaisted 18.42	
P.V.	Hodges	2.70 =1st	N. Lucas 16.51 (INV)	
H.J.	Tingate	1.55 2nd		
800 m	Tingate	2:21		
	Carter	2.09		
	P.Lucas	2.12		

L.J. S.Handasyde O.N.Q. (pit too far away!!)

LADDER : BH.1, O.S., O.M., K.C., BH.2, CROY, MON, O.X., IVAN, SSH, OC.

D. GRADE REPORT:

We won!! (unclench teeth, hum with satisfaction, dencorub chest). We won convincingly!! (Yeah team). Good performances by Holmes and Hodges, 1st and 2nd respectively in the 200 m (26.2 and 26.4) and Ian Handasyde snuck in to take 3rd in 27.5. Congratulations to Rudi Werner for a fine 2.29 (PB) in the 800 and for finding 50 cents! Dave Plaisted ran the 800 in 2.18.7 Other good efforts came from Col Findlay (18.53) and Jon Mollard (19.06) who tackled the 5000 m in searing heat.

<u>RESULTS:</u>		O.S. : 64	K.C. 2 : 0	S.S.H. : 8
1500 Walk	Holmes	1st		
Jav.	McLeish	3rd	N.T. (!)	
4 x 200	Holmes, Carter, Werner, Handasyde			
110 H	Evans	20.2 1st		

LADDER : O.M., BH.1, O.S., IVAN, CROY, BH.2, SSH, KC, MON, KC.2.

Some people have criticised my waffle at the beginning as being aimed at the morons of the world! Let me tell you - I don't write for anyone but myself..... UG could this mean I'm the moron!?! Anyway all I know is that this week's man of the moment is most certainly not (a moron).

Aflete of the Week is Alister/Alistair Meyer who clinched for the U/17s a grand victory. When confronted with the news that O.S. needed a 1st and 4th in the 110 Hurdles in order to beat K.C., Al took up the challenge bravely and calmly - if you ignore his frantic 1/2 hr. impression of a neurotic frantenstein! - and came through OUT FRONT! Three cheers for Al and while we'd like to bestow on him worldly goods of considerable value - our pockets preclude us. However, Greg Evans (welcome back!) has generously donated his priceless European collection of fingernail clippings of the famous as this week's prize. Lucky Al!?! -

Other commendable performances -

U/13	H.J. Disc.	T. Collyer K. Harman	1.50 21.10	Record PB and Record
U/17	800 m 3000m 110 H	Hill Hill Tingate	2.06 11.40.1 18.7	PB by 10 seconds PB PB
U/14	200 m 800 m	McMillan Green	29.8 2.28.5	PB PB
	200 m	D. Edwards A. McLeish	23.2 23.8	
	800 m	A Cochrane N. Lucas	1.58.9 16.51	

Dont' forget : MERRICKS March 15th where Ian Handasyde will offer an explanation of why he had the audacity to beat a very attractive girl to the tape last Saturday! We hope he apologised after!

: PORTSEA March 1st.

: To all those who are colour blind, O.S.s uniform is red shorts and red singlet with an O.S. badge on the front (which is easily obtainable from Dobson's for a moderate sum). Proper uniform is required for the finals - and indeed at each meet. Other clubs are getting more and more irate at some members blatant disregard of the clothing code - so don the red ... or else!! (Though I must say the pretty pathtels really do something for a man!)

: We'd like to take this opportunity to wish all competitors in the Vic. Champs the very best of luck and warn those not competing not to write to the Consumer Protection Bureau with fears of having been struck off the mailing list when they don't receive a newsletter for two weeks ... mainly because there won't be any. So count your blessings while you can!

: Neil Lucas invites one and all to the Berwick Fun Run. Neil is one of the organisers so the run is bound to provide plenty of laughs!

U/13 RESULTS: D.S. 70 CROYDON 36

LADDER : BH.1, O.S., BH.2, CROY, IVAN.1, IVAN.2.

U/13 Team for 28th February vs. Ivan 1.

1.15	T.J.	Collyer
1.20	1500 Walk	?
1.45	100 m	Flowers, Maxwell, Montgomery
2.00	S.P.	West
2.30	1500 m	Collyer, Tuckfield, Kilroe-Smith
2.50	90 H	Sykes, Fraser-Smith
3.00	H.J.	Collyer
3.15	Jav.	Tuckfield
3.15	4x100	Sprinters + Davies
4.30	400 m	Davies, West, Kilroe-Smith

A. P. S. UNITED RESULTS

Hammer	<u>R. Glass</u>	48/12	1st
400 Hurdles	P. Griffin	61.8	
	D. McGlade	58.2	
1500 Walk	S. Bourke	6.05.9	
	<u>J. Thorpe</u>	6.21.4	
P.V.	<u>A. Hill</u>	3.15 m	
200	A. Ryan	23.1	
	<u>R. Tallent</u>	23.9	
	G. Chambers	23.0	
800	G. Chambers	2.10	DNQ
	D. Sneddon	1.55.3	
	A. Schlicht	1.56.2	
H.J.	<u>M. MacFarlane</u> ¹	1.95 m	
S.P.	C. Boemo	12.15 m	
Discus	<u>R. Glass</u>	36.04 m	
4 x 100	G. Chambers, A. Ryan, <u>R. Tallent</u> , D. Sneddon	1.32	
L.J.	P. Griffin	6.26	
110 H	P. Griffin	16.4	
	<u>O. Ham</u>	16.8	
5000	G. Sofianos	15.28	
	<u>E. Wilson</u>	14.34.2	
	J. Pedley	15.26	

And now for the second episode of the 'Exercises'

they have been temporarily mislaid

so keep practicing the first episode .!!!

U/17 REPORT :

Congratulations team on a great victory against the 2nd team - the flag is in sight.

<u>RESULTS:</u>		O.S. : 65	K.C. : 63
1500 Walk	Tingate	7:49.6	1st
Discus	Edmondson	28.80 m	2nd
P.V.	Hill		1st
L.J.	Meyer	5.08 m	2nd
200 m	Meyer	24.6	3rd
	McMillan	24.2	1st
	Louis	25.2	4th
800 m	Hill	2.06	3rd (PB by 10 seconds)
	Stewardson	2.07.2	4th
	Louis	2.15	6th
S.P.	Edmondson		2nd
4 x 200	Meyer, MacMillan, Louis, Tingate	1.37.3	1st (PB)
H.J.	Tingate	1.80	1st
110 Hurdles	Meyer	15.7	1st
	Tingate	18.7	4th (PB)
3000 m	Stewardson		
	Hill	11.40.1	(PB and never again!!)

LADDER: CROY, K.C., BH.1, O.S., IVAN, O.X., SSH, BH.2

U/16 REPORT AND RESULTS: No comment (someone's taking lessons from a politician and understandably so). O.S. : 0 BH.1 : 51.

LADDER: CROY, BH.1, BH.2, O.S., O.M., IVAN.

<u>U/15 RESULTS :</u>		O.S. : 60	BH.2 : 48
1500 Walk	C. Carra	9.39	2nd
L.J.	Cossar	5.05 m	2nd
Discus	Maginness	22.41	2nd
200 m	Bryce	25.6	1st
	Cossar	26.7	3rd
	Carey	26.2	2nd
H.J.	Maginness	1.50	2nd
800 m	Frew	2.21.0	1st
	Carra		4th
4 x 200	Cossar, Carey, Bryce, and Frew		1st
100 H	Frew	17.5	1st
	Cossar	19.6	2nd
S.P.	Bryce		1st

LADDER: BH.1, O.S., SSH, CROY, BH.2, O.X., K.C., IVAN.

<u>U/14 RESULTS</u>		O.S. : 54	BH.2 : 51
1500 Walk	Green	8.44.7	1st
H.J.	Kiss		1st
S.P.	Hill	11.61	1st
200 m	Kiss	27.2	2nd
	McMillan	29.8	3rd (PB)
	Briscoe	29.9	4th
800 m	Green	2.28.5	3rd
	Briscoe	2.38.9	4th
L.J.	Kiss		2nd
Jav.	Briscoe	25.10 m	2nd
90 H	Green		3rd
	Kiss		2nd

LADDER : BH.1, O.S., BH.2, IVAN, CROY, K.C., O.X., IVAN 2.

U/13 REPORT :

This week, the 'baby' Old Collegians (i.e. U/13) beat Croydon!!! In the walk Hopeless Harman came 2nd in 9.47.4 In the High, Collyer came 1st (what again) with a leap of 1.50 m which equalled the O.S. record. The 200 m produced a clean sweep. Flowers (foolish as ever) was first in 26.7, Dago Davies 2nd in 28.5 and Racing Rus 3rd in 29.4 In the discus, Working but Wonky Will came 1st with a throw of 17.60 m, HOWEVER the star was Cunning Ken Harman who threw 21.10 metres which is a PB AND an U/13 record when he was only competing under invitation! The 800 m was also good for the U/13s. First was "Two-step" Tim Collyer 2.10.0 (PB), 2nd Tenacious Tuck 2.35.0 and Witty, Tacky, Wonky West 4th. In the shot West fired a put of 9.69 m (PB). In the long Sykes came 2nd jumping 3.63 m! In the hurdles West won (15.2) and Killer-Smith was 3rd.

Iron Man of the Week : Peter Briscoe

On Sunday, Peter had to practically be physically wrested from the track at Portsea. His enthusiasm and stamina was something to see and admire, especially if one knew that on Saturday he had run, relayed and triple jumped (a PB by the way) for the U/14s, and on Sunday morning Peter had run in the Team Trot, until he had to retire hurt - the result of an unexpected hit and run accident!

When Pete was told of his award he pulled out his "All purpose award acceptance speech" and it was quite a feat to escape his monotonous drone. However, we did it and now provide a few of the duller highlights of his speech for all you insomniacs out there.

"Gosh (pause) I'm overwhelmed (pause) I never expected to win so I never prepared anything. (grin) I'm so thrilled. This is the biggest moment of my life. I'd like to thank Mum, Dad, Dick, Jane, Sandy, Norman of course, Ethel, Margarine, Gertie, naturally Merv and it goes without saying Ahmer, Vicks Vapour Rub and peanut butter... and just well, everybody (missed the next bit.. we dozed off -- 1/2 hour later) I don't want to take up too much of your time (yawn) God bless you all!

Pen Portrait of Peter : Peter trains with weights every night of the week (if you hadn't noticed he puts them on his head). In spite of this he is still taller than a midget. Peter's favourite colour is red and his favourite heavy gas is Helium.

