

OLD SCOTCH NEWSHEET

Old Scotch Athletics Club Newsheet

SUMMER EDITION NO.3

OCTOBER 19, 1992

Editor: Ross Becroft. (Ph: 397-6023 H)
President: Mark Purvis. (Ph: 534-5105 H)
Track & Field V-P: James Russell (Ph: 525 1025).

UPCOMING EVENTS.

24 OCT- Round 3 Interclub at Box Hill - program 1
(100m, 400m, 1500m)
- A.P.S. Combined Sports.

30 OCT-1 NOV. All Schools Championships. (NO INTERCLUB)

5 NOV - Round 1, A Grade Competition, Program 2
(200m, 800m, 5000m)

7 NOV - Round 4 Interclub at Box Hill, Program 2 (200m etc)

EDITORIAL.

Unfortunately, Melbourne's ghastly weather caused Scotch's Family Day to be cancelled for the first time in living memory. Although many students and Old Boys will be relieved that they didn't have to "put it on the line", it is always good to get out there and have a run on that big egg they call the main oval. But there are many wimps out there who are not making much of a show this season & here's proof:

Only the other day I was eavesdropping in the home of two Scotch sprinters and the conversation went something like this:

"Gosh Cecil, three drops of water just fell from the sky. If it rains any more heavily than this we'll have to forget about running our 100's and 200's at Box Hill."

"I think you're right Eugene, let's listen to our best Neil Diamond records and we might even go ten pin bowling."

"Gee, that'd be razz Cecil, but don't you think that everyone will think we're a couple of namby-pamby, nappy-wearing nancy boys."

"Yairs, we'll give sprinters a bad name, and anyway SCOTCH NEEDS US SO THE CLUB CAN GET INTO THE FINALS!"

Indeed.

RESULTS, RESULTS, RESULTS

ROUND 1 INTERCLUB. 10/10/92

B Grade:	EVENT	ATHLETE	TIME
	2km Walk	Jamieson	10min 08
		Holmes	10min 33
	100m	Smith	11.4sec
	1500m	O'Halloran	4min 13
		Purvis	4min 14
		Becroft	4min 15
D Grade:	100m	Derham	No time
	1.5k Walk	Facey	7.57
	1500m	Swan	4min 19
		Catherall	4min 22.
		Ozzie	No time?

ROUND 2 INTERCLUB. 17/10/92

B Grade:	EVENT	ATHLETE	TIME
	Hammer	R.Glass	45.68m
	3km Walk	Facey	16min 37
	800m	Catherall	2min 04
		Aitken	2min 11
		Derham	2min 15
	5000m	Purvis	15min 40
		Vial	16min 40
D Grade:	2km Walk	Holmes	11min 02
	200m	Derham	25.4sec
		Evans	28.4sec
	800m	Evans	2min 26
		Facey	2min 44
Under 16:	200m	J.Lee	27.6sec
	Long Jump	J.Lee	4.48m

ODD BITS

- * As an incentive FOR PEOPLE TO TURN UP TO INTERCLUB, there will be an athlete of the round prize given out after the completion of interclub each Saturday. The prize is a sports voucher from Runners World. This week's winner is JAMES LEE for his efforts in the 200m and the Long Jump. Don't ask me who the judges are, but hopefully the prize will become a weekly controversy.
- * Fingers Crossed for the Scotch athletes participating in the Combined Sports this weekend. It'd be good if a few Old Boys could be spotted in the crowd supporting Scotch against the blow-waved, brain-free Caulfield athletes.
- * Congratulations PETER HEPWORTH AND DAVID LIGHTFOOT, who both took the trip up to Sydney to run in the Diet-Coke Mile. Peter (who even looks like Steve Cram after an hour on the rack) clocked 4min 00.7 for the mile and finished 7th. David finished 15th in a time of 4min 05.

LETTERS TO THE EDITOR

Dear Ross,

I have been reading the Old Scotch newsletter now for 12 months and I must say I am rather disappointed at the lack of controversial and thought provoking issues. So here is my first contribution which I'm sure will annoy a lot of people:

Point 1- Long and Middle Distance Runners are simply failed sprinters who, finding that they couldn't match it with the "true" athletes, moved up in distance to join their fellow drop-outs. Conclusion: marathon runners are complete failures!

Point 2- Sprinters are better looking and get more girls than distance runners.

Point 3- Sprinters run faster!

Yours,
Anthony Bosisto

P.S. The above points are proven facts. I defy anyone to refute them.

EDITOR'S RESPONSE

Mr. Bosisto, you have succeeded in raising the age-old wound that severely limits the ability of distance runners to speak to sprinters. Distance runners are NOT failed sprinters; they merely enjoy running for a long time, whereas sprinters have to get their run over with quickly so that they can get on with reapplying their makeup and in extreme cases adjusting the sock in their pants. Athletics is not a beauty contest, although with sprinters around, pruning themselves and parading their summer wardrobe, it's hard to believe that athletics actually involves running.

Yours,
Ross Becroft.

Please write back- we could develop this slanderous debate to soap operatic proportions.

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TEAM SELECTIONS - ROUND 3

24 OCTOBER, 1992

<u>B Grade</u>			<u>D Grade</u>	
12.15	Hammer	R.Glass		
1.00	Shot	R.Glass	Discus	?
		M.Smith		
1.15	2K Walk	A.Jamieson		
1.15	100m	M.Smith	100m	W.Derham
		A.Bosisto		J.Russell
		R.De Visser		R.O'Nians
1.30	Pole	M.Smith		
1.35			1500m W	J.Holmes
				S.Facey
				I.Handasyde
2.00	1500m	P.Hepworth	1500m	R.Catherall
		T.O'Halloran		T.Irving
		R.Becroft		A.Aitken
				A.Boag
2.00	Discus	C.Lawson	HJ	R.De Visser
				A.Bosisto
2.30	110 H	R.De Visser	110 H	R.Hodges
		A.Bosisto		
3.10	4x100m		4x100m	
	Relay	T.B.A.	Relay	T.B.A.
3.30	3K St	?		
3.30	HJ	M.Smith	Shot	A.Bosisto
		C.Lawson		
3.45			2K St	?
4.00	Javelin	M.Smith	Triple	C.Lawson
4.15	400m	R.De Visser	400m	R.Becroft
		R.Catherall		T.Irving
		W.Derham		R.O'Nians

THE ABOVE TEAMS ARE PROVISIONAL SELECTIONS ONLY. THE SELECTORS CANNOT POSSIBLY JUDGE OR PREDICT FORM UNTIL YOU GET OUT TO BOX HILL AND HAVE A RED HOT GO. ANYONE NOT NAMED WILL BE JOYOUSLY WELCOMED BACK INTO THE TEAM.

OLD SCOTCH NEWSHEET

Old Scotch Athletics Club Newsheet

SUMMER EDITION NO. 4

Nov 11, 1992

Editor:	Ross Becroft	Ph.	397-6023 H
President & Temporary Substitute Editor:	Mark Purvis	Ph.	534-5105 H
Track & Field Vice-Pres:	James Russell	Ph.	525-1025 H

FORTHCOMING EVENTS

14 Nov	Round 5 Interclub Prog. 1 (100,400,1500)	Box Hill
15 Nov	Olympic Dream 10km & 1500m series	Olympic Pk
19 Nov	State League Round 3 Prog. 2	Olympic Pk
21 Nov	Round 6 Interclub Prog. 2 (200,800,5000)	Box Hill
26 Nov	S.L. Round 4 Prog. 1	Olympic Pk
28 Nov	Round 7 Interclub Prog. 1	Box Hill
3 Dec	S.L. Round 5 Prog 2	Olympic Pk
5 Dec	Round 8 Interclub	Box Hill
8 DEC	<u>ROUND 9 INTERCLUB & BYO BBQ (Twilight Meet)</u>	BOX HILL
19 DEC	<u>OLD SCOTCH XMAS PARTY (Evening)</u>	VENUE TBA

* Action really hots up from now until Xmas. Track meetings galore and some O.S. social events not to be missed. Put the above dates in your diary or paste this page above your dunny. Antonio Bosisto will attempt to prove his recent claims about sprinters and "getting girls" at the BBQ and the Xmas Party. If 3 Dec is wet, the Whitehorse Road Pizza Parlour will be our after-meet venue.

* Congratulations to our new junior leaders:

U18 Captain	Chris Cornish	Ph. 889-6791
Vice-Capt.	Andrew Faichney	Ph. 807-0236
U16 Captain	Andrew Simm	Ph. 818-0900

* Please note errors/omissions from the AV and O.S. Summer Handbooks re PROGRAM 2. There should be a further line reading as follows:

4.00 U16 Shot B Javelin D Long Jump U18 High Jump

* DON'T FORGET YOUR OFFICIAL AV NUMBERS on Saturdays. No numbers, no points for the club and no appearance recorded.

* State League (formerly A Grade) commenced last week. A.P.S. United, of which O.S. is an affiliated member, won its round comfortably. Ewen Macdonald starred in the 800m, winning in the night's fastest time of 1:51.3. Andrew Lloyd and David Lightfoot ran 14:00.2 and 14:24.6(PB?) respectively in the glamour event, the 5000m.

* Old Scotch has a vacancy on its committee. Shannon Reid has stepped down from the Secretary's post owing to study and work commitments (as a budding brain/heart/tree surgeon). Here is someone's big chance to join in the monthly tours of fine O.S. homes, sample delicious post-meeting suppers and laugh loudly at Big Jim's one-liners during meetings. Seriously though, the club needs another willing volunteer to fill this role and make a positive contribution to the running of the club. Please call Mark on 534-5105 if you're interested. It's not a particularly demanding or time-consuming job!

* WELCOME new members:

IAN FAICHNEY - U16 brother of Andrew and son of junior team manager Gavin, Ian high jumped for Scotch at the A.P.S. Sports and, if he can be lured away from cricket, will be a very handy acquisition for the U16 team.

JAMES TAYLOR - James left school in 1990 and is making something of a comeback to sprinting, jumping and hurdling. Another all-rounder who will boost our points scores at Interclub.

STIRLING ROWE - sprinting and long jumping mate of Chris Lawson's. Described by Anne Edwards as "an absolute legend" when she found that he had done no athletics whatsoever for some years prior to last Saturday. When you think about it, though, that means Stirling has a lot in common with most members of Old Scotch!

* Ewen Macdonald is looking for ten volunteers to help out at a fun run on Sunday, 29 November. For only two hours standing around directing runners, etc., you will score a flash T-shirt and the club will pocket \$150.00. Money for jam! Give Ewen a call NOW on 817-4468.

* Another club job that might appeal to some of our members (not mentioning names) is a sub-committee to consider the formation of an O.S. womens' team. Apparently women will compete at Box Hill next summer and about time, too! Contact Candice Charles if you can be of assistance on 534-5105.

* Last but by no means least, here is a missing persons' bulletin. Has anybody seen our good friends TIM ADAM, RICHARD DE VISSER, COLIN FINDLAY, TOM IRVING, MAL MACFARLANE, SWANEE and EWEN WILSON? Come on guys, the season is marching on. Four rounds is the qualifying requirement for the finals and there are only five more rounds before Xmas.

Results - 24th October 1992

B Grade vs. De La Salle

D Grade vs. De La & Box H 1

Hammer	R. Glass	44.36			
Shot	A. Bosisto	9.40(dnq)			
2K Walk	A. Jamieson	9:52	1.5K Walk	I. Handasyde	7:50.5
	S. Facey	10:12		J. Holmes	7:57
100M	C. Lawson	11.8		J. Russell	12.6
	A. Bosisto	11.7		R. Hodges	13.6
	W. Derham	12.0			
Discus				D. Edwards	27.30
High Jump				A. Bosisto	1.60
1500M	O'Halloran	4:13		R. Catherall	4:17
	R. Becroft	4:13.2		J. Russell	5:48.27
	A. Aitken	4:30.5(dnq)			
110M H.				R. Hodges	18.1
200M H. (Including Cartwheel)				R. Hodges	35
4x100M	Derham	47.8			
	O'Nians				
	Bosisto				
	Russell				
400M	A. Bosisto	53.7		R. O'Nians	54.7
	R. Catherall	53.9		R. Becroft	57.1
	W. Derham	56.2(dnq)		J. Russell	59.3

Well, what an extraordinary Saturday. Perfect weather, a sprinters dream tailwind and excellent races from Moonee Valley! Naturalism and Hodges both fell, Super Impose and O'Halloran burst through to win the Middle distance classics and Schillachi scorched the track in the same fashion as his great mentor and idol, Big Jim. Now I feel better!

Actually, we did see some super performances from both the older and younger members of the club. Derham, Bosisto, Glass and Catherall were very impressive in throwing and jumping as well as running. If a couple of other hot shots front, we will press for a finals berth in B and D grade this year.

Jean Claude O'Nians turned up in a very timely manner, to run an earth shattering 4x100 and even more earth shattering 400. Kick Boxing is obviously very good sprints training. Get down more often Richard!

Athlete of the week was tough again. Derham continues to impress; Catherall fought hard and long; Our walkers were all sensational (if you can say that about a walk - so, now I'll get beaten up by four more members of the club); O'Halloran beat Becroft in the Super Challenge; The official verdict ????

The Buzz, Ant. Bosisto, for a top 100, High Jump relay, (nearly top) shot put and incredible last gasp win in the 400M. Congratulations and the trophy is on its way. See you on Saturday for another monumental battle.....Big Jim.

RESULTS*RESULTS*RESULTS*RESULTS

7 November, 1992

B GRADE v OX v Bye

Hammer	R.Glass	1st	46.96m
400m H	-		
Shot	R.Glass	2nd	11.94m
3k Walk	-		
2k Walk	-		
200m	C .Mackenzie	1st	21.2
			PB CLUB REC
	A.Bosisto	3rd	23.6
	C.Lawson	6th	24.0
Pole	M.Smith		DNF
Discus	R.Glass	2nd	36.54m
LJ	C.Lawson	1st	6.27m
800m	T.O'Halloran		2:01.44
	R.Catherall		2.01.69
	L.Magee		?
110m H	-		
Javelin	-		
4x400m	R.Catherall		
	L.Magee		
	T.O'Halloran		
	A.Bosisto		?
HJ	C.Lawson	1st	1.75m
5000m	-		
3000m	-		

UNDER 18 v OM v Bye

Hammer	R.Glass	DNQ	22.62m
			PB
2K Walk			
Discus	A.Faichney	2nd	35.77m
200m	D.Ginn	1st	24.3
			PB
Shot	A.Faichney	2nd	11.42m
800m	D.Ginn	1st	2:01.8
	P.Simm	2nd	2:07.6
Javelin	A.Faichney	2nd	40.34m
Pole	A.Faichney		2.80m
4x400m	A.Simm		
	I.Faichney		
	R.Glass		
	P.Simm	1st	
HJ	D.Ginn	1st	1.75m
3000m	P.Simm	1st	9:19.4

D GRADE v DLS v Rich

-			
R.Hodges	1st	72.0	
D.Edwards	1st	10.21m	
J.Holmes	1st	11:05	
I.Handasyde	2nd	11:09	
J.Taylor	1st	25.0	
L.Magee	6th	26.8	
S.Rowe		?	
A.Aitken		2:08	
-			
D.Edwards	3rd	35.26m	
-			
A.Bosisto	1st	1.60m	
I.Handasyde	3rd	?	

UNDER 16 v BH1 v Iv1

R.Glass	DNF		
D.Telford	INV	26.7m	
R.Glass	5th	25.7	
J.Lee	INV	26.8	
A.Simm		9.14m	
		PB?	
D.Telford	U14	INV	
		12.28m	
A.Simm		2:07.7	
J.Lee	U14	DNQ	
D.Telford	U14	INV	
		23.56m	
I.Faichney	INV	1.60m	

THE APS SPORTS FROM THE GRANDSTAND

by Mark ("just sign here") Purvis

If the performances recorded in the A.P.S. Sports are any guide, the future of Old Scotch Collegians AC looks bright indeed. Only two individual records were set during the meeting, both by current O.S. members, Nick Rennie and Andrew Faichney. Although Nick attends Carey, he is a part of the Steve Gaffney stable. Nick's extraordinary run in the open 100m smashed a 25 year old record and catapults him into the top ranked sprinters in Australia, all at the ripe old age of 17! Andrew jumped well beyond his previous best to set a new under 17 long jump record and just to round off his day, competed in another six events, winning three events in all.