This week is the last day of interclub before the finals. Of course, we would appreciate it if everyone would turn out, however, a special plea goes out to those guys who have competed twice. By running on Saturday you qualify for the finals which would help the Club out no end. It would be really great if all teams could maintain - or improve !!! - their places on the ladder, so, as Ross would say "Rally team". If it is any incentive.

After the day's aths everyone is cordially invited to have 'drinks' and 'swims' at the Louis' (home of Neil and Simon) at 3 Balmoral Street, Kew. The juniors are expected to field a strong (if not small) water polo side (horses not needed - unless they can swim!!)

The National Championships have attracted two bright, young (??) O.S. stars, namely John Cormack and Evan Wilson. As yet it is not known whether the two are using the Nationals as an excuse for a holiday or whether they really mean to compete. If it's the latter, then we wish them every success... and if it's the former, then, the same applies!!!

"Did you ever notice how in reporting sports no one ever 'wins' a game? They crush, stomp, triumph, trounce, bomb, outscore, outclass, overthrow, run over, edge out, hammer and humiliate, but they never use the word 'win'.

The other night in the sports round up there were three assaults, four upsets, and one humiliation. I said to Bonzo 'These guys must be fed intravenously by a thesaurus each night to come up with all those words that mean 'win'. 'They have to', he said 'You'd get bored hearing who 'won' all the time.'

Well, folks, this is one time when you won't be bored. Old Scotch did vanquish the Army on Sunday at Portsea. Problem was we were crushed by the combined O.X./O.M. team despite some fine O.S. efforts, notably Ian Handasyde's interesting massacre of the hurdles, Rog Tallent's inimitable high jump and Pete Thompson's long, or was that the short, jump.

cont/...
at length

Socialising, swimming, eating and - if you could be persuaded - competing, were the order of the day and the whole enjoyable experience was capped off by Phil Barton

(There's a man we call our leader
Who is brave, and fine, and mad
And we'll follow him forever
Though his mental state is bad)

who revealed the secret behind his shinning physique and A 1 health. So all may benefit from Phil's experience, we are including his recipe for a successful career.

Phil buys 5 McDonald's Junior burgers and then freezes them. When he gets hungry (shudder at the thought) he takes out a burger and dismantles it so he can stuff it in his vertical grill. You may find that you have a problem with it sending out smoke signals but Phil has survived to reach a ripe old age and you know what they say about charcoal being good for you.... The piece de resistance of this meal is that you can create your own fillings - though Phil finds it hard to 'come at' a 2 month old egg as an addition.

We know it's hard to believe that Phil has an IQ of several thousand but he still finds time after concocting his meals to look up people who owe him money. He has been heard to say that "Without me, I can safely say, there would have been no iron man award, no United Nations and quite possibly no end to the Second World War." Phil's greatest virtue is his modesty - his cooking is definitely not his second!!

Ian Handasyde has promised to regale us all with the joys of Merricks in next week's issue. You may wonder why we mentioned this beside the warning aspect of it. Well, the truth of it is, that if its in print Hando may remember to write his piece. So take note Ian!

Well done, Evan Wilson, who ran 10th in the Amateur Moomba mile on 27th February.

<u>B GRADE</u>		O.S. : 54		O.M. : 80	
3000 W	Handasyde	16.45		Hammer	
	Moore	DNQ			
100 m	Smith	11.6	2nd	T.J.	Tingate 12.02 2nd
	Edwards	11.7	4th	H.J.	Smith 1.90
	McLeish	11.9	6th	Hurdles	Smith 16.7 1st
1500 m	Aitken	4.17			Hodges 18.4 3rd
	Handasyde	4.1 ?		Steeple	Handasyde DNQ
	Catherall	4.19		400 m	Hooley 53.9
Relay	Smith, McLeish,			Aitken	54.5
	Fleming, Thompson			Evans	55.3
Discus,	Pole,	S.P.,	Javelin	- absolutely no one!	

<u>C. GRADE</u>		O.S. : 65		O.M. : 86		K.C. : 78	
3000 W				H.J.	Tingate		
100 m	Fleming	12.3		T.J.	Munroe	N.J. x 3	
	Evans	12.3		110 H	Fleming	17.5	3rd
	Tingate	12.4		P.V.	Hodges	2.85	1st
1500 m	Carter	4.24		S.P.	Thompson		
	Watson	4.18		4 x 100	Evans, Tingate,		
	Wise	4.36		Ward, Aitken			
400 m	Catherall	beat Stu		3000	P. Lucas	11.24	
	Facey	61.5		Steeple	D. Plaisted	11.25	
	Plaisted	beat Stu 61.0					

D.	GRADE	O.S. : 68	B.H.1 : 87	B.H.2 : 4
100 m	Aitken	12.4 <u>P.B.</u>	Discus	Thompson
	Thompson	12.2	H.J.	Ward 1.80 1st
	Ward	12.3		
1500 W	Holmes (beat Stu)	8.23 1st	T.J.	Hodges
	Facey	8.40 2nd	S.P.	McLeish
1500	P. Lucas	4.29	400	P. Findlay 59.5 1st
	R. Werner	5.23	4 x 100	P. Lucas, Facey, Hando, Werner
110 H	Evans	19.1 1st		
	Ward	17.3 2nd		

U/17	O.S. : 88	IV. : 45	MAKE ROOM ON THE WALL FOR THE FLAG !!	
Hammer	Edmonson	27.07 2nd	T.J.	MacMillan 10.57 2nd
1500 W	Tingate	8.27.0 1st		Louis 10.82 inv.
100 m	MacMillan	11.4 <u>P.B.</u>	Jav.	Edmonson 37.72 1st
	Meyer	11.7	H.J.	Tingate 1.75 1st
	Louis	12.4	2000 St.	Thompson 7.36 <u>PB</u> 1st
S.P.	Edmonson	10.71 2nd		Stewardson 8.20 <u>PB</u> 2nd
1500	Stewardson	4.27.05 <u>P.B.</u>	400 m	Hill 61.0
				Louis 56.8
110 H	Meyer <u>P.B.</u>	15.4 1st		
	Tingate	17.8 4th.		
4 x 100	MacMillan, Louis, Meyer, Tingate	46.5 1st		

U/15	O.S. : 15	IV. : 17		
100 m	Carey	12.2 1st		
	Nolan	12.4 2nd <u>P.B.</u>		
S.P.	Carey	10.52 1st		
	H.J.	} Absolutely no one!!! Such enthusiasm overwhelms us.		
	1500 Walk			
	100 H			
	Jav.			
	T.J.			
	400 m			

U/14	O.S. : 69	IV. : 48		
1500 W	Green - a disgusting	1st	90 H	Kiss 17.1 <u>P.B.</u>
S.P.	Hill	10.57		Green - a disgusting 2nd
100 m	Neilson	12.9 3rd	H.J.	Kiss 1.35 (P.W)
	Kiss	12.7 2nd	Discus	Hill 24.98 2nd PB
	Green	14.1 6th	4 x 100	Neilson, Briscoe, Kiss, Flowers.
P.V.	Hill	2.10 retired		
1500 m	Briscoe	5.21 5th	T.J.	Briscoe 9.03 <u>P.B.</u>
	Green	5.14 2nd	400 m	Neilson, Kiss
	Hill	5.17 3rd		

U/13	O.S. : 88	IV. : 0		
T.J.	Collyer	8.98 1st	S.P.	M.A.
100 m	Maxwell	14.3 1st	1500 m	Collyer 5.35.0 2nd
	Monty	14.7 2nd		Kilroe-Smith 5.19 1st
	Sykes	15.3 3rd		Tuckfield 3rd
1500 W	*	9.46.0 1st	* = whoever wants to take the credit	

U/13 cont.

Hurdles	Fraser-Smith	15.9	2nd	400 m	West
	West	14.9	1st		Harmon
H.J.	Collyer	1.40	1st		Maxwell
4 x 100	Sonty, Mykes,	Faxwell,	Mowers.		

<u>B. GRADE</u>		<u>C. GRADE</u>		<u>D. GRADE</u>	
1.00	Hammer	1.00	Hammer	1.00	Hammer
1.00	1500 Walk	1.00	400 H	1.00	400 H
1.00	400 H	1.00	1500 W	1.10	1500 W
1.30	200 m	1.30	200 m	1.30	200 m
1.45	H.J.	2.00	S.P.	2.00	S.P.
2.00	Discus	2.00	P.V.	2.30	800 m
2.15	L.J.	2.30	800 m	3.15	H.J.
2.30	800 m	2.45	L.J.	3.30	4 x 200
2.30	P.V.	3.15	H.J.	3.30	Jav.
3.00	Jav.	3.30	4 x 200	4.00	110 H
3.30	4 x 200	3.30	Jav	4.15	L.J.
4.00	S.P.	4.00	110 H	4.35	5000 m
4.00	110 H	4.35	5000 m		
4.15	5000 m				

No teams published this week so ALL ATHLETES TURN UP and ensure all Teams position on the ladder AND to get as many athletes eligible for the finals.

U/17

1.10	1500 W
1.30	Discus
1.30	P.V.
1.45	L.J.
1.45	200 m
2.50	800 m
3.00	S.P.
3.30	4 x 200
3.45	H.J.
4.00	110 H
4.00	3000 m

U/16

1.10	1500 W
1.30	Hammer
1.45	L.J.
1.45	200 m
2.45	H.J.
2.50	800 m
3.00	S.P.
3.30	4 x 200
4.00	3000 m
4.10	Jav.
4.20	100 H

U/15

1.10	1500 W
1.15	L.J.
1.30	P.V.
1.45	Discus
1.45	200 m
2.45	H.J.
2.50	800 m
3.30	4 x 200
4.20	100 H
4.30	S.P.

U/14

1.10	1500 W
1.15	H.J.
1.30	S.P.
1.45	100 m
2.50	800 m
3.30	4 x 200
3.45	L.J.
3.50	Jav
4.20	90 H

U/13

1.10	1500 W
1.15	H.J.
1.45	200 m
2.30	Discus
2.50	800 m
3.15	L.J.
3.30	S.P.
3.30	4 x 200
4.20	90 H

ALL ATHLETES TURN UP

ATHLETE OF THE WEEK : : RICK FLEMING

Rick seemed to have P.B. engraved on the brain last Saturday and did his utmost to transcribe it on the track while competing for "C" Grade. Rick PB'd in the Long Jump, 110 Hurdles and 200 m and also runned in the relay. Instead of us rewarding Rick for his uplifting performances, we decided he should reward us. So here for your edification is one of Rick's many little hints and insights in getting the most out of your dollar:

"If you buy a structure over 30 atories tall, make sure the price includes wrapping! I recently bought a 52 storey building and the clerk charged me \$46,000 extra for brown paper and wrapping!"