Nick and Andrew were not alone in producing high quality efforts during the competition. In particular, Simon Davey, Liam Magee, John Dawson and the Simm brothers, Peter and Andrew, continued Scotch's strong tradition in middle distance events. Simon Gilchrist showed huge potential in the under 16 sprints.

Many of the above athletes can thank Steve Gaffney for his role in coaching and advising them. There was no happier man at Olympic Park early in the programme after John Dawson and Nick Rennie had won their respective events. And so it's on to the All Schools Championships next weekend and then the Old Scotch onslaught will begin in earnest at Box Hill on November 7th. The club is widening its recruiting net and hopes to add further members of Scotch's APS squad to its under 18 and under 16 teams over the summer. We look forward to more spectacular performances in weeks to come.

DON'T FORGET :

TUES. 8 DEC. TWILIGHT MEET

THEN KICK ON TO BYO BBQ

(PIZZA HUT IF WET)

SAT. 19 DEC. XMAS PARTY

VENUE TO BE ANNOUNCED

OLD SCOTCH PERFORMANCES AT A.P.S. COMBINED SPORTS
24 October, 1992

OPEN

100m	Nick Rennie	1st	10.62 (PB, APS record)
200m	Nick Rennie	1st	22.24
400m	Drew Ginn	8th	52.47
800m	Simon Davey	2nd	1:54.56 (PB)
1500m	Liam Magee	2nd	4:02.79
3000m	Liam Magee	2nd	8:56.79
110m H	{Nick Rennie	2nd	15.31
	{Steve Black	8th	16.17
4x800m	Drew Ginn	(1:58.8)	
	John Dawson	(1:58.4)	
	Simon Davey	(1:59.9)	1st 7:57.25

UNDER 17

100m	Andrew Faichney	6th	11.70
800m	John Dawson	1st	1:54.74 (PB)
1500m	Peter Simm	3rd	4;14.18 (PB)
110m H	Andrew Faichney	4th	15.84 (PB)
HJ	Andrew Faichney	1st	1.95m
LJ	Andrew Faichney	1st	6.92m (PB, APS record)
Triple	Andrew Faichney	1st	13.76m
4x100m	Andrew Faichney (anchor)	3rd	44.31
4x400m	Andrew Faichney (51.7)		
	John Dawson (51.2)	2nd	3:28.16

UNDER 16

100m	Simon Gilchrist	2nd	11.60
200m	Simon Gilchrist	eq 1st	23.38
800m	Andrew Simm	8th	2:08.16
1500m	Andrew Simm	6th	4:27.00
4x100m	Simon Gilchrist (anchor)	6th	46.32
4x400m	Simon Gilchrist (52.2)	2nd	3:36.70

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Old Scotch Collegians' Athletics Club Newsheet

SUMMER EDITION NO. 3

29 November 1993

Editor: Mark Purvis Ph: 534-5105
T & F Vice President: Antonio Swan Ph: 348-1656

COMING SOON

Thurs 2 Dec	State League Rd 6 - Prog 2	Olympic Park
Sat 4 Dec	Interclub Rd 7 - Prog 2	BOX HILL
Thurs 9 Dec	S.L. Rd 7 - Prog 1	Olympic Park
Sat 11 Dec	Interclub Rd 8 - Prog 1 Xmas BBQ	Box Hill
Thur 16 Dec	Zatopek 10,000m	Olympic Park
Sat 18 Dec }		
Sun 19 Dec }	Vic Relay Championships	Geelong
Sat 15 Jan	Interclub Rd 9 - Prog 2	OLYMPIC PARK

EDITOR'S RAVINGS

Only two vital rounds to go before the Xmas break and O.S. is poised to enter the B grade top four. The under 18's are struggling and need more bodies on the track. Eligibility for the finals is becoming an increasingly important issue. The following athletes must fire up NOW or risk missing the finals: BIRD, BLACK, BRICE, BROWNELL, HAUGH, JOHNSON, LIGHTFOOT, McLENNAN, SAUNDERS. There are many others who have competed infrequently - athletes must compete on FOUR Saturdays in individual events to be eligible for the finals. Relays and invitation events do NOT count. Altogether there are now only six rounds to go, so all athletes are urged to compete in both of the rounds remaining before Christmas.

On a lighter note, all O.S. members are invited to stay on at Box Hill after competition on 11 December for a BBQ hosted by Box Hill A.C. Social events have been difficult to organise with so many O.S. members doing exams, so here's a chance for the team to get together and meet our many new recruits.

NOTE : FIRST ROUND AFTER XMAS IS AT OLYMPIC PARK

OLD SCOTCH COLLEGIANS ATHLETIC CLUB NEWSHEET

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OLD SCOTCH MEMBERSHIP BOOM

The combined persuasive powers of various club personnel over the last two months has resulted in a terrific surge in O.S.'s membership recently. Vice President Swannie's target of 75 registered athletes has been exceeded to reach 77 at last count, up about eight on last season, an excellent result in a sport that has unfortunately shown a marked decline in overall numbers in recent years. The club also has 19 social and/or APSOB members, giving a total membership of 96.

In a final attempt to lure a measly four additional athletes and score a Matthew Hadyen-like tally, the club is offering senior and junior memberships after 1 December for \$45.00 and \$25.00 respectively. What an offer! Six rounds of cut-and-thrust interclub competition, nail-biting finals action and this newsheet until April, all for next to no cost! If you know anyone, male or female, who is even remotely interested in joining a club, do them a favour and tell them to call Mark or Swannie to take advantage of this amazing deal.

Check out the outstanding quality of our latest recruits:

* **CAMERON BIRD** - yes, at last, a genuine thrower! Cameron threw the shot in this year's APS Sports and threw a PB invitation discus at Box Hill two weeks ago.

* **EDDIE BRICE** - another Gaffney-coached sprinter with pace to burn. Where shall we fit them all?

* **MATT FARRELL** - a distance runner who has just completed his V.C.E., Matt will be handy in both summer and winter.

* **CRAIG JAMIESON** - a famous Scotch College name, but Craig actually went to Caulfield Grammar. We have him now, however, and his speed over 100m and 200m will make him a regular B grade sprinter this season, with the potential to go further.

* **DONALD McLENNAN** - Andrew Lloyd says this guy can run a bit, which is not a bad recommendation to have. Donald placed third in the U16 1500m APS Sports and a summer season with O.S. will help him to improve on that next year.

* **ADAM SAUNDERS** - young and very quick over 400m (49.7s PB), Adam can also jump and hurdle. He has also just finished his V.C.E. and we look forward to his debut at Box Hill soon.

AND NOW FOR THE BIGGIE (with all due respect to the abovenamed future champions) drum roll, please

* Commonwealth Games representative, former Australian 10,000m record holder, runner of the fastest 10,000m by an Australian woman in Australia, Zatopek 10,000m winner, dual Olympic Dream 10km winner, ladies and gentlemen (and Oz Aitken), please welcome **CAROLYN SCHUWALOW**. Look out for Carolyn in the O.S. uniform in the Zatopek on 16/12/93.

HOT GOSSIP # HOT GOSSIP # HOT GOSSIP # HOT**# LEITCH HITS THE WALL IN NEW YORK**

In warm and difficult conditions, O.S. second claim member Ian Leitch made a promising marathon debut in the New York Marathon on 14 November, despite blowing up badly over the last 10 kilometres. Ian finished 43rd out of 26,000 runners in 2:27 after being on 2:18 pace at the halfway mark. Unfortunately, Ian's last 10 km took him 41 minutes and one fast-finishing rival who passed him with a mile to go beat him home by 3 minutes! The Hot Gossip column confidently predicts a sub 2:20 performance in cooler weather next time.