"Shop around! Don't jump at the first price tag you see! A housewife friend of mine saw an atomic reactor for \$250,000. Not heeding my advice, she bought it. On the way home she saw the same atomic reactor in another store window for only \$220,000! Unfortunately, she had paid cash for the first one, so she was out the extra \$30,000. This kind of money can add up.!"

We're sure everyone will benefit from this advice, Rick. Thank you!

NOTE WELL : FINALS FEVER

It is imperitive that all athletes eligible to compete in the finals turn up this Saturday at Box Hill, complete with gear. Even if you are not eligible or not selected, there will be plenty of opportunities to compete by invitation and there is an open invitation to EVERYONE (mums, dads, dogs, girlfriends, wives, coaches, friends, rent-a-crowd, etc) to come along and Cheer and Cheer and generally encourage the lads to great heights, speeds and distances.

A BIG THANKS to the Louis family. A superb time was had by all who enjoyed their most generous hospitality on Saturday. Not only did they risk damage to their pool, their table tennis table, their chess challenger that cheats and their space invaders, they also, much to our surprised delight, shared with us their week's rations. Many thanks, Louis family. P.S. The seniors won, thanks to Mike Carter's umpiring!

The South Eastern Wangeratta Elephant Riders (S.E.W.E.R) wouldn't miss it however, it just so happens that they have a pressing social engagement on the 15th.

Prince Charles wouldn't miss it, but as you all can understand Di comes first.....

We wouldn't miss it and neither should you. You guessed it.... IT'S MERRY MERRICKS, and it's this Sunday. See sheet at back for more details on where, when and how!! (complements of I.H.)

A. P. S. UNITED RESULTS ; 5TH MARCH

P.V.	R. Mooney	3.15 m	2nd	L.J.	P. Griffin	6.43 M	1st
H.J.	<u>M. Macfarlane</u>	1.95 m	1st	4 x 200	J. Dooley	}	1.32.7 3rd
Hammer	<u>R. Glass</u>	48.0 m	1st		A. Ryan		
400 m	P. Griffin	58.3	1st		J. Sullivan		
	<u>G. Evans</u>	59.8	3rd		<u>G. Evans</u>		
1500 W	S. Bourke	5.52.8	1st	110 H	P. Griffin	15.5	1st
	<u>J. Thorpe</u>	6.28.8	2nd		<u>D. Ham</u>	17.2	3rd
200 m	J. Dooley	23.5	4th	Discus	<u>R. Glass</u>	D.N.Q.	
	A. Ryan	23.3	3rd	1500 m	<u>E. Wilson</u>	14.12.8	1st
	J. Sullivan	23.5	5th		<u>N. DeCastella</u>	14.27.2	3rd
Jav.	R. Mooney	52.98 m	1st		J. Pedley	14.53.6	7th
S.P.	R. Mooney	11.85 m	3rd				
800 m	D. Sneddon	1.53.2	1st				
	A. Schlicht	1.54.2	3rd				
	<u>R. Tallent</u>	1.57.0	4th				

A.P.S.U. : 186

DONCASTER : 160

SANDRINGHAM : 35

GLENHUNTLEY : 113



"B" GRADE RESULTS

D.S. : 82

B.H.2 : 59.

Walk	Handasyde	7.07	1st	H.J.	Smith	1.85 m	1st
	Moore	8.04	2nd	L.J.	Smith	6.37 m	PB
400 H	Ham	61.0	2nd	Relay	Smith, Hauser, Tingate, Fleming, Ward ??	What type of relay was it?	
	Hauser	59.9	1st				
200 m	Smith	23.2	3rd	110 H	Smith	16.5	1st
	Hauser	23.3	4th		Tingate	D.N.Q.	
	Tingate	24.8	6th	500 m	Cormack	15.53	
800 M	Aitken	2.00.8	2nd		Oehr	16.54	
	Hooley	1.58.6	1st		Charlie Aitken	16.56	
	Stew Handasyde	2.02.4	3rd				

"C" GRADE RESULTS

O.S. : 66

K.C. : 85

B.H.2 : 30

200 m	Fleming	PB	24.9	5th	H.J.	Ward	1.60	2nd
	Ward		25.0	6th	4 x 200	Thompson, Fleming		
	Thompson		25.4	9th		Plaisted, Hooley.		
800 m	Cormack	2.01.9	PB	Jav.	Mur n			
	Catherall	2.02.?		110 H	Fleming	PB	16.8	2nd
	Carter	2.08.0		5000 m	P. Lucas	PB	17.31.2	
S.P.	Munro				M. Carter		17.43	
L.J.	Fleming	PB	5.87	1st				

"D" GRADE RESULTS

O.S. : 78 B.H.2 : 48 O.X. : 23

200 m	Catherall	24.7		110 H	Evans	2nd
	Evans	25.0			Wilson	1st
	Ham	25.7		L.J.	Thompson	5.01 m 1st
800 m	Lucas	2.09	3rd	5000 m	I.Handasyde	18.59.5
	Wise	1.12.3	4th		Plaisted	19.02
	Christenson	2:12.7	5th		C.Findlay	19.12
H.J.	Tingate	1.65	1st			
4 x 200	Werner, Christenson, Handasyde .. velly interesting...					

U/16 RESULT

Croydon : 56 O.S. : 7

Well done Time Probert. Tim has performed very well these past two weeks (especially in Triple Jump and Sprints) but unfortunately, he is not eligible to compete for the U/17 team in the finals. Thanks Tim.

U/17 RESULTS

O.S. : 76 S.S.H. : 4 Yipee!!

1500 W	Tingate	8.30		S.P.	Edmonson	11.29 m
Discus	Edmonson	32.02	PB	110 H	Meyer	15.0 P.B.
P.V.	Hill	2.25			Hill	19.8
200 m	MacMillan	23.7		3000	Thompson	10.57 P.B.
	Meyer	26.4		4.x200	MacMillan	} 1.39.1
800 m	Louis	2.09			Meyer	
	Hill	2.10.7			Louis	
					Tingate	

U/15 RESULTS

O.S. : 52 Croydon : 49

1500 W	Carra	9.10.5	1st	4 x 200	Frew	} 1.47.7
200 m	Carey	25.1			Carey	
	Berry	26.3			Fraser-Smith	
	Fraser-Smith	25.9	P.B.		Berry	
800 m	Frew	2.21.5		100 H	Frew	16.9
	Berry	2.22.6			Fraser-Smith	21.4
S.P.	Fraser-Smith	10.10 m				

(Scores aren't accurate apparently)

Disappointing turn out, boys. How about turning up Messrs. Bryce, Nolan, Cossar and others. We NEED to win against Box Hill 1. Today was only Croydon so it wasn't possible to lose, but if it had been Box Hill.....

U/14 RESULTS

O.S. : 65 K.C. : 47

1500 W	A. Green	(P.W.)	1st	800 m	A. MacMillan	3rd
H.J.	A. Kiss	1.55			S. Hill	4th
	S. Hill	1.60	PB inv.		A. Green	5th
S.P.	S. Hill	10.56 m		L.J.	Kiss	5.29 P.B.
200 m	A. Kiss	26.3		Jav.	Hill	26.98
	S. Neilson				Tuckfield	23.80 inv.
	A. MacMillan	29.2	P.B.	90 H	Hill	15.7
					Kiss	17.0 P.B.
4 x 200	Hill, Neilson, Green, Kiss : 1.53.0					

U/13 RESULTS

O.S. : 59

B.H. : 53

1500 W	Harman	9.36.6	1st	800 m	Collyer	2.32.7	1st
H.J.	Collyer PB <u>REC.</u>	1.55	m 1st		Tuckfield		2nd
					Monty		5th
200 m	Flowers	26.5	2nd	L.J.	Kilroe-Smith		2nd
	Maxwell		3rd				
	Kilroe-Smith	28.9	4th	S.P.	Tuckfield	8.48	2nd
Discus	Harman		2nd	90 H	Flowers		2nd
2 x 200	K-S, Monty, Maxill				Fraser-Smith		3rd
	and Flowerpots		1st				

Captain : James 'Little Jim' Flowers, OBE

Absentees : West, J.
Davies, M.
Moore, LR.

TEAMS FOR 14th MARCH -- FINALS

U/17 TEAM

Capt. : Tingate 836 3972

1.20	p.m.	1500 Walk	Tingate	em. Thompson
1.20		Hammer	Edmonson	em. Tingate
1.45		100 m	MacMillan, Meyer, Louis.	em. Tingate
2.30		1500 m	Stewardson, Louis, Hill.	em. Thompson
2.30		110 H	Meyer, Hill.	em. Tingate
2.30		S.P.	Edmonson.	em. Tingate
2.45		T.J.	Hill.	em. Louis
3.15		4 x 100	Tingate, Louis, Meyer,	MacMillan.
				em. Hill
3.50		Jav.	Edmonson	em. Hill
4.00		H.J.	Tingate.	em. Stewardson
4.20		2000 S	Thompson, Stewardson	em. Meyer
4.30		400 m	MacMillan, Louis, Hill.	

U/13 TEAM

C/o P. Barton

1.15	T.J.	Collyer		
1.20	1500 Walk	Harman.	em. Montgomery	
1.45	100 m	Flowers, Davies.	em. West.	
2.00	S.P.	West.	em. Tuckfield	
2.30	1500 m	Collyer, Tuckfield, Kilroe-Smith.	em. West.	
2.50	90 m H.	Fraser-Smith, West.	em. Flowers.	
3.00	H.J.	Collyer		
3.15	Jav.	Tuckfield.	em. Collyer	
3.15	4 x 100			
4.30	400 m	Davies, West, Maxwell.	em. Kilroe-Smith.	

"C" GRADE TEAM

Capt. : P. Thompson

1.00	3000 Walk	P. Findlay, Wirth.	em. Latimer.
1.15	100 m	McLeish, Fleming.	em. Thompson
1.45	1500	Carter, P. Lucas.	em. McLeish
2.00	Discus	A. McLeish	
2.15	T.J.	Tingate	
2.30	110 H	Fleming	em. Ward
2.30	H.J.	Ward	
3.30	P.V.	Hodges	em. Latimer

cont/....

"C" Grade Team cont.

3.15	4 x 100	McLeish, Thompson, Fleming, Wilson.
4.00	S.P.	Thompson
4.05	3000 St.	
4.30	400 m	Fleming, Ward. em. McLeish.

"D" GRADE TEAM

1.15	100 m	Ward, Latimer, Russell Tingate, Plaisted
1.20	1500 W	Facey, Holmes
1.45	1500	Wise, Facey, Plaisted, Mollard, C.Findlay, Chrishanson
2.00	Discus	Thompson
2.30	H.J.	Tingate, Fleming.
3.15	T.J.	Hodges.
3.15	4 x 100	Ward, Tingate, Russell, Latimer, Plaisted.
4.00	S.P.	Wilson, Russell
4.20	2000 ST.	
4.30	400 m	Thompson, Holmes, Latimer, Tingate, Russell.

U/15 TEAM

Capt. : C. Burnham 857 6735

1.15	H.J.
1.20	1500 Walk
1.45	100 m
2.30	1500
2.50	90 H
3.00	S.P.
3.15	4 x 100
3.30	Jav.
3.45	T.J.
4.30	400 m

U/14 TEAM

A. Green - 232 5632

1.20	1500 Walk
1.30	S.P.
1.45	100 m
2.00	P.V.
2.30	1500
2.50	90 m H
3.00	H.J.
3.00	Discus
3.15	4 x 100
4.15	T.J.
4.30	400 m

MERRICKS ANNUAL CHALLENGE CRICKET MATCH

THE EVENT OF THE YEAR!! WHERE FRIENDSHIP IS PUT ASIDE AND THE "WIN AT ALL COSTS" ATTITUDE TAKES OVER. ALL ATHLETES ARE EXPECTED TO TURN UP AT "HANDASYDES CRICKET GROUND" (FARM)?!!!! BE THERE AT 10 am FOR START OF PLAY AT 11 am. HANDO'S PLACE IS LOT 5, "LITANI" ?, FRANKSTON-FLINDERS ROAD, MERRICKS.

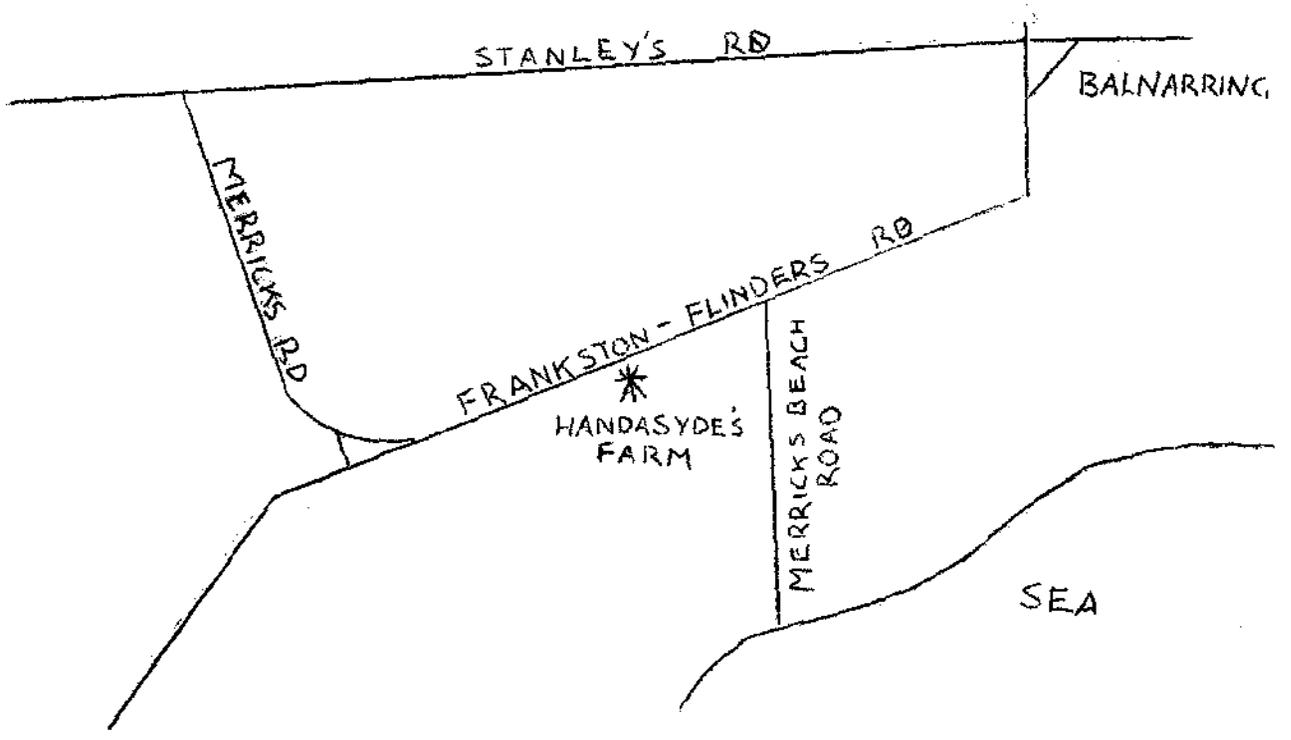
SENIORS VS JUNIORS

THE SENIORS ARE AGAIN ATTEMPTING TO DEFEND THE TITLE WHICH THEY HAVE HELD FOR THE PAST 3 YEARS. THE JUNIORS ARE DETERMINED TO TAKE THE TITLE AFTER LAST YEARS QUESTIONABLE (!?) RESULT.

NO B.B.Q.

THE HANDASYDES REGRET THAT THIS YEAR NO FIRES CAN BE LIT. SINCE THIS MAKES BARBECUING A TRIFLE DIFFICULT, EVERYONE (OR SO WE SUGGEST!) SHOULD BRING COLD MEAT.

HOW TO GET THERE:SEE MELWAYS MAP 192 H 9
(IT IS OPPOSITE A WHITE HOUSE CALLED "SPRINGVALE")



What a weekend! The U/17 team were magnificent in victory and all other teams were magnificent in the defeat. The U/17's went out determined to win....and they did! Everyone else tried their damndest but the opposition proved too strong on the day. Congratulations, therefore, are extended to all.

ATHLETE OF THE WEEK: We thought athlete of the week should be U/17 premiership captain Trevour Tingate for his wins in the walk and high jump... On second thoughts maybe it should go to Raoul Stewardson for 2 big PB's in 1500 and steeple. Or perhaps Al Meyer for PB 100 and a great win in the hurdles. But maybe it should really be Neil Louis for wins in 100 and 400 and a gutsy 1500 as well...But then again, can you go past Jamie MacMillan the fastest 400m runner who actually wrestled the lead away from Kew/Camberwell... However, Geoff Thompson's steeple was a PB by 25 sec and perhaps the most critical run of the day. What about Andrew Edmonson who actually started the whole winning day rolling with an under - publicised but ultimately vital win in the hammer? And what about the final hero of the day, Al Hill, who stormed home in the last heat of the 400 to seal the premiership after excellent runs in the 110H and 1500m. Or why not decide that the whole U/17 team deserves the award?

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(Well, that's the decision! If you know the answer, then write to us here and tell tell us who it is in one word or less ((preferably less))).

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There's hope yet, Pete!

A VERY BIG THANKYOU : To the Handasydes for the use of their splendid property on Sunday and their warm hospitality. A little thankyou to Ian Handasyde (hope your cold is better) for the following literary masterpiece.....

THE MERRICKS CRICKET MATCH !!

Sunday brought a change in the weather -.sunshine, a slight breeze and a sticky wicket. This made for a pleasant (?)...well, eventful cricket match.

The Junior Juniors were conspicuous in their absence; however the senior Juniors held the team together ;--and what a job they did!! The seniors, who were cocky at the start of play, made the first tactical blunder ; Captain John 'Fireman' or 'Fireball' Thorpe, after winning the toss, decided to bat!

(NOTE : The seniors always bat better after lunch and a few 'light' refreshments).

The 2 Hando brothers opened. Ian H started shakily and had his off stump removed once before scoring. Stewart H decided that valour was the better part of discretion and after his first 4, was caught on the mid wicket fence attempting a six. Stewart was replaced by Greg 'Chappell' Evans, and immediately his presence brought about a change in attitude. Both batsmen aimed to consolidate by going for singles and blocking. When they felt more secure they opened out; Ian H went for 29, Greg for 30. The pattern set, a really hard - hitting exhibition resulted from Noel 'has he played before?' Scambler B.I.L of SH.; Rohan 'Watchout' Hodges; the experienced Alan 'I don't want to bat' Hooley, and the 'Fireman' and the secret weapon Margie 'Who?' ((Sally Hodges)); The maze cleared, the blood wiped from the pitch, the light roller used, (the only roller don't you mean?) and lunch was partaken of. Everyone enjoyed the break which lasted well over the allotted hour.

The Junior's innings started. They needed 150 for victory. The seniors had become more insock,intoshiat... er involved and they practised fielding, throwing, bowling, tackling, punching...Hm, they had become enthusiastic!! Things looked grim for the juniors and their cause was not helped when Rick 'The Batsman' De Ravin asked Greg Evans streaming in to bowl, 'What are you going to bowl?', followed by a plea, 'Not too quick, please.' Rick looked as stable as jelly. But as the day wore on, it became obvious that he would prove difficult to dismiss. With one end tied down the other juniors applied themselves. Ross 'is there a hole in my bat?' Hooley moved the score to about 10 and then miscued to the mid-wicket. Next was Oz 'Carn the Demo Demons' Aitken. 'Easy Meat', thought the seniors since he only has one shot - the lofted straight drive. 34 minutes later Oz retired - all runs scored from using that one shot! Next in was Rick 'Cover Drive' Fleming. Never has Merricks seen such strokes. 33 runs later in as many minutes, he retires. His replacement was Dave (the Derro) 'I was in the Junior School Team' Edwards. He was suspect against good bowling, but but the bowling was terrible and so he retired 30 runs later. Next, Rudi 'The Bruiser' Werner starts lashing out but he went early. The juniors were still down, and the seniors thought they were home but they had not contended with the secret weapons Annie 'Get your Gun' Edwards and Karen 'A Girl and a Half' Wilson. They provided the runs for the juniors to grab Victory.

The day ended with John Thorpe handing over the ashes to Roscoe Hooley and swearing vengeance next year. Man of the Match was definately Rick Fleming and Curator Ian 'H' say's that next years pitch will be a 'good un'! (It couldn't get much worse - Ed.)

All in all...a great day!!

Dear Ian, John McCready would personally like to award you the seasons literary prize for your book on the day in the life of the Old Scotch College Amatuer Athletic CRICKET Club, and many the hours it took of back - breaking pleasure it took to typeIT! 'Hours????? you say! , well I do belong to an amatuers club!

A.P.S.U. RESULTS 14/3/81 :

3000m Walk	J.Thorpe	13.41	3rd
100m	R.Glass	46.42m	1st
HJ	M.Smith	1.86m	2nd
DISCUS	R.Glass	37.44m	1st
1500m	E.Wilson	3.51.3	2nd
110H	D.Han	17.2	1st
4x100	M.Smith	44.3	1st
400m	R.Tallent	50.6	1st
3000m S/C	J.Cornack	9.18	1st

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There's hope yet, Pete!