ATHLETE OF THE WEEK AWARDS RETURN

Thanks to the generous sponsorship of Jon and Janet Holmes, the O.S. interclub "Athlete of the Week" will again this season be able to go shopping at "Runner's World" with his or her gift voucher. Here are the worthy recipients so far:

- Round 1 - Chris Cornish for a 400m PB and good relay leg
- Round 2 - Anthony Bosisto (200m PB, relay, high jump)
- Round 3 - Stu Facey (flying 2km Walk PB)
- Round 4 - Rob Catherall (world-class vets 800m 2:00.83)
- Round 5 - Nick Scarborough (PB trifecta 110m H, TJ, HJ)
- Round 6 - Raph Allwright (fastest O.S. Open 110m Hurdles since Craig Hilliard in the mid-1970's)

UNDER 20 SPRINTERS DIG FOR GOLD

Steve Gaffney predicts gold, gold, gold for Old Scotch in the upcoming Victorian Relay Championships at Landy Field, Geelong on the weekend before Christmas. There's no interclub on that weekend, so any O.S. member interested in seeing some spectacular action (relay races never fail to entertain) should consider making the trip down to Geelong. Our outstanding juniors deserve encouragement and a few familiar faces around the track would give the teams a huge lift. The 4x100m and 4x400m are on Saturday 18/12/93 and the 4x200m is on Sunday 19/12/93.

OFFICIALS BOOST CLUB COFFERS

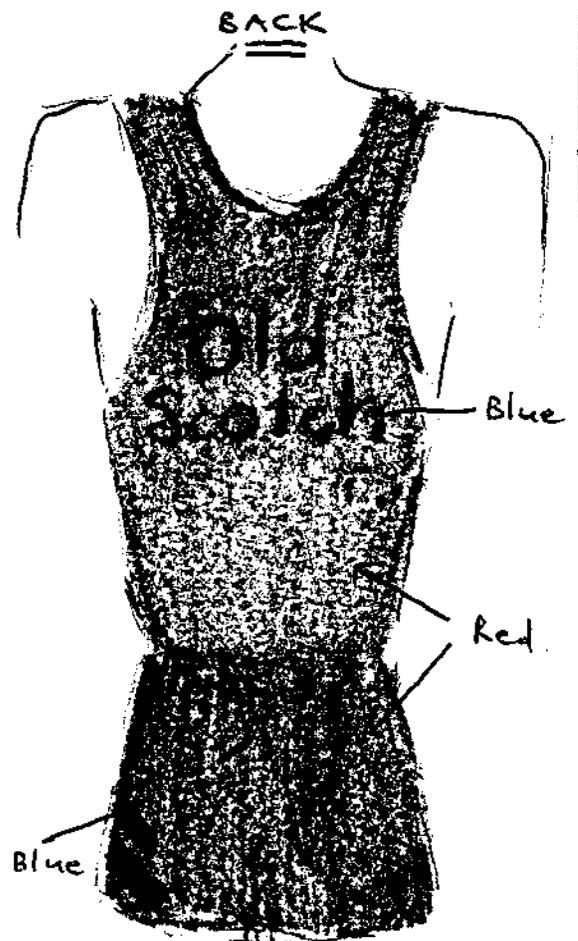
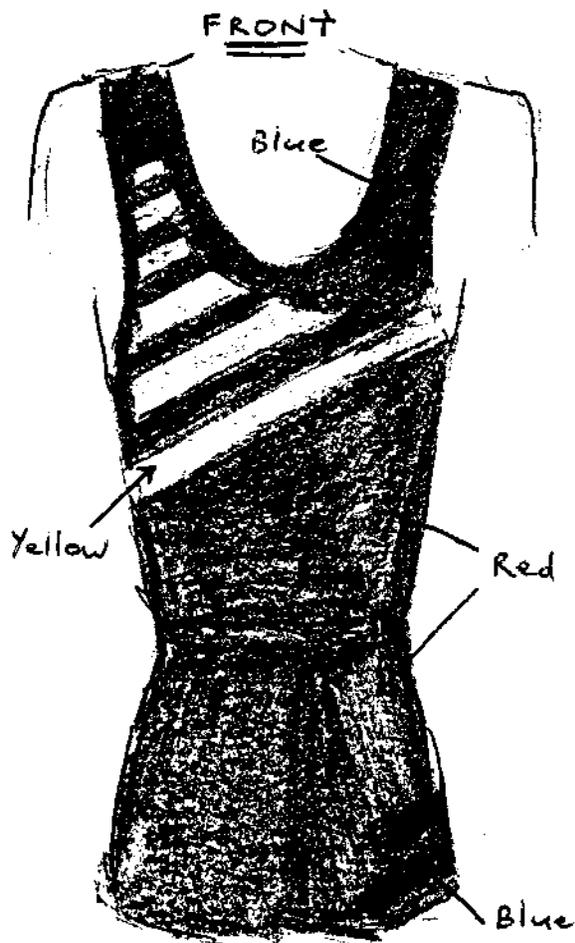
A big thank-you to the following willing volunteers who assisted with Terry O'Halloran's recent "Spring into Shape" fun runs: Oz, Candice, Catherall & son, Jon H., Swannie, Chris and Peter C., Peter H. and several others whose identity is presently a secret. Thanks also to David E. and Hando for doing the job at the Victorian All Schools Championships.

RESULTS AND NUMBERS

Once again, don't forget to wear BOTH numbers when competing and fill in ALL results, good or bad, on the O.S. team sheets.

DESIGN A UNIFORM AND T-SHIRT COMPETITION

The new O.S. womens' uniform has shown up the need for a change in the mens' conservative and, dare we say it, boring uniform. The club committee, in its infinite wisdom, has approved the introduction of a new uniform in 1994. All that is now needed is a suitably sensational design. Club members, spouses, relatives and friends are invited to submit designs for a new uniform and/or T-shirt to the Editor/President either at Box Hill or by mail to 75 York Street, St Kilda West 3182. The person whose uniform design is selected will win a free new uniform and the winning T-shirt design will score a new T-shirt. A possible uniform design is pictured below to give you some ideas.



WHATEVER HAPPENED TO

* In the third of this series, we feature **STEPHEN HAUSER**:

Stephen competed with O.S. as a junior in the late 70's as a junior and in A Grade (now State League) in the early 80's. He last competed in about 1984. His best times were 50.1 for 400m and 55.6 for the 400m hurdles. After a few years in Queensland, Steve is now living in Kilsyth with wife Nicole and children Amy (5), Lachlan (3) and Stephanie (6 months). He predicts that he could now run around 60 seconds for 400m and threatens to drop in to Box Hill one day to catch up with the "oldies".

■ JUNIOR SPORT

"WAVERLEY POST" 19/10/93

Moresi named in top 200

WHEELERS Hill athlete Mark Moresi has been named as one of Australia's elite junior sportspeople.

Mark, 19, was included in the MLC Junior Sports Foundation "Top 200" list released last week, recognising Australia's best and brightest young sporting talent.

He earned his selection alongside some of Australia's most successful athletes with a number of outstanding performances, notably his gold medal performance at the Australian Under 20 Track and Field Championships in March.

Also on the MLC Top 200 list are Queensland freestyle swimmer Daniel Kowalski, the heir apparent to Olympic gold medallist Kieren Perkins, Olympic swimming finalist Joanne Meehan and Barcelona diving representative Rachel Wilkes.

The 200 athletes will all receive a scholarship from the MLC Junior Sports Foundation which includes a grant of \$2,000.

The scholarship also provides a supply of sports clothing and an invitation to attend one of three national sports camps aimed at helping the athletes make the transition to senior competition.

Mark won his gold medal in the under 20 400 metres, an impressive performance given that he still has another year in under 20 competi-



WHEELERS Hill athlete Mark Moresi ... rated in the top 200 junior sportspeople in Australia.

tion. He was also a member of the winning Victorian 4 x 400 metres relay team.

Mark also ran the 4 x 400 metres relay at the World Junior Championships in September last year, helping the Australians to the final and finishing seventh.

* RESULTS * RESULTS * RESULTS * RESULTS *

SCOTCH SPRINTERS STAR FOR APSU

APS United continued on its winning way in round 3 of State League competition at Olympic Park, with O.S.'s under 20 sprinters showing the way. Congratulations to Chris Cornish and Dustin Arrowsmith on their State League debuts, and good to see Cam Mackenzie back in action.

RESULTS - 11/11/93

Hammer	R.Glass	47.60m	4x100m	D.Arrowsmith
100m	C.Mackenzie	10.6		C.Cornish
400m	M.Moresi	47.4		M.Moresi
	C.Mackenzie	48.5		42.8
Triple J	A.Faichney	13.23m		

O.S. NO MATCH FOR BOX HILL

The best news from round 5 of interclub was the improved attendance of the club's junior athletes. Our B Grade team was outclassed by Box Hill 1, despite some excellent sprinting performances, including a fabulous U20 relay record. Peter Simm impressed the judges with a strong win in the U18 1500m, while Nick Scarborough soared over 1.80m in the High Jump, even though he hadn't attempted the event since primary school. Candice and Janet notched up further club records.