C GRADE RESULTS K/C : 162 BH : 137 OM : 89 OS : 79

3000 Walk	Wirth	18.17.1	2nd	
	Thompson		DNQ	
100 m	McLeish	12.2	3rd	
	Fleming	12.4	3rd	
	Tingate	12.3	4th	
1500 m	Lucas	4.27	11th	<u>PB</u>
	Watson	4.17	6th	
	Carter	4.19	8th	<u>PB</u> (for season)
110 H	Fleming	17.2	3rd	
	Thompson	20.4	4th	
Relay	Fleming, Tingate, Thompson, McLeish			4th
3000 Stple	Mollard	11.39		<u>PB</u>
	Plaisted	11.03		<u>PB</u>
400 m	Fleming	56.4		<u>PB</u>
	Tingate	55.2		<u>PB</u>
	McLeish	56.0		
HJ	Ward	1.80m	2nd	
SP	Tingate		DNQ	
Discus	McLeish		DNQ	
PV	Hodges	1.85m	3rd or 4th	

D GRADE RESULTS BH : 128 OM : 111 OS : 106 IV : 79

1500 Walk	Holmes	8.22	2nd	
	Facey	8.29	4th	<u>PB</u>
100m	Thompson	12.3	2nd	
	Latimer	12.7	2nd	
1500m	Wise	4.25	4th	
	Facey	5.02	10th	
	Christenson	4.53	9th	
110H	Evans	18.5	1st	
	Wilson	18.2	1st	
RElay	Ward, Latimer, Holmes, Wilson			2nd
2000 Stple	Findlay	7.14		
	P.Lucas	7.07		
400m	Wilson	56.3		
	Facey	59.8		
	Carter	59.3	2nd	
HJ	Tingate	1.60m	2nd	
SP	Wilson	9.60m	4th	
Discus	Thompson	27.90m	3rd	Career <u>PB</u> (he beat his little ath's performance)

U/13 REPORT BH : 76 OS : 49

TJ	Collyer			
1500 Walk	Harman	9.09		<u>PB</u>
100m	Flowers	13.0	2nd	
	Davies		5th	
	Montgomery		6th	
SP	West	10.09	2nd	
1500m	Collyer	5.15.6	3rd	
	Tuckfield	5.20.2	4th	
	Kilroe-Smith		5th	
90 H	Fraser - Smith, West			
HJ				

HJ	Collyer	1.45m	2nd
Javelin	Tuckfield	34.52	1st <u>U/13 REC</u>
Relay	Davies, Kilroe - Smith, Sykes, Flowers		55.8 2nd
400m	Davies Maxwell Harman		

U/17 REPORT

THE WALL IS FILLED !!!!!!!!!!!!!!!

As captain of the U/17 team, I would like to congratulate and commend the performances of every body in the team, throughout the year - especially the exceptional performances of every one during the finals. WELL DONE ! I hope we can do as well in the ASSOCIATION FINALS in two (2) weeks time (T.T)

Thanks must go to everybody at the club, especially Gregor Evans who supported us so strongly during the season. Thanks also go to Trevor Tingate, from all the team, who led us superbly throughout the year. The team was exactly that - a TEAM, and all of us intend to keep up our winning run in days, weeks and years to come !! (J.M.)

Raoul says, "Good fun\$ "(??) - what ever that means. Alistair Hill stole the show by snatching victory in the 3rd div 400m and he is to be congratulated by all. Thanks to every one who cheered and barracked.

Bad luck Kew - Camberwell. You just didn't have enough talent, skill or speed to beat the mighty SCOTCHIES'!!!!!!

U/17 RESULTS OS : 146 K/C : 138

Hammer	Edmonson	31.46	<u>PB</u>
Walk	Tiny	8.15.0	1st
100m	McMillan	11.78	
	Meyer	11.5	<u>PB</u>
	Louis	11.9	<u>PB</u>
SP	Edmonson		3rd
Hurdles	Meyer	15.6	1st
	Hill	17.9	1st
1500m	Stewardson	4.19.8	4th
	Hill		8th
	Louis	4.40.0	10th
Relay	Tingate, Louis, Meyer, McMillan		46.2 1st
JAV	Edmonson	35.42m	3rd
HJ	Tingate	1.75m	1st
2000 Stple	Stewardson	6.57.1	5th
	Thompson	7.11.4	6th
400m	McMillan	53.7	3rd
	Louis	54.2	1st
	Hill	54.8	1st

U/14 RESULTS BH : 158 K/C : 105 Os : 100 BH2 : 59

SORRY, guys I can't find your report.....or didn't you put one in ????????

U/15 RESULTS BH : 147 OS : 111 Croy : 82 SSH : 60

HJ	Burnham	1.75m		1500	Carra	5.35.0		400	Berry
1500W	Carra	9.12		Hurd	Frew	16.9	<u>PB</u>		Carey 56.4
100m	Bryce	12.2			Burnham	17.0	<u>PB</u>		Frew
	Burnham	13.6		SP	Bryce				
	Carey	12.4		Relay	Carey, Berry, Frew, Bryce				
1550m	Frew	4.50.7	<u>PB</u>	Jav	Bryce	37.24m			
	Berry	4.51.2	<u>PB</u>						

HJ	Collyer	1.45m	2nd
Javelin	Tuckfield	34.52	1st U/13 ASC
Relay	Davies, Kilroe - Smith, Sykes, Flowers 55.81 2nd		
400m	Davies Maxwell Harman		

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100m	Bryce	12.2		Burnham	17.0	PB	Frew
	Burnham	13.6	SP	Bryce			
	Carey	12.4	RELay	Carey, Berry, Frew, Bryce			
1550m	Frew	4.50.7	PB	Jav	Bryce	37.24m	
	Berry	4.51.2	PB				

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100 m	McLeish	12.2	3rd	
	Fleming	12.4	3rd	
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1500 m	Lucas	4.27	11th	<u>PB</u>
	Watson	4.17	6th	
	Carter	4.19	8th	<u>PB</u> (for season)
110 H	Fleming	17.2	3rd	
	Thompson	20.4	4th	
Relay	Fleming, Tingate, Thompson, McLeish			4th
3000 Stple	Mollard	11.39		<u>PB</u>
	Plaisted	11.03		<u>PB</u>
400 m	Fleming	56.4		<u>PB</u>
	Tingate	55.2		<u>PB</u>
	McLeish	56.0		
800	Ward	1.80m	2nd	
800	Tingate		DNQ	
Discus	McLeish		DNQ	
800	Hodges	1.85m	3rd or 4th	

D GRADE RESULTS BH : 128 OM : 111 OS : 106 IV : 79

1500 Walk	Holmes	8.22	2nd	
	Facey	8.29	4th	<u>PB</u>
100m	Thompson	12.3	2nd	
	Latimer	12.7	2nd	
1500m	Wise	4.25	4th	
	Facey	5.02	10th	
	Christenson	4.53	9th	
110H	Evans	18.5	1st	
	Wilson	18.2	1st	
Relay	Ward, Latimer, Holmes, Wilson			2nd
2000 Stple	Findlay	7.14		
	P. Lucas	7.07		
400m	Wilson	56.3		
	Facey	59.8		
	Carter	59.3	2nd	
800	Tingate	1.60m	2nd	
800	Wilson	9.60m	4th	
Discus	Thompson	27.90m	3rd	Career <u>PB</u> (he beat his little ath's performance)

E GRADE REPORT BH : 75 OS : 49

800	Collyer			
1500 Walk	Harman	9.09		<u>PB</u>
100m	Flowers	13.0	2nd	
	Davies		5th	
	Montgomery		6th	
800	West	10.09	2nd	
1500m	Collyer	5.15.6	3rd	
	Tuckfield	5.20.2	4th	
	Kilroe-Smith		5th	
90 H	Fraser - Smith, West			

OUTDOOR HUM FOR SNOWY WEATHER

The more it snows (Tiddely pom),
 The more it goes (Tiddely pom),
 The more it goes (Tiddely pom),
 On snowing.
 AND nobody knows (Tiddely pom),
 How cold my toes (Tiddely pom),
 How cold my toes (Tiddely pom),
 Are growing.

This seasonal little ditty written, quite brilliantly (if I may say so), by Pooh Bear conveys more than I ever could, that the Summer Athletics season of 1980 - 81 is nearly at a close. This is probably one of the main reasons that Old Scotch has decided to throw their "End of Season" party on MARCH 28, and not some time in November or DECEMBER!

The "GREAT EVENT" will take place at Louisville - home of the Louis family - at 3 Balmoral Street, Kew. The starter's gun will go off at 6.30 pm and every one is asked to be appropriately togged and armed (B.Y.O.G. and B.Y.O. bathers since there is a pool) For more info or queries (Are you Queer?!) ring our gakkent (oops! I mean GALLENT) leader, Philbo Barton on 830 1596. It will be a great evening and every one is invited - the more, the merrier!

AUSTRALIAN CHAMPINSHIPS : Hearty congratulations to the following athletes for their fine performances in Adelaide.

5000m E.Wilson 14.11.7 4th 2000 Stple J.Cormack 5.55.69 4th
 1500m D.Sneddon 3.46.41 Bronze medal (A.P.S.)
 10 KM E.Wilson 30.31.03 7/4th N.de Castella 31.00.11 5yh (A.P.S.)

FINALS ! FINALS ! FINALS ! : The Associatin Finals begin THIS Saturday, and run for 2 weeks. (March 28 and April 4) Old Scotch is represented by the mighty U/17 team, whose enthusiasm is high, and the A.P.S. team, whose talent is daunting! The finals are held at Olympic Park and so will hold ~~the~~ the tens upon tens of you loyal Old Scotchies who will be turning out to cheer all the lads on. We want a crowd of barrackers that will rival the Collingwood Cheer Squad !!!!

WE WISH BOTH TEAMS EVERY SUCCESS..

U/17 TEAM : March 28

1.00 HJ Tingate (emStewardson) 3.45 LJ Hill (emMeyer)
 1.10 1500W Tingate (emThompson) 4.10 110H Meyer, Hill (Tingate)
 1.30 PV Hill (emTingate) 4.30 SP Edmonson (Tingate)
 1.30 200 MAC, Meyer, Louis (Tingate) 4.50 3000 Thompson, Stewardson
 2.00 Disc Edmonson (emThompson)
 2.30 800 Stewardson, Louis, Hill (Thom)
 3.40 4 x 200 Mac, Tingate, Louis, Meyer

U/17 TEAM : April 4

1.00 HJ Tingate (emStewardson)
 1.30 1500W Tingate (emThompson)
 1.50 100 Mac, Meyer, Louis (emTingate)
 2.00 HAM Edmonson (emTingate)
 2.20 1500 Stewardson, Louis, Hill
 2.25 110H Meyer, Hill (emTingate)
 3.15 4 x 100 Tingate, Louis, Meyer, McMillan
 3.30 JAV Edmonson
 3.45 TJ Hill (emMeyer)
 4.05 2000Stple Stewardson, Thompson
 4.15 SP Edmonson
 4.20 400 McMillan, Meyer, Hill
 5.00 VICTORY CEREMONY!!!!