RESULTS - 13/11/93

<u>B Grade</u>			<u>D Grade</u>		
100m	N.Rennie	10.6	100m	C.Jamieson	11.4
	D.Arrowsmith	10.8		A.Bosisto	11.7
	S.White	?		A.Eldred	12.7
1500m	R.Catherall	4:16.6	1500m	A.Aitken	4:25
	C.Stewart	4:17.7		A.Bosisto	4:47
	M.Purvis	4:25.8		A.Boag	4:49
				J.Holmes	4:54
HJ	A.Eldred	1.75m	HJ	A.Bosisto	1.40m
4x100m	D.Arrowsmith		4x100m	R.Allwright	
	C.Cornish			S.Gilchrist	
	A.Faichney			J.Dawson	
	M.Moresi	42.8		C.Jamieson	43.8
	U20 CLUB REC		Discus	D.Edwards	33.16m
Javelin	A.Eldred	DNQ	110m H	R.Hodges	18.3
400m	C.Cornish	50.8	400m	R.O'Nians	54.9
	D.Arrowsmith	51.4		R.Catherall	55.0
	A.Bosisto	54.1	Shot	D.Edwards	10.30m
			-Note further results 6/11:		
			Shot	D.Edwards	10.48m
			Javelin	D.Edwards	34.60m

MORE RESULTS * MORE RESULTS * MORE RESULTS * MORE

* 13/11/93 (continued)

<u>Under 18</u>			<u>Under 16</u>		
100m	A.Faichney	11.3	TJ	I.Faichney	11.09m
	R.Allwright	11.6	HJ	I.Faichney	1.65m
	J.Dawson	11.8	400m	A.Seward	56.1
110m H	R.Allwright	15.9			
	N.Scarborough	16.2 PB	<u>Women</u>		
TJ	N.Scarborough	12.64m PB	1.5K Walk	J.Holmes	8:38
Shot	A.Faichney	12.84m			PB CLUB REC
Discus	A.Faichney	33.74m	1500m	C.Charles	4:57.4
HJ	N.Scarborough	1.80m PB			PB CLUB REC
1500m	P.Simm	4:09.4		C.McEvoy	5:08.0
400m	S.Gilchrist	50.5			

SMITH HIGH, MACKENZIE FAST

APSU's first defeat in State League, but still second on the ladder. Mike Smith within a 5 cm whisker of his own club record, Cam Mackenzie a speedy 200m and John Dawson's S.L. debut the highlights for Old Scotch.

RESULTS - 18/11/93

Pole V	M.Smith	4.40m	800m	J.Dawson	1:55.4
Hammer	R.Glass	46.84m	4x400m	C.Mackenzie	
200m	C.Mackenzie	21.4		M.Moresi	
	M.Moresi	21.9			

REVENGE IS SWEET

We couldn't match it with Box Hill 1, but we gave Box Hill 2 a good thrashing in round 6 of interclub. There weren't enough athletes in attendance, but their quality won us the day. The sprinters dominated again, while among the juniors Mike Taylor and Cameron Bird looked very good. Janet Holmes did it yet again - another PB and club record.

RESULTS - 20/11/93

<u>B Grade</u>			<u>D Grade</u>		
Shot	R.Glass	10.23m	2K Walk	I.Handasyde	11:53
200m	N.Rennie	22.7	Javelin	D.Edwards	34.84m
	D.Arrowsmith	22.8	Shot	D.Edwards	10.24m
	R.Allwright	23.1			
800m	A.Swan	1:56.25	800m	M.Farrell	2:10
	M.Moresi	1:59.77		J.Holmes	?
	T.O'Halloran	2:04.6			

EVEN MORE RESULTS * EVEN MORE RESULTS * EVEN MORE

* 20/11/93 (cont.)

<u>B Grade</u>				<u>D Grade</u>	
110m H	R.Allwright	16.0			
4x400	C.Cornish			4x400	R.Allwright
	E.Macdonald				M.Farrell
	J.Dawson				T.O'Halloran
	A.Swan	3:20.8			D.Arrowsmith
5000m	P.Hepworth	15:37.4			
	C.Stewart	15:54.4			
	M.Purvis	16:11.1			
<u>Under 18</u>			<u>Women</u>		
Discus	C.Bird	INV	35.10m	PB 2K Walk	J.Holmes 11:53
Shot	C.Bird	INV	10.99m		PB CLUB REC
200m	S.Gilchrist		23.2		
	J.Dawson		23.2		
	A.Faichney		?		
3000m	M.Taylor		9:19.6		

WANTED: STATE LEAGUE DISTANCE RUNNERS

Without a single 1500m runner or 3K steeplechaser, APSU still managed a second placing in its round 5 match. Old Scotch's regular contributors were again prominent, with Ewen Macdonald making a comeback to the big time.

RESULTS - 25/11/93

Hammer	R.Glass	48.84m	4x100m	N.Rennie	
100m	N.Rennie	10.7		C.Mackenzie	
	C.Mackenzie	10.7		A.Faichney	42.7
400m	M.Moresi	47.4			
	E.Macdonald	50.0			

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SPECIALISTS**

**OLD SCOTCH COLLEGIANS ATHLETIC CLUB INC.
REGISTRATION FORM 1993/94**

NAME:
(Full Christian Names) (Surname)

ADDRESS:

POSTCODE:
(where term address is different to home address, please also provide home address below)

ADDRESS: POSTCODE:

TELEPHONE (where applicable) Home: Business:

DATE OF BIRTH: / / AGE AT 1/10/93 Years Months

I enclose \$ being my subscription for season 1993/94 for the following category (please tick): (Age groups are as at 1 October, 1993)

		Senior	Full-time Student	Under 20
** Category 1	VAA Summer & Winter & APSOC Cross Country	\$ 85.00	\$ 65.00	\$ 55.00
** Category 2	VAA Summer & Winter	\$ 80.00	\$ 60.00	\$ 55.00
** Category 3	VAA Registered Official	\$ 20.00	\$ 20.00	\$ 20.00
	APSOC Cross Country only	\$ 40.00	\$ 35.00	\$ 30.00
	Social (non-competing)	\$ 25.00	\$ 25.00	\$ 25.00

** If either category 1, 2 or 3 were ticked, please supply the following additional information and sign the eligibility declaration:

DATE OF JOINING OLD SCOTCH (as accurate as possible)

HAVE YOU TRANSFERRED FROM ANOTHER CLUB OR ARE YOU APPLYING FOR DUAL FIRST CLAIM MEMBERSHIP? Yes / No (delete whichever is not applicable)

SCHOOL

YEARS AT SCHOOL 19..... to 19.....

OCCUPATION

PREFERRED EVENTS (also giving details of best performance times/heights/distances)
.....
.....

ELIGIBILITY DECLARATION

I hereby make application for membership of OLD SCOTCH COLLEGIANS ATHLETIC CLUB INC. and declare that I am eligible to participate in competition according to the eligibility rules of the Constitution of the Australia Athletics Union and abide by all the rules of Athletics Victoria Inc.

Signed:

Please send this form and your remittance (payable to Old Scotch Collegians Athletic Club Inc.)

The Registrar
Old Scotch Collegians Athletic Club Inc
C/- Anne Edwards
20 Nairn Street
Ashburton, 3147

OLD SCOTCH NEWSHEET

SUMMER EDITION NO. 8

DECEMBER 21, 1992.

Editor: Ross Becroft Ph: 397-8023 (H)
President: Mark Purvis Ph: 534-5105 (H)
T & F Vice-Pres: James Russell Ph: 525-1025 (H)

EDITORIAL

While Old Scotch number crunchers beat their heads against a brick wall in an effort to populate Box Hill with red singlets, there have been some fantastic performances in the recent Victorian Relay Champs that have kept the club in good stead: especially, I refer to our victorious U20 4x400m team and our star-studded Open 4x1500m champions.

Here, hot off the press are the results.

U20 4x400m Drew Ginn
John Dawson
Nick Rennie
Mark Moresi 1st 3:20.4

.....and here's what the Herald-Sun had to say...

The Old Scotch team collected its first gold medal in more than 35 years in the under-20 men's 4x400m, clocking 3:20.4 to win from Deakin with Knox Sherbrooke third. The team consisted of Drew Ginn, 18, John Dawson, 18, Nick Rennie,

18, and Mark Moresi, 18. Moresi competed in the world junior champion-

ships in Seoul earlier this year.

Cosch Steve Gaffney said: "This victory is part of the squad development over the past three years."

"It was a tremendous performance in the conditions."

Moresi, who went into the last leg seven metres behind the leader, said he was confident of making

up the iseway in the final leg.

Open 4x1500m Peter Hepworth (3:58)
Andrew Lloyd (3:48)
David Lightfoot (3:54)
Peter O'Donoghue (3:46) 1st 15.28.1
(Club Record)

Congratulations to all the above runners...and to all of us less elite athletes...don't let the Xmas celebrations get in the way of some solid gut-wrenching training!!

ODD BITS

- * The powers that be at the Box Hill venue had a meeting in late November, and moved one step closer in their plan to drive hoards of athletes away from the venue. These lobotomised bureaucrats decided that they would crack down on delinquents who do not wear their uniforms properly.

These are some of their learned conclusions.

- 1/ Old Scotch runners must wear red shorts.
- 2/ All athletes must wear two registration numbers or no points will be awarded. If athletes have mislaid one of their numbers, they must seek approval to run from Ray Kenny. If athletes have lost one of their numbers, then they must purchase a new set for \$5 at Olympic Park.
- 3/ Athletes must keep their singlets tucked in at all times

Its good to see that once again the regressives are doing their bit to modernise the sport. Oh! By the way, there is a working bee next week if anyone is interested- athletics officials are planning to paint a large swastica across the finish line at Box Hill.

- * Closing dates for entries to the Victorian Championships are:

Open & U20 - Thursday 21 January.
U14 to U18 - Thursday 28 January.

- * The 26th January twilight meeting will include some women's invitation events. On the track there will be a women's 100m, 1500m, and 400m. In terms of field events there will be a women's shot put and a women's high jump. Female runners of all standards are invited and Mr.G.Evans has informed me that many of our juniors have been boasting that they could each bring five or six females along that night.

Hence the whole club will be waiting with bated breath for Lawson, Black, Brownell, DeVisser, Dawson and Elmes to live up to their prophesy. Maybe you can get some of your school mates to dress up in drag.

- * A big THANKYOU must go to ALLEN MORRIS, PETER CORNISH and GAVIN FAICHNEY for their most valued support for the club in the last few weeks.
- * As far as LADDERS go, B grade is coming 5th, D grade is sitting in roughly 8th place and the U18's are well and truly in the top four. Each team needs to finish in the top four in order to participate in the finals in mid-Feb. Each round our points are tallied up against two other teams and for us to get into the finals we must consistently defeat one or both of the teams we are drawn against.

RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*

ROUND 5 - 14 November 1992

B GRADE
OS 130 def Ivan 96 def StK 69

Hammer	R.Glass	48.00
Shot	R.Glass	11.61
Walk 2k	A.Jamieson	9.41
	S.Facey	10.14
100m	A.Bosisto	11.5 PB
	C.Lawson	11.8
	J.Taylor	12.2
Discus	R.Glass	36.40
TJ	C.Lawson	11.99
1500m	R.Catherall	4:08.?
	R.Becroft	4:25.?
	A.Aitken	4:30.6
110mH	R.De Visser	18.6
Pole	M.Smith	4.20
4x100m	Bosisto, Taylor, Lawson, Rowe	45.9
HJ	C.Lawson	1.80
Steeple 3k	NOT A SOUL	
Javelin	M.Smith	48.00
400m	A.Bosisto	52.5 PB
	R.De Visser	56.0

D GRADE
OX 127 def OS 94 def Ivan2 17

	G.Evans	8.44
1.5k	I.Handasyde	7.38
	J.Holmes	7.50
	S.Facey (INV)	8.00
	S.Rowe	12.1
	C.Lawson	29.93
	J.Taylor	??
	J.Russell	5.41.8
	J.Taylor	1.80
	J.Russell	59.6
	G.Evans	60.0

UNDER 18
OS 128 def BH2 69 def Bye

Hammer	NO-ONE	
Shot	A.Faichney	11.94
Walk 2k	-	
100m	A.Faichney	11.5
	C.Cornish	11.8
Discus	A.Faichney	35.32
1500m	D.Ginn	4:10.08 PB
	P.Simm	4:20.05
	C.Cornish	4:46.?
110mH	-	
TJ	A.Faichney	13.66
Pole	-	
Javelin	A.Faichney	31.?
4x100m	Lee, Ginn, Cornish, Faichney	46.?
Steeple 2k	P.Simm	7:01.5
HJ	A.Faichney	1.80
400m	D.Ginn	52.?
	C.Cornish	54.?

UNDER 16
OS 10 vs StK 0 vs Bye

A.Simm 4:24.04 PB

ATHLETE OF THE WEEK: Andrew "Lucky 7 (events)" Faichney

RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*

ROUND 6 - 21 November 1992 - WASHED OUT

ROUND 7 - 28 November 1992

B GRADE			D GRADE		
OX	def OS	def Stk	CM1	def OS	def BH2
Hammer	R.Glass	45.28			
Shot	R.Glass	?		D.Edwards	10.10
Walk 2k	A.Jamieson	9.30	1.5k	J.Holmes	7.46
	S.Facey	10.17		I.Handasyde	7.46
100m	N.Rennie	10.6		J.Taylor	12.1
	A.Bosisto	11.5		W.Derham	12.1
Discus	-				
TJ	J.Taylor	13.10 PB			
1500m	L.Magee	4:03.3			
	T.O'Halloran	4:14.?			
	R.Catherall	DNF			
110mH	R.De Visser	16.8		R.Hodges	17.8
Pole	M.Smith	4.30			
4x100m	Bosisto, Derham, Taylor, De Visser	??			
HJ	J.Taylor	DNQ			
Steeple 3k	GLARING WEAKNESS				
Javelin	D.Edwards	??			
400m	A.Bosisto	?			
	W.Derham	?			

UNDER 18

UNDER 16

Hammer	NOT THIS WEEK		R.Glass	23.14 PB
Shot	DITTO		R.Glass	9.22
Walk 2k	K.Saxby (we wish)			
100m	S.Gilchrist	11.4	J.Lee (U14)	12.5
	C.Cornish	11.7		
Discus	-			
1500m	J.Dawson	4:13.?	A.Seward	4:46.?
110mH	-			
TJ	C.Cornish	11.92 PB	R.Glass	11.24
Pole	S.Bubka	V.High		
Javelin	-			
4x100m	Dawson, Arrowsmith, Cornish, Gilchrist	?	Lee, Glass, Seward, I.Faichney	51.4
Steeple 2k	-			
HJ	T.Forsyth	Also v. high	R.Glass	1.30
400m	C.Cornish	52.4	A.Seward	64.?
			I.Faichney	68.9

ATHLETE OF THE WEEK: James "TJ" Taylor - who can jump, but when will he sing "Fire and Rain" for his many OS fans?

RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*

ROUND 8 - 5 December 1992

B GRADE		D GRADE	
Ivan def BH2 def OS		OS def OM2 def Bye	
Hammer	STRIKE ONE		
Walk 3k	STRIKE TWO	2k	J.Holmes 12.23
			Janet Holmes(INV)12.23 PB
Shot	STRIKE THREE		D.Edwards 10.10
400mH	YOU'RE OUT (and OS's chances are receding fast)		R.Hodges 71.1
200m	M.Moresi 22.3		W.Derham 25.4
	A.Bosisto 23.3		R.De Visser 25.9
			J.Taylor 28.7
Discus	SORRY		
LJ	C.Lawson DNQ		J.Taylor ?
800m	T.O'Halloran 2:04		A.Aitken 2:10
	R.Becroft 2:08		
	S.Davey DNQ		
110mH	R.De Visser 18.9		R.Hodges ?
Pole	M.Smith (INV) 4.50 PB CLUB REC		
4x400	Dawson, Cornish, Moresi, O'Halloran ?		
HJ	R.De Visser 1.65		A.Bosisto ?
Javelin	Cancelled		
5000m	L.Magee 15.27.5 PB U19 CLUB REC		
	M.Purvis 15.36.1		3000m S.Davey ?