GOOD LUCK
 U/17 AND
 A.P.S.

ALL COME ALONG AND CHEER . ALL COME ALONG AND CHEER. ALL

A.P.S. UNITED GRAND FINAL

"A" RESERVE

APS Vs BOXHILL Vs W'TOWN Vs KEON PARK at OLYMPIC PARK.

SATURDAY

28th march

12.50	PM 1500 walk	S. Bourke J. THORPE (EM. I. HANDASYDE)
1.00	Hammer	R. GLASS (EM. C. Boemo)
1.05	400 Hurdles	Two from D. McClade G. EVANS P. Griffin
1.30	200M	J. Dooley G. Chambers A. Ryan (J. Sullivan)
2.00	Long Jump	P. Griffin (EM. M. SMITH M. MacFARLANE)
2.30	Discus	R. GLASS (EM. R. Moony)
2.30	800M	D. Sneddon A. Schlicht R. TALLENT (EM. G. EVANS D. McClade)
2.45	Pole Vault	R. Moony
3.00	Shot Put	C. Boemo (EM. R. GLASS R. Moony)
3.15	High Jump	M. MacFARLANE (EM. M. SMITH)
3.40	4x200 Relay	J. Dooley G. Chambers A. Ryan J. Sullivan (EM. D. Sneddon)
4.00	Javelin	R. Mooney
4.10	110M Hurdles	Two from P. Griffin D. HAM M. SMITH
4.10	5000M	E. WILSON N. DeCastella J. Pedley (EM. J. CORMACK)

SATURDAY

4th April

12.50	3000M Walk	S. Bourke J. THORPE (EM. I. HANDASYDE)
1.00	Hammer	R. GLASS (EM. C. Boemo)
1.20	100M	J. Dooley J. Sullivan A. Ryan (EM. P. Griffin)
*1.50	1500M	D. Sneddon E. WILSON A. Schlicht (EM. N. DeCastella)
2.00	Triple Jump	P. Griffin (EM. M. SMITH C. Harangozo)
2.25	110M Hurdles	Two from P. Griffin M. SMITH D. HAM
2.30	Discus	R. GLASS (EM. R. Mooney)
2.45	Pole Vault	R. Mooney or A. HILL
3.15	4x100 Relay	J. Dooley J. Sullivan, A. Ryan, P. Griffin (EM. M. SMITH)
3.15	Shot Put	C. Boemo (EM. R. GLASS, R. Mooney)
3.35	3000 Steeple	J. CORMACK, J. Pedley (EM. A. COCHRANE)
4.00	High Jump	M. MacFARLANE (EM. M. SMITH)
4.00	Javelin	R. Mooney
4.20	400M	G. Chambers R. TALLENT D. Sneddon (EM. A. Schlicht)

IMPORTANT NOTES FOR BOTH U/17 AND A.P.S. ATHLETES.

1. Please report to Team Manager at least 30 minutes before your event.
2. If unable to compete on the day, please contact Trevor Tingate (232 2030), Alan Hooley (29 7135) or Peter Griffin (381 7018) AS SOON AS POSSIBLE!
3. Be sure that your V.A.A.A. reg.no. is attached to your singlet.
4. It is essential that ALL emergencies be present and ready to run, throw or jump.

PARTY TO END ALL PARTIES!

3 BALMORAL ST., KEW

DOOR

march 28th
6.30 pm

BLOC

come along once you've finished cheering at O.P.

<u>D. GRADE</u>		O.S. : 68		B.H.1 : 87		B.H.2 : 4	
100 m	Aitken	12.4	<u>P.B.</u>	Discus	Thompson		
	Thompson	12.2		H.J.	Ward	1.80	1st
	Ward	12.3					
1500 W	Holmes (beat Stu)	8.23	1st	T.J.	Hodges		
	Facey	8.40	2nd	S.P.	McLeish		
1500	P. Lucas	4.29		400	P. Findlay	59.5	1st
	R. Werner	5.23		4 x 100	P. Lucas, Facey, Hando, Werner		
110 H	Evans	19.1	1st				
	Ward	17.3	2nd				

<u>U/17</u>		O.S. : 88		IV. : 45			
	MAKE ROOM ON THE WALL FOR THE FLAG !!						
Hammer	Edmonson	27.07	2nd	T.J.	MacMillan	10.57	2nd
1500 W	Tingate	8.27.0	1st		Louis	10.82	inv.
100 m	MacMillan	11.4	<u>P.B.</u>	Jav.	Edmonson	37.72	1st
	Meyer	11.7		H.J.	Tingate	1.75	1st
	Louis	12.4		2000 St.	Thompson	7.36	<u>PB</u> 1st
S.P.	Edmonson	10.71	2nd		Stewardson	8.20	<u>PB</u> 2nd
1500	Stewardson	4.27.05	<u>P.B.</u>	400 m	Hill	61.0	
110 H	Meyer <u>P.B.</u>	15.4	1st		Louis	56.8	
	Tingate	17.8	4th.				
4 x 100	MacMillan, Louis, Meyer, Tingate					46.5	1st

<u>U/15</u>		O.S. : 15		IV. : 17			
100 m	Carey	12.2	1st				
	Nolan	12.4	2nd	<u>P.B.</u>			
S.P.	Carey	10.52	1st				
	H.J.						
	1500 Walk						
	100 H						
	Jav.						
	T.J.						
	400 m						
	} Absolutely no one!!!						
	} Such enthusiasm overwhelms us.						

<u>U/14</u>		O.S. : 69		IV. : 48			
1500 W	Green - a disgusting		1st	90 H	Kiss	17.1	<u>P.B.</u>
S.P.	Hill	10.57			Green - a disgusting		2nd
100 m	Neilson	12.9	3rd	H.J.	Kiss	1.35	(P.W)
	Kiss	12.7	2nd	Discus	Hill	24.98	2nd PB
	Green	14.1	6th	4 x 100	Neilson, Briscoe, Kiss, Flowers.		
P.V.	Hill	2.10	retired				
1500 m	Briscoe	5.21	5th	T.J.	Briscoe	9.03	<u>P.B.</u>
	Green	5.14	2nd	400 m	Neilson, Kiss		
	Hill	5.17	3rd				

<u>U/13</u>		O.S. : 88		IV. : 0			
T.J.	Collyer	8.98	1st	S.P.	M.A.		
100 m	Maxwell	14.3	1st	1500 m	Collyer	5.35.0	2nd
	Monty	14.7	2nd		Kilroe-Smith	5.19	1st
	Sykes	15.3	3rd		Tuckfield		3rd
1500 W	*	9.46.0	1st	* = whoever wants to take the credit			

U/13 cont.

Hurdles	Fraser-Smith	15.9	2nd	400 m	West
	West	14.9	1st		Harmon
H.J.	Collyer	1.40	1st		Maxwell
4 x 100	Sonty, Mykes, Faxwell, Mowers.				

B. GRADE

1.00	Hammer
1.00	1500 Walk
1.00	400 H
1.30	200 m
1.45	H.J.
2.00	Discus
2.15	L.J.
2.30	800 m
2.30	P.V.
3.00	Jav.
3.30	4 x 200
4.00	S.P.
4.00	110 H
4.15	5000 m

C. GRADE

1.00	Hammer
1.00	400 H
1.00	1500 W
1.30	200 m
2.00	S.P.
2.00	P.V.
2.30	800 m
2.45	L.J.
3.15	H.J.
3.30	4 x 200
3.30	Jav
4.00	110 H
4.35	5000 m

D. GRADE

1.00	Hammer
1.00	400 H
1.10	1500 W
1.30	200 m
2.00	S.P.
2.30	800 m
3.15	H.J.
3.30	4 x 200
3.30	Jav.
4.00	110 H
4.15	L.J.
4.35	5000 m

No teams published this week so ALL ATHLETES TURN UP and ensure all Teams position on the ladder AND to get as many athletes eligible for the finals.

U/17

1.10	1500 W
1.30	Discus
1.30	P.V.
1.45	L.J.
1.45	200 m
2.50	800 m
3.00	S.P.
3.30	4 x 200
3.45	H.J.
4.00	110 H
4.00	3000 m

U/16

1.10	1500 W
1.30	Hammer
1.45	L.J.
1.45	200 m
2.45	H.J.
2.50	800 m
3.00	S.P.
3.30	4 x 200
4.00	3000 m
4.10	Jav.
4.20	100 H

U/15

1.10	1500 W
1.15	L.J.
1.30	P.V.
1.45	Discus
1.45	200 m
2.45	H.J.
2.50	800 m
3.30	4 x 200
4.20	100 H
4.30	S.P.

U/14

1.10	1500 W
1.15	H.J.
1.30	S.P.
1.45	100 m
2.50	800 m
3.30	4 x 200
3.45	L.J.
3.50	Jav.
4.20	90 H

U/13

1.10	1500 W
1.15	H.J.
1.45	200 m
2.30	Discus
2.50	800 m
3.15	L.J.
3.30	S.P.
3.30	4 x 200
4.20	90 H

ALL ATHLETES TURN UP

This week's newsheet celebrates the end of Summer Season 1980/81 and what a way to go! A.P.S. United were victorious in the Finals, trampling the opposition into the dust (into the tartan didn't sound quite right. It reminded me of the trouble your Mum had getting you into your first kilt when you were just a wee lad. Ed.) All the athletes tried their darndest in the finals and fully deserve the victory. Our congratulations go with the many they have already received. A.P.S. will now be elevated to the dizzy heights of A Grade and so Season 1981/82 looks like it could be a very exciting and challenging one.

The Old Scotch U/17 team were not quite as lucky as A.P.S. It was a magnificent effort on their part to even reach the finals and they are to be congratulated for the fighting performances they put up on the consecutive Saturdays. They are one hellova (as distinct from Nauratilova) enthusiastic and talented team, unfortunately the opposition was just too strong on the days. Ah, well ... there's always next year....

OTHER RESULTS:

21st March - Paul Symon at the Bruce Stadium, Canberra, set a new record for Royal Military College, Duntroon in the 1500. His time was 4.08. What we want to know is whether he ran in spikes or army boots?