UNDER 18

UNDER 16

Hammer	-	
Discus	-	
Walk 3k	-	
400mH	-	
Shot	-	
200m	C.Cornish 23.8	
	J.Dawson 24.4	
	M.Brownell 24.7	
110mH	-	
800m	J.Dawson 2:01	
Pole	-	
Javelin	-	
LJ	C.Cornish 5.55	
4x400m	-	
3000m	-	
HJ	-	

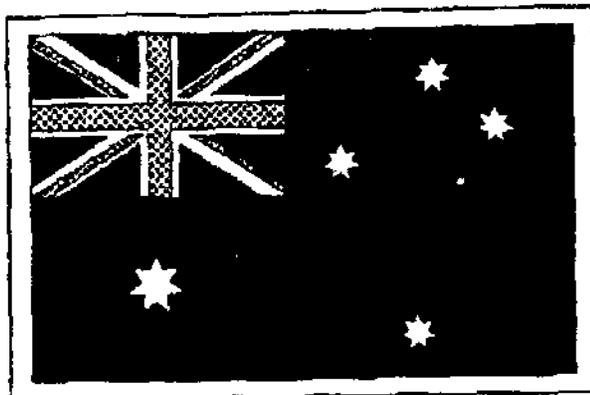
NOBODY AT ALL

ATHLETE OF THE WEEK: Liam Magee - breaker of a twenty year old record held by the late Andrew Kelso, in whose memory is awarded the Andrew Kelso Cross Country Champion trophy each winter.

Australia Day

Box Hill Venue

Twilight Meeting



Tuesday 26th January 1993

Round 13 with Women's Invitation Events

TRACK

6:00	2000m Walk	B C U18
6:00	100m	B C D
6:15	1500m Walk	D U16 U14
6:20	100m	U18 U16 U14
6:30	1500m	B C D
6:30	100m	Women
7:10	Sprint Hurdles	All Grades
7:10	1500m	U18 U16 U14
7:30	1500m	Women
7:40	4 x 100 Relay	All Grades
8:00	3000m Steeple	B C
8:15	2000m Steeple	D U18 U16
8:25	400m	Women
8:25	400m	U14 U16 U18
8:40	400m	B C D
9:50	BBQ	

FIELD

	Shot	Javelin	Discus	High	Triple	Hammer	Pole
5:40						B U18 U16	
6:00	B		D U18	U16 U14 C			
6:20							
6:30	U16 U14		C	WOMEN B			B C U18
6:40							
6:50	U18		B	B			
7:00					U16		
7:15	C		U14	C			
7:30		U18 U16			U18 U14		
7:40	WOMEN			D			
8:00	D	B		U18	D		

The women's invitation events are open to all women, you do not have to be an Athletics Victoria registered athlete. Entry fee for each event is \$1.00.

Tuesday, 12th January 1993

Programme 2

TRACK

6:00	3000m Walk	B C U18
6:00	400m Hurdles	B C D U18
6:10	2000m Walk	D U16 U14
6:15	300m Hurdles	U16 U14
6:20	200m	B C D
6:40	200m	U18 U16 U14
7:00	800m	B C D
7:15	Sprint Hurdles	All Grades
7:25	800m	U18 U16 U14
7:50	4 x 400 Relay	All Grades
8:10	3000m	D U18 U16
8:25	5000m	B C

FIELD

	Shot	Javelin	Discus	High	Long	Hammer	Pole
5:40						B C D U18	
6:00	B		U18	U14	C		
6:20			U16				
6:30	U14			U16	B		B U18 U16
6:40			B				
6:50	U18			D			
7:00		U14			U16		
7:15	C	D U18		C			
7:30					U18 U14		
7:40	D	C		B			
8:00	U16	B		U18	D		

Round 13 will be conducted as an evening meeting on Tuesday 26th January. The program will include invitational events for women.

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OLD SCOTCH NEWSHEET

SUMMER EDITION NO. 9

21 January, 1993

Editor: Ross Becroft 397-6023
President: Mark Purvis 534-5105
T & F V-P: James Russell 525-1025

FORTHCOMING EVENTS:

Tuesday 26 January	Round 13 Interclub/BBQ	Box Hill
Thursday 28 January	S.L. Round 9	O.P.
Thursday 4 February	S.L. Round 10	O.P.
Saturday 6 February	Round 14 Interclub	Box Hill
Fri-Sun 19-21 Feb	Open/U20 Vic Champs	O.P.

EDITORIAL

Well, guys, you may have blown it for season 1992-93. Ten senior and two junior athletes is a fairly pathetic turnout for a club with 70 registered AV members, but that's been the story for the two post-Xmas rounds. As a result, O.S. has come last in all of its grades and age groups and is almost certain to miss out on the finals altogether, a most disappointing end to a season that initially held much promise, especially for the under 18 squad.

So what's gone wrong? The weather has been atrocious, but that's a fairly feeble excuse. Certainly many are absent on holidays in January. The author can't help but wonder whether track and field is dying as a participation sport. Sure, the elite competition remains comparatively strong, but the depth

and enthusiasm at club level is low. This trend has been obvious at Old Scotch for a few years, but recent recruiting has been strong. Unfortunately, recruits aren't much value if they don't compete! Equally, new members aren't encouraged if the established athletes don't show up.

There are two rounds of interclub remaining in the 1992-93 season. It would be nice to give our opponents some serious competition for a change!

ODD BITS

- * On a more positive note, the club welcomes new members:
 ADAM JOHNSON - from the Andrew Lloyd stable comes this capable distance runner, with a terrific debut in the 3000m on 12 January, improving his PB by over 20 seconds.
 JAMES BARR - has lurked around Box Hill track for some time and signed the form in time for the Vic Relays, where he grabbed a silver medal in the U20 4x800m.
 DUNCAN ARROWSMITH - we've turned the tables on the Skevvies and recruited one of theirs! Can sprint a bit (see Relay results last issue).
 MICHAEL CHERNOV - another solidly performed distance man, plenty of potential.

Welcome to all of the above. The club looks forward to a long and productive association with each, the oldest of whom is 18.

- * Athlete of the Week awards are still up for grabs. Form runner Anthony Swan took out the award on 12/1/93.

- * Welcome home from the U.K. Scott Lawrence and welcome back to competition Ewen Wilson. The latter athlete has just turned fabulous 40, but that won't stop him stirring more youthful runners such as Mark, Ross and Jon.

* The President and Candice returned from their holidays engaged. The big moment came on the top of Mt Kosciusko. This is the second incidence of one O.S. member marrying another, the precedent being set by Thommo and Jacqui (nee Borland). Mark promises that there will be no equivalent weight increase, because, unlike Thommo, he will continue to compete for some time yet!

* Don't forget the Oz Day BBQ from around 8.00 pm on 26/1/93. Food, beer and soft drinks will be provided at a moderate cost. The night's program is set out below. All sprinters are expected to be accompanied by at least three women each.

Tuesday 26th January 1993

Round 13 with Women's Invitation Events

TRACK

6:00	2000m Walk	B C U18
6:00	100m	B C D
6:15	1500m Walk	D U16 U14
6:20	100m	U18 U16 U14
6:30	1500m	B C D
6:30	100m	Women
7:10	Sprint Hurdles	All Grades
7:10	1500m	U18 U16 U14
7:30	1500m	Women
7:40	4 x 100 Relay	All Grades
8:00	3000m Steeple	B C
8:15	2000m Steeple	D U18 U16
8:25	400m	Women
8:25	400m	U14 U16 U18
8:40	400m	B C D
8:50	BBQ	

FIELD

	Shot	Javelin	Discus	High	Triple	Hammer	Pole
5:40						B U18 U16	
6:00	B		D U18	U16 U14 C			
6:20							
6:30	U16 U14		C	WOMEN	B		B C U18
6:40							
6:50	U18		B	B			
7:00					U16		
7:15	C		U14	C			
7:30		U18 U16			U18 U14		
7:40	WOMEN			D			
8:00	D	B		U18	D		

The women's invitation events are open to all women, you do not have to be an Athletics Victoria registered athlete. Entry fee for each event is \$1.00.

RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULT

ROUND 8 - 8 December 1992

B GRADE			D GRADE	
Walk 2k			1.5k Jon Holmes	7:40
			Janet Holmes	9:17
100m			C.Lawson	12.4
			J.Taylor	12.5
			J.Russell	13.4
			D.Edwards	31.54
Discus				
TJ	J.Taylor	12.02		
1500m	A.Lloyd	3:55	L.Magee	4:11
	A.Swan	4:19	M.Purvis	4.13
			A.Aitken	
110mH	R.De Visser	DNQ		
Pole				
4x100m	Lawson, Taylor, De Visser, Davey		Lee, Russell, Becroft, Swan	
HJ	C.Lawson			
Steeple 3k			2k	
Javelin				
400m	A.Swan	51.3 PB	W.Derham	?
	J.Dawson	51.5 PB	R.Becroft	?
	C.Cornish	52.5	J.Russell	?

UNDER 18

UNDER 16

Walk 2k			1.5k	
100m	C.Cornish	12.1		
	M.Brownell	12.3		
	S.Black	12.9	J.Lee (U14)	13.2
Discus				
1500m	J.Dawson	4:11.5 PB	A.Seward	4:46
	M.Chernov	4:51		
	S.Davey INV	4:15		
110mH	S.Black	19.7	100mH	
TJ	C.Cornish	12.07 PB		
Pole				
Javelin				
4x100m	Barr, Black, Brownell, Cornish	46.3		
Steeple 2k				
HJ	S.Black	1.60 PB	A.Seward	DNQ
400m	J.Barr	53.1	J.Lee	61.0
	S.Black	57.7		
	M.Chernov	63.0		

ATHLETE OF THE WEEK: John "PB" Dawson

STATE LEAGUE RESULTS

ROUND 5 - 3 December 1992

Pole	M.Smith	4.20	
5000m	P.O'Donoghue	13:37.1	CLUB REC
	D.Lightfoot	14:28.1	
	S.Austin	?	

RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULTS*RESULT

ROUND 9 (or thereabouts) - 12 January 1993

B GRADE			D GRADE		
Walk 3k	A.Jamieson	15.41	2k	J.Holmes	?
200m	R.O'Nians	25.2		G.Evans	DNF
800m	A.Swan	2:01.7			
	A.Aitken	DNQ			
Pole	M.Smith	4.20			
4x400m	Swan, O'Nians, Cornish, Russell				
5000m	A.Lloyd	14:04	3000m	A.Johnson INV	9:17.4
				E.Wilson	9:17.9
				A.Swan	9:58.1
UNDER 18					
200m	C.Cornish	23.4			
LJ	C.Cornish	5.69			

ROUND 10 - 16 January 1993

B GRADE			D GRADE		
Walk 2k	A.Jamieson	9:51	1.5k	Jon Holmes	7:47
				Janet Holmes	?
1500m	L.Magee	4:03.5		E.Wilson	4:22.9
	A.Swan	4:16.6			
	A.Aitken	4:25.2			
Pole	M.Smith	?			
4x100m	Cornish, Swan, O'Nians, Gilchrist	46.4			
Steeple	T.Irving	?			
400m	A.Swan	52.1		R.O'Nians	56.6
	L.Magee	DNQ		T.Irving	57.6
UNDER 18					
100m	C.Cornish	11.6			
	S.Gilchrist	11.7			
TJ	C.Cornish	12.36 PB			
400m	C.Cornish	53.2			

STATE LEAGUE RESULTS

ROUND 6 - 10 December 1992

1500m	D.Lightfoot	3:49.27
	P.Hepworth	3:55.67
400m	E.Macdonald	49.1

ROUND 7 - 14 January 1993

100m	M.Moresi	11.27
1500m	A.Lloyd	3:46
HJ	A.Faichney	1.75
TJ	A.Faichney	13.47
400m	M.Moresi	47.8

OLD SCOTCH COLLEGIANS ATHLETIC CLUB NEWSHEET

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OLD SCOTCH NEWSHEET

Old Scotch Athletes Club Newsheet

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EDITORIAL

Unfortunately, with only one round of interclub to go, it has become obvious that none of Old Scotch's senior teams are going to make it into the finals. B and D grades have especially suffered from a lack of turnout, and the U18 team seems to have adjourned to various coastal resorts for the annual summer apocalypse. However, stay tuned to this spot because the remnants of the U18 team still look like making it into the finals. So overall, what can be salvaged from such a lacklustre season? The most heartening aspect would have to be the string of fantastic individual performances that we've had throughout the season.

Heading the list of great performances would have to be Cameron Mackenzie's 20.8 second 200m effort at the end of November. He smashed the club and APS record for this distance. Nick Rennie (who'd just turned 18) ran 1.3 in the same race - what a future! Then in mid-December Old Scotch won two gold medals in the Victorian relay champs - firstly in the U20 4x400m and also in the Open 4x1500m. More recently we've had a couple of gung-ho performances from two prospective A grade athletes - Liam Magee and Anthony Swan. Liam "Bogan" Magee threw himself into an A grade 5000m as an invitation runner and he claimed some big scalps (including Mark somebody) in a time of 14.52. This was a 35 second PB and a club U20 record. Swanny was equally classy in a B grade 800m a fortnight ago when he gave Peter Hepworth a scare and reeled out a 1.58. Not bad for no training, so he continues to plead.

On a more general note, good luck to all those athletes who plan to run the Victorian Championships in four weeks time, and fingers crossed for Mark Purvis who leaves for Tokyo this week to run a marathon. Ewan Wilson must be once again shaking in his shoes. Records are precious commodities - the marathon even more so.

* PROUD SPONSOR OF O.S.A.C. 1982-83

HOLMES & HOLMES

SOLICITORS

PH. 568-3822

RESULTS: 26/1/93 Twilight Meeting.

B GRADE			D GRADE		
1500m	Hepworth	3:50.0	1500W	Holmes (Jo)	7.52
1500m	Leitch	3:50.7	1500W	Handasyde	7.51
1500m	Magee	4:00.4	1500W	Holmes (Ja)	9.28
100m	Arrowsmith	11.1	1500W	Holmes (Ju)	9.38
Pole	Smith (inv)	4.20	100m	Russell	12.9
St'ple	Purvis	10:13	1500m	Wilson	4.28
4x100	O'Nians		1500m	Becroft	4.13
	Russell	3rd	1500m	Worrall(inv)	4.21
	Edwards		HJ	Russell	DNQ
	Becroft(the baton dropper!)		400m	Becroft	56.8
400m	Leitch	52.5	400m	Magee	57.9
400m	O'Nians	55.6	400m	Russell	58.4
UNDER 18			WOMEN!!		
100m	Arrowsmith	11.2	1500m	Charles	5:05
100m	Dawson	12.0	400m	Russell	1:27
100m	Faichney	11.5			
1500m	Dawson	4:11			
Shot	Faichney	11.53			
Discus	Faichney	31.50			
Triple	Faichney	13.92			
Jav	Faichney	DNQ			
HJ	Faichney	1.80			
400m	Dawson	51.3			
400m	Gilchrist	54.2			

* FINAL ROUND OF
INTERCLUB THIS SATURDAY
FEB. 6 AT BOX HILL
* U. 18 FINALS - FEB. 13
AT BOX HILL

ODD BITS-

- * REMEMBER turn up to the ANNUAL OLD SCOTCH-XAVIER CRICKET MATCH. It will be held on Sunday March 14 at the Kew Reservoir Reserve (ie same as last year). More details, such as what to bring will be provided later. Old Scotch must field a full side because it's a best of three series and currently the score is 1-1. Be there, or.....
- * If everybody doesn't already know, Ewan Wilson turned 40 recently. To mark such an occasion it is in order to compile an obituary. So...who was Ewan? Ewan was a man with a MacEnroe temper, a Neil Diamond dress-sense (& record collection) and he was most noted for his skink-like running style and his thirst for beating Old Scotch team mates in races. At one stage Ewan printed a T-shirt with his most wanted scalps on it. He called it his hit list. Ewan spent some time in the running wilderness in his late 30's but just prior to his fortieth birthday, he put that T-Shirt on, and even though it was miles too small by now, he had rekindled an old flame. He found himself frothing at the mouth again and he thought, "Oh! No. I've got to get a haircut, get my false teeth in a bottle and hurry to Box Hill!" And the old warrior was back and once again he was seeing red.