Meanwhile back at Olympic Park PB meeting, Raoul Stewardson was churning out PBs in the 200 (24.6), the 400 (54.2) and the 100 (12.6). The Sunday before, at the City of Melbourne Championships, Craig Burnham had collected a Bronze medal for 3rd place in the U/16 high jump with 1.75 m.

WELL DONE FELLAS!

29th March - in the U.K., the first London Marathon was held and naturally Old Scotch was represented (we will go anywhere to punish ourselves).

Rick Dillon - an outstanding first marathon in 3.06.

Dick Batchelor - unofficial time 3.37 in his comeback marathon after illness last year.

Rumour has it that David Adler has been sent over to Europe to confirm these results and to get Steve Hare training. Dave will be in absentia for 12 months or so in Belgium.

As you've no doubt noticed by now, this issue is a special bumper iddue and since bumper issues usually appear at Christmas, we are going to fondly remember this issue as our Christmas bumper issue (Anyway, Christmas should be earlier 'cos kids can only be good for just so long!!) and has Editor Christmas got some goodies for you...

Read on...

Aflotes Foot of the Weak OF THE YEAR: goes to our typist extraordinaire, Helen Briscoe, without whom all literary masterpieces would have been savaged by our hefty thumps on a disease ridden typewriter. To Helen we say a very big and warm thank you and as a special reward for typing this week's issue - a travel brochure about the fun time she could have been having at the 'Isle of Smiles'.

OTHER BIG THANK YOUS:

: to Mr. John McCready, our knowledgable Gestetner operator and compulsive - though he'd very much like to kick the habit - newsheet folder.

: all those others who contributed in some way or another to the newsheet operation, to make this Summer's Newsheet something that elevated our soles (piled up together they make a great foot stool!)

continued....

: to the Louis mob who once again gave over their home to the Club. The End of Season rage was a huge success which no doubt had much to do with the terrificness of the venue. Even though publicity of this event was somewhat late on the scene, about 30 bods (most of them odd) turned up and partied the night away. No one got chucked in the pool and the only way I can explain this, is that an awful lot of money must have changed hands during the course of the evening.....

: to all those who turned up at Olympic Park to cheer on the lads in the finals. The encouragement was much appreciated.

: to Madvertising, 'The House at Pooh Corner' and 'The Life of Brian Scrapbook' for this editor's inspiration in times of desperation.

: to anyone else who should be thanked but will not be thanked in this newsheet!!!

In this, our swansong, we introduce a new section. It is

HOT GOSSIP

: Rumour has it that Peter Briscoe's weight training is getting him down.

: At Glen Waverley Railway Station last week, Andrew Edmondson was overheard to ask for a return ticket. The assistant no unnaturally asked "Where to?" Andrew's reply? "Back here, you fool."

: Rumour has it that Ross Hooley is really getting excited about the forthcoming Monash Uni. Jungle Ball. The Newsheet has suggested that Ross goes as a crocodile infested river - easily achieved by painting himself blue and plastering crocodile cardboard cut outs on himself. If Ross fancies this idea, it's only because its got shades of 'Blue Lagoon'..... Big M, Big M excitement!!

Finally : Ian Handasyde went to get a bit of 'kulcher' the other week. He went to the ballet. When asked what he thought about it, he answered "I don't see why they don't get taller dancers - as it is, they all go round on their tippy toes"!!?.

And now a word from our President....

All members of the Club will admire the final performance of our U/17 team over the last two weekends. Ably led by Trevor Tingate and Jamie McMillan, they might have been the smallest team numerically of any at Olympic Park but "Never in the field of Athletic Conflict was so much done by so few." We are also delighted by the success of A.P.S. United - a tribute especially to their hard working secretary, Alan Hooley.

Many thanks also to Mrs. Louis for the excellent end of season party - which put us in such a good frame of mind for some hard winter training and another successful season at the end of the year.

Phil would also like it mentioned that to raise funds for the construction of the long awaited Physical Education Centre at School, gold T-shirts with a blue Scotch Crest and the slogan "Get it done in 81" in red on the front, are being sold for \$5.00 each. The T-Shirt, is available from the School. So buy a T-shirt, take the motto as your own and so help the School finally get the Phys. Ed. Centre it needs.

Phil also wants it known that he still has a silver Parker biro abandoned at a newsheet printing in November, and is willing to part with it to its true owner.

STOP PRESS : THE ANNUAL GENERAL MEETING of the CLUB will be held on the 1st May at the Hill residence - 16 Tower Street, Mont Albert. If you are at all interested in the Club, you'll come along. It's important and it's fun - anyway at least you'll get to catch up on all the gossip.

PHIL'S NOTES : Let it be known that Mr P Barton has in his possession a silver Sheaffer biro of good quality; left at his house from very early in the season. For more details see the bottom of page 2.

ALSO : Anyone who has set a record during this season and does not believe it has been recorded by the officials; or just wants to confirm it in their own minds, should see the Club President on 830- 1596

And now for all the info. on the finals

U/17 TEAM REPORT

Although athletics is to a large extent an individual sport, it was through team spirit and co-operation that the U/17s finished third in the Association finals.

We all knew that there was no chance of winning the venue finals without contributions from everybody in the team, and it was from this sort of attitude that came the brilliant performances we saw throughout them.

In the field we were represented by Andrew Edmondson, our 'heavy man'. A real bonus to the team, you could always rely on him for a maximum effort (unless he forgot to turn up, or didn't qualify, or....)

Then there was our long distance squad, Roul Stewardson and Jeff Thompson. Unfortunately, Roul fell in the 800 m and ran a dismal 2.07!, but came home strongly in the 1500, in undoubtedly the race of the season, to clock an absolutely brilliant 4.09 (I think). Well done, Roul and also Jeff, who showed us how far his short stumpy legs could go when the pressure was really on.

Jamie, Al Meyer, and Neil made up the sprint team - a dashing lot (although Neil does look more like an elephant out of control than a runner on occasions).

And last there was our (not APSs, and I'm waiting for the cheque) Pole Vaulter extraordinaire, A. Hill, who reached great heights this year! Al also took out the 'worst performance award' for this year, in the dribble jump.

Well done team, and thanks very much 'Old Scotch' for your support throughout the year.

T. T.

RESULTS U 17 DAY 1

1500 Walk	T.Tingate	5th	7.14	P.B. Rec.	
H.J.	T.Tingate	4th	1.60	ret.	
P.V.	A.Hill	1st	3.30	m	
200	MacMillan	4th	24.4		
	A. Meyer	2nd	24.0		
	N. Louis	3rd	24.6		
Discus	A. Edmonson	4th	22.18	m	
800	R.Stewardson	5th	2.06.5		
	N. Louis		2.11.0		
	A. Hill		2.12		
L.J.	A. Hill	4th	4.97		
Relay	MacMillan; Tingate; Louis, Meyer	3rd	1.36.0		
110 H	Meyer	3	15.7		
	Hill	3rd	18.2		
S.P.	Edmonson	5th	11.02		
3000	Thompson		10.08	PB	
	Stewardson		9.44	PB	

Team 3rd position

U 17 DAY TWO 4th April

H.J.	T.Tingate	3rd	1.70	ret.	
1500 W	T. Tingate	6th	7.16	m	
100	A.Meyer	4th	11.8		m
	McMillan	1st	11.4		
	N. Louis	2nd	12.1		
Hammer	A. Edmonson	4th	31.64		
1500	R.Stewardson	2nd	4.14.	PB	
	Thompson	13th	4.33	PB	
110 H	A. Meyer	2nd	15.2		
	A. Hill	3rd	17.4	PB	
4 x 100	Tingate; Louis; Meyer; MacMillan		45.2	PB	
Javelin	A.Edmonson	6th	34.66		
T.J.	A. Hill	6th	9.91	(embarrassing)	
2000 St.	R.Stewardson	5th	6.56	PB	
	Thompson	9th	7.05	PB	
400	MacMillan	3rd	53.3		
	N.Louis	3rd	53.9		
	A. Hill	4th	55.5		

1st Waverley; 2nd Glenhuntley; 3rd Old Scotch

A.P.S. UNITED REPORT

We went into the finals knowing we were the team to beat. A.P.S. had not dropped a point since January!! We had good competitors in all events though a slight lack of depth in the sprints. In the distance events APS was supreme.

Captain Peter Griffin pulled out a good long jump and triple jump, just for the finals. Evergreen Mal McFarlane had Team Manager, Alan Hooley ;on the edge of his seat when as per usual he turned up at 4.05 pm for a 4.00 high jump. But Mal, not being one for a long warm-up, still won. Al Hill soared to new heights.in the pole vault, getting a record on the way. (I didn't know Brashes was open on Saturday arvos. Ed.) Roger Tallent started (!!) to live up to his name by having two excellent runs in the 400 and 800 m. John Cormack PB'd in the steeple - the time being about 10 sec. away from the Vict. Junior Record. The mainstays of the team, namely Dave Sneddon, Ewen Wilson, Nick De Castella and Roger Glass, piled up the points in all their events. In the Shot Put Chris Boemo amazed himself and everyone else by PBing by 87 cm - a great effort. Box Hill's luck deserted them in the hurdles as 3 consecutive hurdlers hit hurdles which enabled the opposition (i.e. Peter Griffin and Dave Ham) to snatch up valuable points. The walkers John Thorpe and Steve Bourke were superb with Steve doing a time that will rank him about 12th in Aust.

With a few more sprinters APS will be a strong club in A Grade next year - so all you Juniors.start training early. It's quite an honour to run in this team, just ask anyone who ran in the finals for APS.

P.S. All team members are to be congratulated for a fine season, with special thanks to Alan Hooley who 'directed operations'.

28th March A.P.S. UNITED RESULTS

1500 W	S. Bourke	5.52.7	2nd	800 m	D. Sneddon	1.53.5	1st
	J. Thorpe	6.40	7th		A. Schlicht	1.54.5	2nd
Hammer	R. Glass	48.42	2nd		R. Tallent	1.56.7	7th
400 H.	P.Griffin	57.2	2nd	P.V.	R. Mooney	3.15	4th
	D.McGlade	57.5	2nd	Shot P.	C. Boema	12.40	3rd
200	J. Dooley	23.5	6th	H.J.	M. McFarlane	1.95	1st
	G. Chambers	-	4th	Jav.	R. Mooney	54.12	2nd
	A. Ryan	23.2	1st	110 H	P. Griffin	15.9	1st
L.J.	P. Griffin	6.88	2nd		D. Ham	16.5	1st
Discus	R. Glass						
5000 m	E. Wilson	14.20.6	1st	4 x 200	J. Dooley; A. Ryan		
	J. Pedley	15.20	6th		J.Sullivan; G. Chambers		
	N. DeCastella	14.37	3rd			1.29.3	1st

Day 1 points: APS - 177; B.H. 143; Will. - 150; K.P. - 79.

4th April A.P.S. UNITED RESULTS

APSU v. Box Hill v. Williamstown v. Keon Park.

3000 W	S. Bourke	12.51	2nd	Discus	R. Glass	38.80	2nd
	J. Thorpe	14.05	6th	P.V.	A. Hill	3.55m	2nd
Hammer	R. Glass	50.10	2nd	S.P.	C. Boemo	13.27	2nd
100 m	J. Dooley	11.3	4th	3000m	J. Cormack	9.17.6	1st
	J. Sullivan	11.5	5th	s/c	J. Pedley	9.39	4th
	A. Ryan	11.5	2nd	H.J.	M. MacFarlane	1.95 m	1st
1500 m	D. Sneddon	3.52	1st	Jav.	R. Mooney	51.08m	2nd
	E. Wilson	3.53.8	2nd	400 m	G. Chambers	49.0	1st
	N. deCastella	3.57	5th		R. Tallent	50.2	3rd
T.J.	P. Griffin	14.48	1st		D. Sneddon	51.8	2nd
110 H	P. Griffin	15.6	1st				
	D. Ham	16.3	1st				
4 x 100	J. Dooley; J. Sullivan; A. Ryan; P. Griffin					43.8	1st

Day 2 points - APS : 194; B.H. : 170; W. : 134; K.P. : 13.

<u>GRAND TOTAL</u>	--	A.P.S.	: 371
		B.H.	: 308
		W.	: 284
		K.P.	: 92

THE GOOD NEWS

The newssheet team that brought you 'Have a Pepsi day' and Aflete's Foot of the Weak brings you Season 1980 - 81 Records and Rankings.

THE BAD NEWS

These rankings are the work of Stu Facey, so please when making out your petitions for defamation of character or whatever (for specific details relating to the workings of the law process we direct you to Phil Barton - mind you that was a 'direct' not a 'recommend' !?!!) remember that name!

(P.S. many of the omissions are due to poor and inaccurate filling out of team sheets.)

5000 metres: Open -

1.	E. Wilson	13.58.9	Record - Open
2.	J. Cormack	15.09	Record - U 20
3.	A. Cochrane	15.26	
4.	T. Oehr	15.36	
5.	J. Marx	16.16	
6.	S. Facey	16.38	
7.	C. Aitken	16.39	
8.	R. Catherall	16.44	
9.	N. Lucas	16.51	

3000 metres:

1.	R. Stewardson	9.44	Venue final
2.	G. Thompson	10.08	" "
3.	W. Tuckfield U13	10.46	Record

100 metres

1.	D. Edwards	11.3
2.	M. Smith	11.4
3.	J. McMillan U17	11.4
4.	A. Meyer U17	11.5
5.	G. Evans	11.6
6.	W. McAuley	11.6
7.	I. McQuilkin	11.7
8.	P. Barton	11.8
9.	A. Meyer	11.8
10.	A. McLeish	11.9
11.	N. Louis U17	11.9

200 metres

Open and U 17 -

1.	D. Edwards	23.2
2.	M. Smith	23.2
3.	S. Hauser	23.3
4.	W. McAuley	23.6
5.	J. McMillan U17	23.7
6.	A. McLeish	23.8
7.	R. Hooley	23.9
8.	R. Tallent	23.9
9.	A. Meyer	24.0
10.	I. McQuilkin	24.1
11.	N. Louis U17	24.1
12.	N. Tapp	24.3
13.	A. Meyer U17	24.6

U 16 -	Probert	12.1
	Hamilton	12.7
U 15 -	Bryce	12.2
	Carey	12.2
	Nolan	12.4
	Cossar	12.5
U 14 -	A. Kiss	12.7
	S. Neilson	12.9
	A. Green	13.9
U 13 -	Flowers	12.6
	Maxwell	14.3
	Kilroe-Smith	14.5
	Montgomery	14.7

U 16 -	Hamilton	25.5
	T. Probert	26.0
U 15 -	Bryce	24.8
	Carey	25.1
	Fraser-Smith	25.9
U 14 -	Kiss	26.3
	Simons	27.3
	Nielson	27.6
U 13 -	Flowers	26.7 *Record
	Davies	28.1
	Kilroe-Smith	28.9
	West	29.2
	Collyer	30.4

*Record set at 26.9 (over-age for 26.7)

LONG JUMP

Open -	M. Smith	5.97
	2. R. Fleming	5.87
	3. D. Edwards	5.83
	4. D. Ham	5.82
	5. Waters	5.78
	6. I. Munro	5.58
U 17 -	Edmondson	5.17
U 16 -	Probert	5.41
U 15 -	Cossar	5.42
	Burnham	5.13
U 14 -	Kiss	5.29
	Neilson	5.10
U 13 -	Flowers	4.17

HURDLES:

Open -		
3'6"	Ham	16.3
3'3"	Smith	16.4
	Fleming	17.2
3'	Ward	17.3
	I. Wilson	18.2
	G. Evans	18.5
U 17 -	A. Meyer	15.0
	T. Tingate	17.8
	A. Hill	17.9
U 16 -	Probert	16.1
	Hamilton	16.6
U 15 -	Burnham	17.0
	Frew	17.5
U 14 -	S. Hill	15.7
	A. Kiss	17.0
	P. Tingate	18.0

HAMMER

	R. Glass	50.10
	Edmondson U17	31.46

JAVELIN

	Edwards	42.88
	Waters	41.08
U 17 -	Edmondson	37.72
U 15 -	Bryce	37.95
U 14 -	S. Hill	26.98
U 13 -	Tuckfield	34.52 Record

Hurdles cont:

U 13 -	West	14.9
	Flowers	15.5
	Fraser-Smith	15.9

TRIPLE

Open -	M. Smith	13.27
	A. Tingate	12.32
U 17 -	N. Louis	10.82
U 16 -	Probert	11.56
U 15 -	Nolan	10.86
U 14 -	Briscoe	9.03
	A. McMillan	8.88
U 13 -	T. Collyer	9.39

DISCUS

Open -	R. Glass	38.80
	Thompson	27.90 (1.5 kg)
	Edwards	27.08 "
U 17 -	Edmondson	32.02
U 16 -	Scott	26.51
U 15 -	McGuinness	22.41
	Burnham	22.10
U 14 -	S. Hill	24.98
	A. McMillan	17.50
U 13 -	Harman	21.10 Record
	Tuckfield	19.86

POLE VAULT

	A. Hill U17	3.55 U17 Rec.
	R. Hodges	2.85
U 16 -	Scott	2.25
U 14 -	S. Hill	2.40

400 metres HURDLES

1.	G. Evans	58.1
2.	S. Hauser	59.9
3.	D. Ham	61.0

10,000 metres

E. Wilson	30.03	Record Open
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400 metres

1.	R. Tallent	50.2
2.	N. Tapp	51.6
3.	A. Aitken	51.8
4.	S. Hauser	52.4
5.	G. Evans	52.5
6.	R. Hooley	52.6
7.	N. Louis U17	52.9
8.	J. McMillan U17	53.3
9.	R. Stewardson	54.2
10.	Waters	54.5
11.	A. Hill U17	54.8
U 16 -	Stewardson	54.2
U 15 -	Carey	56.4
	Frew	60.4
U 14 -	Kiss	61.2 Record
	Nielsen	61.3 Record
U 13 -	Davies	63.1 Record
	Collyer	65.2

SHOT PUT

Open -	S. Hare	10.14
	D. Edwards	10.12 (12 lb)
		9.56 (16 lb)
U 17 -	A. Edmondson	12.00
U 16 -	Hamilton	9.01
U 16 -	S. Bryce	11.57
	C. Burnham	11.21
U 14 -	S. Hill	11.61
U 13 -	West	10.09
		(Record set U 13 9.65)

HIGH JUMP

1.	M. McFarlane	2.00
2.	M. Smith	1.90
3.	C. Burnham U15	1.85
		(Record U 15 & U 16)
4.	T. Tingate U17	1.85
5.	R. Stewardson U16	1.80
6.	D. Ward	1.80
7.	S. Hamilton U16	1.75
U 15 -	C. Burnham	1.85 Record
	Maginnis	1.55
U 14 -	S. Hill	1.60
	A. Kiss	1.55
U 13 -	T. Collyer	1.55 Record

800 metres

1.	R. Tallent	1.56.7
2.	R. Hooley	1.57.0
3.	A. Cochrane	1.58.9
4.	A. Aitken	1.59.5
5.	R. Catherall	2.01.3
6.	J. Cormack	2.01.9
7.	N. Tapp	2.03
8.	G. Wise	2.04.5
9.	A. Tingate	2.05.6
10.	G. Evans	2.06
U 17 -	A. Hill	2.06
U 16 -	R. Stewardson	2.07.2
U 15 -	C. Berry	2.17.6
U 14 -	A. McMillan	2.23
	S. Neilson	2.24
	A. Green	2.28.5
U 13 -	T. Collyer	2.30.2 Record
	W. Tuckfield	2.34.4
	Carruthers	2.34.9
	West	3.37.1

1500 metres

1.	E. Wilson	3.49.8
2.	R. Hooley	4.01.1
3.	A. Cochrane	4.04.2
4.	J. Cormack	4.12
5.	A. Aitken	4.12
6.	R. Stewardson	4.14
7.	N. Watson	4.17
8.	M. Carter	4.19
9.	R. Catherall	4.19
10.	G. Wise	4.25
U 17 -	A. Hill	4.34
U 15 -	Frew	4.50.7
U 14 -	A. McMillan	4.53.6
U 13 -	T. Collyer	5.15.3
	W. Tuckfield	5.19
	R. Kilroe-Smith	5.19

3000 STEEPLE

J. Cormack	9.18
A. Cochrane	9.35
R. Hooley	10.20
C. Aitken	10.39

2000 STEEPLE

J. Cormack	5.54.7	Record U 20
R. Stewardson U 16	6.56.0	Record U 16
P. Lucas	6.58	
Thompson	7.05	
I. Handasyde	7.17	
A. Hill U 17	7.30	
Scott	7.41.9	Record

WALK - 1500 metres

1.	J. Thorpe	6.21.4	
2.	I. Handasyde	7.03	
3.	T. Tingate U 17	7.14	U17 Record
4.	B. Moore	7.56	
5.	A. Green U 14	7.57.5	Record U 14, U 15, U 16.
6.	P. Wirth	8.06	
U 15	McGuinness	9.09	
	Carra	9.10.5	
U 13	Harman	9.09	

WALK - 3000 metres

J. Thorpe	13.41
I. Handasyde	14.59.5